Coaches:



• Greg Niewieroski, Head Coach

								LEAGUE
DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START END TIME TIM		DEPARTURE	TRANSPORTATION	
Sep 15, 2021	Wed	Regular Season	Carthage @ South Jefferson	5:00 PM	SJ HS/MS - Cross Country Course	Bus/Driver: Coach Greg Niewieroski/14 Athletes	Departure Point: Middle School Main Entrance Departure Time: 3:30 PM Return Date: Return Time: 7:30 PM	L
Sep 21, 2021	Tue	Regular Season	Beaver River, Watertown	4:45 PM	Indian River M.S. Cross Country Course			L
Sep 28, 2021	Tue	Regular Season	South Lewis @ Sandy Creek	4:30 PM	Sandy Creek MS/HS	Bus/Driver: Coach Greg Niewieroski/14 Athletes	Departure Point: Middle School Main Entrance Departure Time: 2:30 PM Return Date: Return Time: 8:00 PM	L
Oct 5, 2021	Tue	Regular Season	@ Thousand Islands	5:15 PM	Thousand Islands High School	Bus/Driver: Coach Greg Niewieroski/14 Athletes	Departure Point: Middle School Main Entrance Departure Time: 3:30 PM Return Date: Return Time: 8:00 PM	L
Oct 9, 2021	Sat	Regular Season (Beaver River Invitational)	Thousand Islands, Salmon River @ Beaver River	. 9:00 AM	Beaver River H S	Bus/Driver: Coach Greg Niewieroski/14 Athletes	Departure Point: Middle School Main Entrance Departure Time: 8:00 AM Return Date: Return Time: 1:30 PM	L
Oct 12, 2021	Tue	Regular Season (League Championships)	South	3:15 PM	Watertown H S	Bus/Driver: Coach Greg Niewieroski/14 Athletes	Departure Point: Middle School Main Entrance Departure Time: 1:15 PM Return Date: Return Time: 6:30 PM	L
Oct 16, 2021	Sat	Regular Season (Adirondack Invitational)	@ Adirondack	10:10 AM	Adirondack HS	Bus/Driver: Coach Greg Niewieroski/14 Athletes	Departure Point: Middle School Main Entrance Departure Time: 8:00 AM Return Date: Return Time: 3:00 PM	NL

Date: 2025-12-06