

Coaches:

• David Rowley, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 2, 2021	Thu	Regular Season (Starlight Invitational)	TBD	9:15 PM	10:15 PM	Indian River M.S. Cross Country Course			NL
Sep 11, 2021	Sat	Regular Season (VVS Invitational)	@ Vernon- Verona- Sherrill	2:00 PM	4:00 PM	Cross Country Course	Bus/Driver: Coach David Rowley/9 Athletes	Departure Point: High School Gym Departure Time: 9:30 AM Return Date: Return Time: 6:00 PM	NL
Sep 15, 2021	Wed	Regular Season	Carthage @ South Jefferson	5:00 PM		SJ HS/MS - Cross Country Course	Bus/Driver: Coach David Rowley/9 Athletes	Departure Point: High School Gym Departure Time: 3:30 PM Return Date: Return Time: 7:30 PM	L
Sep 18, 2021	Sat	Regular Season (ESM Invite)	TBD	10:50 AM	12:00 PM	Pine Grove Cross Country Track	Bus/Driver: Coach David Rowley/9 Athletes	Departure Point: High School Gym Departure Time: 6:15 AM Return Date: Return Time: 2:00 PM	NL
Sep 21, 2021	Tue	Regular Season	Beaver River, Watertown	5:15 PM		Indian River M.S. Cross Country Course			L
Sep 25, 2021	Sat	Regular Season (EJ Hermann Invitational Utica)	@ TBD	12:45 PM	3:00 PM	TBD	Bus/Driver: Coach David Rowley/9 Athletes	Departure Point: High School Gym Departure Time: 8:00 AM Return Date: Return Time: 4:00 PM	NL
Sep 28, 2021	Tue	Regular Season	South Lewis @ Sandy Creek	4:30 PM		Sandy Creek MS/HS	Bus/Driver: Coach David Rowley/9 Athletes	Departure Point: High School Gym Departure Time: 2:30 PM Return Date: Return Time: 8:00 PM	L
Oct 2, 2021	Sat	Regular Season (Tully Invitational)	@ TBD	12:30 PM	3:00 PM	Tully XC Course	Bus/Driver: Coach David Rowley/9 Athletes	Departure Point: High School Gym Departure Time: 10:15 AM Return Date: Return Time: 6:00 PM	NL
Oct 5, 2021	Tue	Regular Season	@ Thousand Islands	5:15 PM		Thousand Islands High School	Bus/Driver: Coach David Rowley/9 Athletes	Departure Point: High School Gym Departure Time: 3:30 PM Return Date: Return Time: 8:00 PM	L

DATE	WEE! DAY	TYPE	OPPONENTS	START END TIME TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 12, 2021	Tue	Regular Season (League Championships)	Beaver River,	3:15 PM	Watertown H S	Bus/Driver: Coach David Rowley/9 Athletes	Departure Point: High School Gym Departure Time: 1:15 PM Return Date: Return Time: 6:30 PM	L
Oct 16, 2021	Sat	Regular Season (Adirondack Invitational)	@ Adirondack	12:20 PM	Adirondack HS	Bus/Driver: Coach David Rowley/9 Athletes	Departure Point: High School Gym Departure Time: 8:00 AM Return Date: Return Time: 3:00 PM	NL
Nov 6, 2021	Sat	Post-Season (Sectional Boys Championship)	@ TBD	11:20 AM	Cross Country Course	Bus/Driver: Coach David Rowley/9 Athletes	Departure Point: High School Gym Departure Time: 6:00 AM Return Date: Return Time: 3:30 PM	NL

Date: 2024-05-19