

Coaches:

- Steve Moffett, Head Coach
- William Moran, Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	LEAGUE TRANSPORTATION / NON- LEAGUE
Jan 8, 2024	Mon	Practice	N/A	2:30 PM	4:15 PM	Indian River High School Main Gym		
CANCELLED Jan 9, 2024	Tue	Practice	N/A	2:30 PM	4:15 PM	Indian River High School Main Gym		
CANCELLED Jan 10, 2024	Wed	Practice	N/A	2:30 PM	4:15 PM	Indian River High School Main Gym		
CANCELLED Jan 11, 2024	Thu	Practice	N/A	2:30 PM	4:15 PM	Indian River High School Main Gym		
Jan 12, 2024	Fri	Practice	N/A	2:30 PM	4:15 PM	Indian River High School Main Gym		
Jan 16, 2024	Tue	Practice	N/A	2:30 PM	4:15 PM	Indian River High School Main Gym		
Jan 17, 2024	Wed	Practice	N/A	2:30 PM	4:15 PM	Indian River High School Main Gym		
CANCELLED Jan 18, 2024	Thu	Practice	N/A	2:30 PM	4:15 PM	Indian River High School Main Gym		
Jan 19, 2024	Fri	Practice	N/A	2:30 PM	4:15 PM	Indian River High School Main Gym		
Jan 22, 2024	Mon	Practice	N/A	2:30 PM	4:15 PM	Indian River High School Main Gym		
Jan 23, 2024	Tue	Practice	· N/A	3:00 PM		Antwerp Primary Gym	Bus/Driver: Coach Moffett driver, Shuttle Bus 15 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 2:30 PM Return Date: Return Time: 5:00 PM
CANCELLED Jan 24, 2024	Wed	Practice	· N/A	3:00 PM	5:00 PM	Antwerp Primary Gym	Bus/Driver: Coach Steve Moffett driver. Shuttle Bus 15 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 2:30 PM Return Date: Return Time: 5:00 PM
Jan 25, 2024	Thu	Practice	N/A	2:30 PM	4:15 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center)		
Jan 26, 2024	Fri	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym		

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Jan 27, 2024	Sat	Regular Season	Sandy Creek	11:30 AM	12:45 PM	Indian River High School Main Gym			L
Jan 29, 2024	Mon	Practice	N/A	2:30 PM	4:15 PM	Indian River High School Main Gym			
Jan 30, 2024	Tue	Practice	N/A	2:30 PM	4:15 PM	Indian River High School Main Gym			
Jan 31, 2024	Wed	Practice	N/A	2:30 PM	4:15 PM	Indian River High School Main Gym			
Feb 1, 2024	Thu	Regular Season	@ Carthage	6:30 PM		Carthage Auxiliary Gym	Bus/Driver: Coaches Moffett/Moran/25 athletes	Departure Point: High School Athletic Doors Departure Time: 3:45 PM Return Date: Return Time: 8:00 PM	L
Feb 2, 2024	Fri	Practice	N/A	3:00 PM	4:45 PM	Antwerp Primary Gym	Bus/Driver: Coach Steve Moffett will drive; Shuttle Bus 15 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Feb 5, 2024	Mon	Regular Season	@ Beaver River	7:00 PM		Beaver River H S	Bus/Driver: Coaches Moffett/Moran/25 athletes	Departure Point: High School Athletic Doors Departure Time: 3:15 PM Return Date: Return Time: 9:00 PM	L
Feb 6, 2024	Tue	Regular Season	@ Lowville	6:00 PM		Lowville High School	Bus/Driver: Coaches Moffett/Moran/25 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 9:00 PM	L
Feb 7, 2024	Wed	Practice	· N/A	3:00 PM	4:45 PM	Antwerp Primary Gym	Bus/Driver: Coach Steve Moffett will drive; Shuttle Bus 15 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 2:40 PM Return Date: Return Time: 5:00 PM	
Feb 8, 2024	Thu	Regular Season	Watertown	4:30 PM	5:45 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			L

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Feb 9, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	Antwerp Primary Gym	Bus/Driver: Coach Steve Moffett will drive; Shuttle Bus 15 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 2:40 PM Return Date: Return Time: 5:00 PM	
Feb 12, 2024	Mon	Practice	N/A	2:30 PM	4:15 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			
Feb 13, 2024	Tue	Regular Season	South Lewis	6:30 PM	8:00 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #3 (Pool Side)			L
Feb 14, 2024	Wed	Regular Season	General Brown	6:30 PM	8:00 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			L
Feb 15, 2024	Thu	Practice	N/A	2:30 PM	4:15 PM	Indian River Middle School Gym #2 (Center)			
Feb 26, 2024	Mon	Practice	N/A	2:30 PM	4:15 PM	Indian River Middle School Gym #2 (Center)			
Feb 27, 2024	Tue		@ South Jefferson	6:00 PM		SJ HS/MS Gym 2 (HS)	Bus/Driver: Coaches Moffett/Moran/25 athletes	Departure Point: High School Athletic Doors Departure Time: 3:15 PM Return Date: Return Time: 8:15 PM	L
Feb 28, 2024	Wed	Practice	N/A	2:30 PM	4:15 PM	Indian River Middle School Gym #2 (Center)			
Feb 29, 2024	Thu	Practice	N/A	2:30 PM	4:15 PM	Indian River Middle School Gym #3 (Pool Side)			
Mar 1, 2024	Fri	Practice	N/A	2:30 PM	4:15 PM	Indian River High School Main Gym			

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Mar 4, 2024	Mon	Regular Season	Carthage	6:00 PM	7:30 PM	Indian River High School Main Gym			L
Mar 5, 2024	Tue	Practice	N/A	2:30 PM	4:30 PM	Indian River Middle School Gym #2 (Center)			
Mar 6, 2024	Wed	Regular Season	@ Watertown	6:00 PM		Watertown H S	Bus/Driver: Coaches Moffett/Moran/25 athletes	Departure Point: High School Athletic Doors Departure Time: 3:15 PM Return Date: Return Time: 8:00 PM	L

Date: 2024-04-09