



# Indian River

## (B) MOD7/8/9 Cross Country

### Coaches:

- Greg Niewierski, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 19, 2023	Tue	Regular Season	Sandy Creek, Carthage	5:00 PM	6:30 PM	Indian River M.S. Cross Country Course		L
Sep 25, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	Indian River M.S. Cross Country Course		
Sep 27, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	Indian River M.S. Cross Country Course		
Sep 28, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Indian River M.S. Cross Country Course		
Oct 2, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	Indian River M.S. Cross Country Course		
Oct 4, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	Indian River M.S. Cross Country Course		
Oct 5, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Indian River M.S. Cross Country Course		
Oct 6, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	Indian River M.S. Cross Country Course		
Oct 11, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	Indian River M.S. Cross Country Course		
Oct 12, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Indian River M.S. Cross Country Course		
Oct 13, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	Indian River M.S. Cross Country Course		

Date: 2024-05-18