

Coaches:

• Karina Amato, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 15, 2022	Sat	Regular Season (Oriskany Fall Classic Cheer Competition)	@ TBD	9:00 AM		Oriskany High School	Bus/Driver: Coach Amato/15 Athletes	Departure Point: High School Athletic Doors Departure Time: 7:00 AM Return Date: Return Time: 6:30 PM	NL
Oct 24, 2022	Mon	Practice (Varsity Cheer)	N/A	4:00 PM	6:00 PM	Indian River High School Auxiliary Gym			
Oct 25, 2022	Tue	Regular Season (Frontier League Tournament)	Carthage, South Jefferson (Fall), Sandy Creek, Thousand Islands (Fall), Watertown (Fall) @ General Brown	6:00 PM	8:00 PM	GBHS Main Gym, GBHS Auxiliary Gym			L
Oct 25, 2022	Tue	Regular Season (Frontier League Championship at General Brown HS)	@ TBD	TBD		TBD	Bus/Driver: Coach Amato/15 Athletes	Departure Point: High School Athletic Doors Departure Time: 4:10 PM Return Date: Return Time: 8:00 PM	L
Oct 26, 2022	Wed	Practice (Varsity Cheer)	N/A	4:00 PM	6:00 PM	Indian River High School Auxiliary Gym			
Oct 27, 2022	Thu	Practice (Varsity Cheer)	N/A	4:00 PM	6:00 PM	Indian River High School Auxiliary Gym			
Oct 28, 2022	Fri	Practice (Varsity Cheer)	N/A	4:00 PM	6:00 PM	Indian River High School Auxiliary Gym			
Oct 29, 2022	Sat	Regular Season (CNS SCAREFEST Cheer Competition)	@ TBD	TBD		TBD	Bus/Driver: Coach Amato/15 Athletes	Departure Point: High School Athletic Doors Departure Time: 7:15 AM Return Date: Return Time: 4:00 PM	NL

DATE	WEEK	TYPE	OPPONENTS	START TIME	END LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 5, 2022	Sat	Regular Season (Fall Sectional Championship at West Genesee)	@ TBD	TBD	TBD	Bus/Driver: Coach Amato/15 Athletes	Departure Point: High School Athletic Doors Departure Time: 7:15 AM Return Date: Return Time: 2:00 PM	L
Nov 13, 2022	Sun	Post-Season (Football Sectional Finals at Carrier Dome)	@ TBD	3:00 PM	TBD	Bus/Driver: Coach Amato/15 Athletes	Departure Point: High School Athletic Doors Departure Time: 12:30 PM Return Date: Return Time: 6:00 PM	NL

Date: 2024-04-26