



# Indian River

## (B) V Cross Country

### Coaches:

- David Rowley, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 29, 2019	Thu	Regular Season (Race Throught Space 4K Glow Stick Night Run)	South Jefferson, Watertown	9:00 PM		Indian River M.S. Cross Country Course		L
Sep 7, 2019	Sat	Regular Season (Invitational)	@ Vernon-Verona-Sherrill	8:15 AM		Cross Country Course		L
Sep 10, 2019	Tue	Scrimmage	Watertown	4:00 PM		Indian River M.S. Cross Country Course		L
CANCELLED Sep 14, 2019	Sat	Regular Season (Invitational)	@ East Syracuse Minoa	10:30 AM		ESM Kirkville Rd. Field		L
Sep 17, 2019	Tue	Regular Season	@ Watertown	4:30 PM		Watertown H S		L
Sep 24, 2019	Tue	Regular Season	Beaver River	5:00 PM		Indian River M.S. Cross Country Course		L
Sep 28, 2019	Sat	Regular Season (E.J. Herrmann Invitational 563 Brown Road, Frankfort, New York 13340)	@ TBD	12:45 AM		TBD		L
Oct 1, 2019	Tue	Regular Season	South Jefferson @ South Lewis	4:30 PM		South Lewis Cross Country Course		L
Oct 8, 2019	Tue	Regular Season	Carthage @ Sandy Creek	4:30 PM		Sandy Creek MS/HS		L
Oct 15, 2019	Tue	Post-Season (Frontier League Meet)	TBD	4:30 PM		Indian River M.S. Cross Country Course		L
Oct 15, 2019	Tue	Regular Season (LEAGUE CHAMPIONSHIPS)	Sandy Creek, South Jefferson, Carthage, South Lewis, Beaver River, Watertown	4:30 PM		Indian River M.S. Cross Country Course		L
Nov 9, 2019	Sat	Regular Season	South Jefferson	10:00 AM		Indian River M.S. Cross Country Course		L

Date: 2026-01-30