

Coaches:

• David Rowley, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar 8, 2021	Mon	Practice (Cross Country)	N/A	2:30 PM	4:15 PM	TBD		
Mar 9, 2021	Tue	Practice (Cross Country)	N/A	2:30 PM	4:15 PM	TBD		
Mar 10, 2021	Wed	Practice (Cross Country)	N/A	2:30 PM	4:15 PM	TBD		
Mar 11, 2021	Thu	Practice (Cross Country)	N/A	2:30 PM	4:15 PM	TBD		
Mar 12, 2021	Fri	Practice (Cross Country)	N/A	2:30 PM	4:15 PM	TBD		
Mar 13, 2021	Sat	Practice (Cross Country)	N/A	10:00 AM	11:30 AM	TBD		
Mar 14, 2021	Sun	Practice	N/A	4:00 PM	5:30 PM	TBD		
Mar 27, 2021	Sat	Regular Season	South Jefferson	10:00 AM		Indian River M.S. Cross Country Course		L
Mar 31, 2021	Wed	Regular Season	Sandy Creek, Thousand Islands	5:30 PM		Indian River M.S. Cross Country Course		L
Apr 14, 2021	Wed	Regular Season	@ Watertown	4:30 PM		Watertown H S		L
Apr 17, 2021	Sat	Regular Season	Sandy Creek @ South Jefferson	10:00 AM		SJ HS/MS - Cross Country Course		L

Date: 2025-12-05