

## Coaches:

- Steve Moffett, Head Coach
- William Moran, Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	LEAGU TRANSPORTATION / NON- LEAGU
Jan 9, 2023	Mon	Practice	N/A	2:30 PM	4:00 PM	Indian River High School Main Gym		
Jan 10, 2023	Tue	Practice	N/A	2:30 PM	4:15 PM	Indian River High School Main Gym		
Jan 11, 2023	Wed	Practice	N/A	2:30 PM	4:00 PM	Indian River High School Main Gym		
Jan 12, 2023	Thu	Practice	N/A	2:30 PM	4:15 PM	Indian River High School Main Gym		
Jan 13, 2023	Fri	Practice	N/A	2:30 PM	4:00 PM	Indian River High School Main Gym		
POSTPONED Jan 17, 2023	Tue	Practice	N/A	2:30 PM	4:15 PM	Indian River High School Main Gym		
Jan 18, 2023	Wed	Practice	N/A	2:30 PM	4:00 PM	Indian River High School Main Gym		
Jan 19, 2023	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym		
Jan 20, 2023	Fri	Practice	N/A	2:30 PM	4:00 PM	TBD		
Jan 21, 2023	Sat	Practice	N/A	12:00 PM	1:30 PM	Indian River High School Main Gym		
Jan 23, 2023	Mon	Regular Season	General Brown	6:30 PM		Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)		L
Jan 24, 2023	Tue	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym		
POSTPONED Jan 25, 2023	Wed	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym		
Jan 26, 2023	Thu	Practice	N/A	2:30 PM	4:00 PM	Indian River High School Main Gym		
Jan 27, 2023	Fri	Regular Season	@ Lowville	6:30 PM		Lowville High School	<b>Bus/Driver:</b> Coach Moffett/Moran/30 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 2:45 PM Return Date: Return Time: 8:30 PM

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 30, 2023	Mon	Regular Season	Carthage	6:30 PM		Indian River High School Main Gym			L
Jan 31, 2023	Tue	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym			
Feb 1, 2023	Wed	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym			
Feb 2, 2023	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym			
Feb 3, 2023	Fri	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym			
Feb 6, 2023	Mon	Regular Season	@ Sandy Creek	6:30 PM		Sandy Creek MS/HS Gym	Bus/Driver: Coach Moffett/Moran/30 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 2:45 PM Return Date: Return Time: 8:30 PM	L
Feb 7, 2023	Tue	Practice	N/A	3:15 PM	5:00 PM	Indian River Intermediate School Aux Gym, Indian River Intermediate School Main Gym			
Feb 8, 2023	Wed	Practice (Shuttle Bus to IRIS)	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym	Bus/Driver: Shuttle Bus 25 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:00 PM	
Feb 9, 2023	Thu	Regular Season	South Jefferson	6:30 PM		Indian River High School Main Gym			L
CANCELLED Feb 10, 2023	Fri	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym			
Feb 13, 2023	Mon	Regular Season	Watertown	6:30 PM		Indian River High School Main Gym			L
Feb 15, 2023	Wed	Practice	N/A	3:15 PM	5:00 PM	Indian River Intermediate School Aux Gym, Indian River Intermediate School Main Gym			
Feb 16, 2023	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym #2 (Center)			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Feb 23, 2023	Thu	Practice	N/A	4:00 PM	5:00 PM	Indian River High School Main Gym			
Feb 24, 2023	Fri	Practice	N/A	4:00 PM	5:00 PM	Indian River High School Main Gym			
Feb 27, 2023	Mon	Practice	N/A	2:30 PM	4:00 PM	Indian River High School Main Gym			
Feb 28, 2023	Tue	Regular Season	Lowville	6:30 PM		Indian River High School Main Gym			L
Mar 1, 2023	Wed	Practice	N/A	2:30 PM	4:00 PM	Indian River High School Main Gym			
Mar 2, 2023	Thu	Regular Season	Sandy Creek	6:30 PM		Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)	Bus/Driver: Coaches Moffett/Kenyon and 25 athletes	Departure Point: High School Athletic Doors	L
Mar 3, 2023	Fri	Regular Season	@ Watertown	6:00 PM		Watertown H S	Bus/Driver: Coach Moffett/Moran/30 Athletes	Departure Point: Middle School Pool Entrance Departure Date: Mar 3, 2023 Departure Time: 3:30 PM Return Date: Return Time: 8:30 PM	L
Mar 6, 2023	Mon	Regular Season	@ General Brown	6:00 PM		GBHS Main Gym	Bus/Driver: Coach Moffett/Moran/30 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 2:45 PM Return Date: Return Time: 8:30 PM	L

Date: 2024-05-12