



# Indian River

## (B) V Cross Country

### Coaches:

- David Rowley, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 13, 2023	Wed	Regular Season	Beaver River @ Thousand Islands	5:00 PM		Thousand Islands High School	<b>Bus/Driver:</b> 3 Coaches/36 Athletes/1 Aide	<b>Departure Point:</b> High School Athletic Doors <b>Departure Time:</b> 2:45 PM <b>Return Date:</b> <b>Return Time:</b> 6:30 PM	L
Sep 16, 2023	Sat	Regular Season (VVS Invitational)	@ TBD	8:15 AM		Cross Country Course	<b>Bus/Driver:</b> Coach Kuba/Rowley/15 Athletes	<b>Departure Point:</b> High School Athletic Doors <b>Departure Time:</b> 8:00 AM <b>Return Date:</b> <b>Return Time:</b> 6:00 PM	NL
Sep 26, 2023	Tue	Regular Season	General Brown @ South Lewis	4:30 PM		South Lewis Cross Country Course	<b>Bus/Driver:</b> 3 Coaches/36 Athletes/1 Aide	<b>Departure Point:</b> High School Athletic Doors <b>Departure Time:</b> 2:25 PM <b>Return Date:</b> <b>Return Time:</b> 7:00 PM	L
Oct 3, 2023	Tue	Regular Season	Watertown @ South Jefferson	4:30 PM		SJ HS/MS - Cross Country Course	<b>Bus/Driver:</b> 3 Coaches/36 Athletes/1 Aide	<b>Departure Point:</b> High School Athletic Doors <b>Departure Time:</b> 3:00 PM <b>Return Date:</b> <b>Return Time:</b> 6:30 PM	L
Oct 10, 2023	Tue	Regular Season (League Championships)	Carthage, Beaver River, Thousand Islands, General Brown, Watertown, South Lewis, Sandy Creek @ South Jefferson	4:30 PM		SJ HS/MS - Cross Country Course	<b>Bus/Driver:</b> 3 Coaches/36 Athletes/1 Aide	<b>Departure Point:</b> High School Athletic Doors <b>Departure Time:</b> 1:45 PM <b>Return Date:</b> <b>Return Time:</b> 6:30 PM	L
Oct 14, 2023	Sat	Regular Season (BR Cross Country Invitational )	Carthage, Pulaski, Phoenix, Tully, Watertown @ Beaver River	10:00 AM		Beaver River H S	<b>Bus/Driver:</b> 3 Coaches/36 Athletes/1 Aide	<b>Departure Point:</b> High School Athletic Doors <b>Departure Time:</b> 8:15 AM <b>Return Date:</b> <b>Return Time:</b> 1:30 PM	NL
Oct 14, 2023	Sat	Regular Season (Beaver River Cross Country Invitational)	@ TBD	10:00 AM		Beaver River H S			NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 28, 2023	Sat	Regular Season (John Bernard (Adirondack) Cross Country Invitational)	@ TBD	9:30 AM		Adirondack HS	<b>Bus/Driver:</b> Coach Kuba/Rowley/15 Athletes	<b>Departure Point:</b> High School Athletic Doors <b>Departure Time:</b> 8:45 AM <b>Return Date:</b> <b>Return Time:</b> 2:00 PM	NL
Nov 4, 2023	Sat	Regular Season (Section III Championship)	@ TBD	10:00 AM		Cross Country Course	<b>Bus/Driver:</b> Coach Kuba/Rowley/15 Athletes	<b>Departure Point:</b> High School Athletic Doors <b>Departure Time:</b> 10:15 AM <b>Return Date:</b> <b>Return Time:</b> 7:00 PM	NL

Date: 2024-05-19