

Coaches:

• David Rowley, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 14, 2022	Mon	Practice ((B) JV Basketball)	N/A	3:00 PM	5:00 PM	Indian River High School Main Gym			
Nov 15, 2022	Tue	Practice ((B) JV Basketball)	N/A	3:00 PM	5:00 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			
Nov 16, 2022	Wed	Practice ((B) JV Basketball)	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym			
Nov 17, 2022	Thu	Practice ((B) JV Basketball)	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Aux Gym			
CANCELLED Nov 17, 2022	Thu	Practice (JV (B) Basketball)	N/A	9:00 PM		Indian River Intermediate School Aux Gym			
Nov 18, 2022	Fri	Practice ((B) JV Basketball)	N/A	3:00 PM	5:15 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)			
Nov 19, 2022	Sat	Practice	N/A	12:00 PM	2:00 PM	Indian River High School Main Gym			
Nov 21, 2022	Mon	Practice ((B) JV Basketball)	N/A	2:00 PM	4:00 PM	Indian River High School Main Gym			

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Nov 22, 2022	Tue	Practice ((B) JV Basketball)	N/A	2:00 PM	4:00 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym #2 (Center)			
Nov 23, 2022	Wed	Practice ((B) JV Basketball)	N/A	11:30 AM	2:00 PM	Indian River High School Main Gym			
Nov 25, 2022	Fri	Practice	N/A	10:00 AM	12:00 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			
Nov 26, 2022	Sat	Scrimmage	Ogdensburg	10:00 AM	12:00 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			NL
Nov 28, 2022	Mon	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Aux Gym			
Nov 29, 2022	Tue	Regular Season 41-38 W	Carthage	5:30 PM		Indian River High School Main Gym			L
Nov 30, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym, Indian River Intermediate School Main Gym			
Dec 1, 2022	Thu	Regular Season 56-53 W	South Jefferson	5:30 PM		Indian River High School Main Gym			L
Dec 2, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym, Indian River Intermediate School Main Gym			

DATE	WEEK	⁽ ТҮРЕ	OPPONENTS	START TIME	T END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 3, 2022	Sat	Practice	N/A	3:00 PM	5:00 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center)			
Dec 5, 2022	Mon	Practice	N/A	3:00 PM	5:15 PM	Indian River Intermediate School Aux Gym, Indian River Intermediate School Main Gym			
Dec 6, 2022	Tue	Regular Season 54-45 W	Gouverneur	5:30 PM	6:45 PM	Indian River High School Main Gym			L
Dec 7, 2022	Wed	Practice	N/A	3:00 PM	5:15 PM	Indian River Middle School Gym#1 (Main Office)			
Dec 9, 2022	Fri	Regular Season 35-61 L	@ Watertown	5:30 PM		Watertown Case M S	Bus/Driver: 4 Coaches and 32 Athletes	Departure Point: High School Athletic Doors	L
Dec 12, 2022	Mon	Regular Season 58-33 W	Mexico	5:30 PM	6:45 PM	Indian River High School Main Gym			L
Dec 13, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Main Gym, Indian River Intermediate School Aux Gym			
Dec 14, 2022	Wed	Practice	N/A	4:30 PM	6:00 PM	Indian River Middle School Gym#1 (Main Office)			
Dec 15, 2022	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center)			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 19, 2022	Mon	Practice	N/A	4:00 PM	6:00 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			
Dec 20, 2022	Tue	Practice	N/A	3:00 PM	5:15 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			
Dec 21, 2022	Wed	Regular Season 44-54 L	@ Carthage	5:30 PM		Carthage HS Gym	Bus/Driver: 4 Coaches and 32 Athletes	Departure Point: High School Athletic Doors	L
Dec 22, 2022	Thu	Practice	N/A	2:45 PM	5:00 PM	Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym#1 (Main Office)			
POSTPONED Dec 23, 2022	⁹ Fri	Practice	N/A	11:00 AM	1:00 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
CANCELLED Dec 27, 2022	Tue	Practice	N/A	9:00 AM	1:00 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			
Dec 28, 2022	Wed	Practice	N/A	10:30 AM	12:30 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			
Dec 29, 2022	Thu	Practice	N/A	10:30 AM	12:30 PM	Indian River High School Main Gym			
Jan 2, 2023	Mon	Practice	N/A	11:00 AM	1:00 PM	Indian River High School Main Gym			
Jan 3, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			
Jan 4, 2023	Wed	Regular Season 51-44 W	@ South Jefferson	5:30 PM	7:15 PM	SJ HS/MS Gym 1 (MS)	Bus/Driver: 4 Coaches and 32 Athletes	Departure Point: High School Athletic Doors	L
Jan 5, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			
Jan 6, 2023	Fri	Practice	N/A	TBD	5:00 PM	Indian River Intermediate School Main Gym			

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Jan 9, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Main Gym, Indian River Intermediate School Aux Gym			
Jan 10, 2023	Tue	Practice (Shuttle Bus to IRIS)	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Main Gym, Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 30	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Jan 11, 2023	Wed	Practice (Shuttle Bus to IRIS)	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym, Indian River Intermediate School Main Gym	Bus/Driver: Shuttle Bus 30 athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Jan 12, 2023	Thu	Regular Season 52-58 L	@ Lowville	6:00 PM		Lowville High School	Bus/Driver: 4 Coaches and 32 Athletes	Departure Point: High School Athletic Doors	L
Jan 13, 2023	Fri	Practice (Shuttle Bus to IRIS)	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Main Gym, Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 30	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
POSTPONED Jan 17, 2023	Tue	Regular Season	@ Gouverneur	5:30 PM	6:45 PM	Governeur HS	Bus/Driver: 4 Coaches and 32 Athletes	Departure Point: High School Athletic Doors	L
Jan 18, 2023	Wed	Practice	N/A	4:00 PM	6:00 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			
Jan 21, 2023	Sat	Regular Season 46-38 W	@ Mexico	10:00 AM		Mexico HS- Gymnasium	Bus/Driver: 4 Coaches and 32 Athletes	Departure Point: High School Athletic Doors	NL
Jan 23, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym, Indian River Intermediate School Main Gym			
Jan 23, 2023	Mon	Regular Season 59-54 W	Potsdam	6:00 PM	7:30 PM	Indian River High School Main Gym			L
Jan 24, 2023	Tue	Regular Season 40-54 L	Watertown	5:30 PM		Indian River High School Main Gym			L

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POSTPONED Jan 25, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Main Gym			
Jan 26, 2023	Thu	Practice	N/A	4:00 PM	6:00 PM	Indian River Intermediate School Aux Gym, Indian River Intermediate School Main Gym			
Jan 27, 2023	Fri	Regular Season 59-35 W	Lowville	6:00 PM	7:15 PM	Indian River High School Main Gym			L
Jan 28, 2023	Sat	Regular Season 50-28 W	@ South Lewis	11:00 AM		South Lewis HS Gymnasium	Bus/Driver: 4 Coaches and 32 Athletes	Departure Point: High School Athletic Doors	NL
Jan 30, 2023	Mon	Regular Season 46-32 W	@ General Brown	5:30 PM		GBHS Main Gym	Bus/Driver: 4 Coaches and 30 Athletes	Departure Point: High School Athletic Doors Departure Time: 4:00 PM Return Date: Return Time: 9:30 PM	L
Jan 31, 2023	Tue	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Feb 1, 2023	Wed	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Feb 2, 2023	Thu	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
POSTPONED Feb 3, 2023	Fri	Regular Season	Lisbon	5:30 PM	6:45 PM	Indian River High School Main Gym			L
Feb 6, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	

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Feb 6, 2023	Mon	Regular Season (JV Tournament) 54-29-0 W	Carthage @ Watertown	6:00 PM		Watertown Case M S	Bus/Driver: Coach Rowley/Heath/16 Athletes	Departure Point: High School Athletic Doors Departure Time: 4:30 PM Return Date: Return Time: 8:00 PM	NL
Feb 7, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Feb 7, 2023	Tue	Regular Season (Championship Game) 67-51-0 W	South Jefferson @ Watertown	7:30 PM		Watertown Case M S	Bus/Driver: Coach Rowley/Heath/16 Athletes	Departure Point: High School Athletic Doors Departure Time: 5:30 PM Return Date: Return Time: 8:00 PM	NL
CANCELLED Feb 8, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Feb 8, 2023	Wed	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Aux Gym			
Feb 9, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Feb 9, 2023	Thu	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Aux Gym			
Feb 10, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 5:15 PM	
Feb 10, 2023	Fri	Practice	N/A	3:15 PM	5:15 PM	Indian River Intermediate School Aux Gym			
Feb 11, 2023	Sat	Regular Season	General Brown	9:00 AM		Indian River High School Main Gym			L

Date: 2024-05-17