

Coaches:

- Steve Moffett, Head Coach
- William Moran, Coach

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | LEAGUE TRANSPORTATION / NON- LEAGUE |
|---------------------------|-------------|----------|-----------|---------------|-------------|--|---|--|
| Jan 8, 2024 | Mon | Practice | N/A | 2:30 PM | 4:15 PM | Indian River High School Main Gym | | |
| CANCELLED Jan 9, 2024 | Tue | Practice | N/A | 2:30 PM | 4:15 PM | Indian River High School Main Gym | | |
| CANCELLED Jan 10, 2024 | Wed | Practice | N/A | 2:30 PM | 4:15 PM | Indian River High School Main Gym | | |
| CANCELLED Jan 11, 2024 | Thu | Practice | N/A | 2:30 PM | 4:15 PM | Indian River High School Main Gym | | |
| Jan 12, 2024 | Fri | Practice | N/A | 2:30 PM | 4:15 PM | Indian River High School Main Gym | | |
| Jan 16, 2024 | Tue | Practice | N/A | 2:30 PM | 4:15 PM | Indian River High School Main Gym | | |
| Jan 17, 2024 | Wed | Practice | N/A | 2:30 PM | 4:15 PM | Indian River High School Main Gym | | |
| CANCELLED Jan 18, 2024 | Thu | Practice | N/A | 2:30 PM | 4:15 PM | Indian River High School Main Gym | | |
| Jan 19, 2024 | Fri | Practice | N/A | 2:30 PM | 4:15 PM | Indian River High School Main Gym | | |
| Jan 22, 2024 | Mon | Practice | N/A | 2:30 PM | 4:15 PM | Indian River High School Main Gym | | |
| Jan 23, 2024 | Tue | Practice | · N/A | 3:00 PM | | Antwerp Primary Gym | Bus/Driver: Coach Moffett driver, Shuttle Bus 15 Athletes | Departure Point: Middle School Pool Entrance Departure Time: 2:30 PM Return Date: Return Time: 5:00 PM |
| CANCELLED Jan 24, 2024 | Wed | Practice | · N/A | 3:00 PM | 5:00 PM | Antwerp Primary Gym | Bus/Driver: Coach Steve Moffett driver. Shuttle Bus 15 Athletes | Departure Point: Middle School Pool Entrance Departure Time: 2:30 PM Return Date: Return Time: 5:00 PM |
| Jan 25, 2024 | Thu | Practice | N/A | 2:30 PM | 4:15 PM | Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center) | | |
| Jan 26, 2024 | Fri | Practice | N/A | 2:30 PM | 4:30 PM | Indian River High School Main Gym | | |

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| Jan 27, 2024 | Sat | Regular Season | Sandy Creek | 11:30 AM | 12:45 PM | Indian River High School Main Gym | | | L |
| Jan 29, 2024 | Mon | Practice | N/A | 2:30 PM | 4:15 PM | Indian River High School Main Gym | | | |
| Jan 30, 2024 | Tue | Practice | N/A | 2:30 PM | 4:15 PM | Indian River High School Main Gym | | | |
| Jan 31, 2024 | Wed | Practice | N/A | 2:30 PM | 4:15 PM | Indian River High School Main Gym | | | |
| Feb 1, 2024 | Thu | Regular Season | @ Carthage | 6:30 PM | | Carthage Auxiliary Gym | Bus/Driver: Coaches Moffett/Moran/25 athletes | Departure Point: High School Athletic Doors Departure Time: 3:45 PM Return Date: Return Time: 8:00 PM | L |
| Feb 2, 2024 | Fri | Practice | N/A | 3:00 PM | 4:45 PM | Antwerp Primary Gym | Bus/Driver: Coach Steve Moffett will drive; Shuttle Bus 15 Athletes | Departure Point: Middle School Pool Entrance Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM | |
| Feb 5, 2024 | Mon | Regular Season | @ Beaver River | 7:00 PM | | Beaver River H S | Bus/Driver: Coaches Moffett/Moran/25 athletes | Departure Point: High School Athletic Doors Departure Time: 3:15 PM Return Date: Return Time: 9:00 PM | L |
| Feb 6, 2024 | Tue | Regular Season | @ Lowville | 6:00 PM | | Lowville High School | Bus/Driver: Coaches Moffett/Moran/25 athletes | Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 9:00 PM | L |
| Feb 7, 2024 | Wed | Practice | · N/A | 3:00 PM | 4:45 PM | Antwerp Primary Gym | Bus/Driver: Coach Steve Moffett will drive; Shuttle Bus 15 Athletes | Departure Point: Middle School Pool Entrance Departure Time: 2:40 PM Return Date: Return Time: 5:00 PM | |
| Feb 8, 2024 | Thu | Regular Season | Watertown | 4:30 PM | 5:45 PM | Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side) | | | L |

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| Feb 9, 2024 | Fri | Practice | N/A | 3:00 PM | 5:00 PM | Antwerp Primary Gym | Bus/Driver: Coach Steve Moffett will drive; Shuttle Bus 15 Athletes | Departure Point: Middle School Pool Entrance Departure Time: 2:40 PM Return Date: Return Time: 5:00 PM | |
| Feb 12, 2024 | Mon | Practice | N/A | 2:30 PM | 4:15 PM | Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side) | | | |
| Feb 13, 2024 | Tue | Regular Season | South Lewis | 6:30 PM | 8:00 PM | Indian River Middle School Gym #2 (Center), Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #3 (Pool Side) | | | L |
| Feb 14, 2024 | Wed | Regular Season | General Brown | 6:30 PM | 8:00 PM | Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side) | | | L |
| Feb 15, 2024 | Thu | Practice | N/A | 2:30 PM | 4:15 PM | Indian River Middle School Gym #2 (Center) | | | |
| Feb 26, 2024 | Mon | Practice | N/A | 2:30 PM | 4:15 PM | Indian River Middle School Gym #2 (Center) | | | |
| Feb 27, 2024 | Tue | | @ South Jefferson | 6:00 PM | | SJ HS/MS Gym 2 (HS) | Bus/Driver: Coaches Moffett/Moran/25 athletes | Departure Point: High School Athletic Doors Departure Time: 3:15 PM Return Date: Return Time: 8:15 PM | L |
| Feb 28, 2024 | Wed | Practice | N/A | 2:30 PM | 4:15 PM | Indian River Middle School Gym #2 (Center) | | | |
| Feb 29, 2024 | Thu | Practice | N/A | 2:30 PM | 4:15 PM | Indian River Middle School Gym #3 (Pool Side) | | | |
| Mar 1, 2024 | Fri | Practice | N/A | 2:30 PM | 4:15 PM | Indian River High School Main Gym | | | |

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| Mar 4, 2024 | Mon | Regular Season | Carthage | 6:00 PM | 7:30 PM | Indian River High School Main Gym | | | L |
| Mar 5, 2024 | Tue | Practice | N/A | 2:30 PM | 4:30 PM | Indian River Middle School Gym #2 (Center) | | | |
| Mar 6, 2024 | Wed | Regular Season | @ Watertown | 6:00 PM | | Watertown H S | Bus/Driver: Coaches Moffett/Moran/25 athletes | Departure Point: High School Athletic Doors Departure Time: 3:15 PM Return Date: Return Time: 8:00 PM | L |

Date: 2024-04-28