



Coaches:

- Tim Callahan, Head Coach
- David Rowley, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Nov 14, 2022	Mon	Practice ((B) V Basketball)	N/A	5:00 PM	7:00 PM	Indian River High School Main Gym		
Nov 15, 2022	Tue	Practice ((B) V Basketball)	N/A	5:00 PM	7:00 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)		
Nov 16, 2022	Wed	Practice ((B) V Basketball)	N/A	4:30 PM	6:30 PM	Indian River High School Main Gym		
Nov 18, 2022	Fri	Practice ((B) V Basketball)	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym		
Nov 19, 2022	Sat	Practice ((B) V Basketball)	N/A	8:00 AM	10:00 AM	Indian River High School Main Gym		
Nov 22, 2022	Tue	Practice ((G) V Basketball)	N/A	4:30 PM	6:30 PM	Indian River High School Main Gym		
Nov 23, 2022	Wed	Practice	N/A	9:00 AM	11:30 AM	Indian River High School Main Gym		
Nov 25, 2022	Fri	Practice ((B) V Basketball)	N/A	9:00 AM	11:30 AM	Indian River High School Main Gym		
Nov 26, 2022	Sat	Scrimmage	Ogdensburg	10:00 AM	12:00 PM	Indian River High School Main Gym		NL
Nov 28, 2022	Mon	Practice	N/A	4:30 PM	6:30 PM	Indian River High School Main Gym		
Nov 29, 2022	Tue	Regular Season 68-76 L	Carthage	7:00 PM		Indian River High School Main Gym		L
Nov 30, 2022	Wed	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym		
Dec 1, 2022	Thu	Regular Season	South Jefferson	7:15 PM		Indian River High School Main Gym		L
Dec 2, 2022	Fri	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Dec 3, 2022	Sat	Practice	N/A	10:00 AM	12:30 PM	Indian River Middle School Gym #2 (Center), Indian River Middle	School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)	
Dec 6, 2022	Tue	Regular Season	Gouverneur	7:15 PM	9:00 PM	Indian River High School Main Gym		L
Dec 7, 2022	Wed	Practice	N/A	4:45 PM	7:00 PM	Indian River High School Main Gym		
Dec 8, 2022	Thu	Practice	N/A	4:30 PM	6:30 PM	Indian River High School Main Gym		
Dec 9, 2022	Fri	Regular Season	@ Watertown	7:15 PM		Watertown Case M S	Bus/Driver: Coach Callahan/Kenyon/Rowley/Heath 32 Athletes	Departure Point: High School Athletic Doors Departure Time: 4:15 PM Return Date: Return Time: 9:00 PM
Dec 10, 2022	Sat	Practice	N/A	9:00 AM	11:00 AM	Indian River High School Main Gym		
Dec 12, 2022	Mon	Regular Season	Mexico	7:15 PM	9:00 PM	Indian River High School Main Gym		NL
Dec 13, 2022	Tue	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym		
Dec 14, 2022	Wed	Practice	N/A	4:30 PM	7:00 PM	Indian River High School Main Gym		
Dec 15, 2022	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym		
Dec 19, 2022	Mon	Practice	N/A	4:00 PM	5:30 PM	Indian River High School Main Gym		
Dec 20, 2022	Tue	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym		
Dec 21, 2022	Wed	Regular Season	31-72 L	7:00 PM		Carthage HS Gym	Bus/Driver: Coach Callahan/Kenyon/Rowley/Heath 32 Athletes	Departure Point: High School Athletic Doors Departure Time: 4:15 PM Return Date: Return Time: 9:00 PM
CANCELLED Dec 22, 2022	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym		
Dec 23, 2022	Fri	Practice	N/A	9:30 AM	11:30 AM	Indian River High School Main Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE	LEAGUE
CANCELLED Dec 27, 2022	Tue	Practice	N/A	9:00 AM	11:00 AM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			
Dec 28, 2022	Wed	Practice	N/A	9:00 AM	11:00 AM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			
Dec 29, 2022	Thu	Practice	N/A	9:00 AM	11:00 AM	Indian River High School Main Gym			
Dec 30, 2022	Fri	Practice	N/A	8:30 AM	10:30 AM	Indian River High School Main Gym			
Jan 2, 2023	Mon	Practice (Varsity Boys Basketball Practice)	N/A	2:30 PM	5:00 PM	Indian River High School Main Gym			
Jan 3, 2023	Tue	Practice	N/A	4:30 PM	7:00 PM	Indian River High School Main Gym			
Jan 4, 2023	Wed	Regular Season	@ South Jefferson	7:15 PM		SJ HS/MS Gym 1 (MS)	Bus/Driver: Coach Callahan/Kenyon/Rowley/Heath 32 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:45 PM Return Date: 9:30 PM	L
Jan 5, 2023	Thu	Practice	N/A	4:30 PM	6:30 PM	Indian River High School Main Gym			
Jan 6, 2023	Fri	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym			
Jan 7, 2023	Sat	Regular Season	Potsdam	12:00 PM	1:30 PM	Indian River High School Main Gym			L
Jan 9, 2023	Mon	Practice	N/A	4:00 PM	6:00 PM	Indian River High School Main Gym			
Jan 10, 2023	Tue	Practice	N/A	4:00 PM	6:00 PM	Indian River Intermediate School Main Gym			

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Jan 11, 2023	Wed	Practice	N/A	5:00 PM	7:00 PM	Indian River Middle School Gym #2 (Center), Indian River Middle	School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)	
Jan 12, 2023	Thu	Regular Season @ Lowville		7:30 PM	9:30 PM	Lowville High School Main Gym	Bus/Driver: Coach Callahan/Kenyon/Rowley/Heath 32 Athletes	Departure Point: High School Athletic Doors Departure Time: 4:30 PM Return Date: Return Time: 9:30 PM L
Jan 13, 2023	Fri	Practice	N/A	4:00 PM	6:00 PM	Indian River High School Main Gym		Departure Point: High School Athletic Doors Departure Time: 9:00 AM Return Date: Return Time: 2:00 PM L
Jan 14, 2023	Sat	Regular Season @ Lisbon		11:00 AM	12:30 PM	TBD	Bus/Driver: Coach Callahan/Kenyon/16 Athletes	Departure Point: High School Athletic Doors Departure Time: 4:00 PM Return Date: Return Time: 9:30 PM L
POSTPONED Jan 17, 2023	Tue	Regular Season @ Gouverneur		7:15 PM	9:00 PM	Gouverneur HS	Bus/Driver: Coach Callahan/Kenyon/Rowley/Heath 32 Athletes	Departure Point: High School Athletic Doors Departure Time: 4:00 PM Return Date: Return Time: 9:30 PM L
Jan 18, 2023	Wed	Practice	N/A	4:00 PM	5:30 PM	Indian River Middle School Gym #2 (Center), Indian River Middle	School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)	
Jan 20, 2023	Fri	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym		
Jan 20, 2023	Fri	Regular Season	General Brown	5:30 PM	6:45 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION / NON-LEAGUE
Jan 21, 2023	Sat	Regular Season	@ Mexico	11:30 AM		Mexico HS- Gymnasium	Bus/Driver: Coach Callahan/Kenyon/Rowley/Heath 32 Athletes	Departure Point: High School Athletic Doors Departure Time: 8:00 AM Return Date: Return Time: 3:00 PM NL
Jan 23, 2023	Mon	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym		
Jan 24, 2023	Tue	Regular Season	Watertown	7:15 PM		Indian River High School Main Gym		L
POSTPONED Jan 25, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Indian River High School Auxiliary Gym		
Jan 26, 2023	Thu	Practice	N/A	4:00 PM	6:00 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)		
Jan 27, 2023	Fri	Regular Season	Lowville	7:30 PM	9:00 PM	Indian River High School Main Gym		L
Jan 28, 2023	Sat	Regular Season	@ South Lewis	12:30 PM		South Lewis HS Gymnasium	Bus/Driver: Coach Callahan/Kenyon/Rowley/Heath 32 Athletes	Departure Point: High School Athletic Doors Departure Time: 9:15 AM Return Date: Return Time: 3:00 PM NL
Jan 30, 2023	Mon	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym		
Jan 31, 2023	Tue	Regular Season	@ General Brown	7:15 PM		GBHS Main Gym	Bus/Driver: 4 Coaches & 30 Athletes	Departure Point: High School Athletic Doors Departure Time: 4:00 PM Return Date: Return Time: 9:30 PM L
Feb 1, 2023	Wed	Practice	N/A	4:00 PM	6:00 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)		
Feb 2, 2023	Thu	Practice	N/A	4:00 PM	6:00 PM	Indian River High School Main Gym		

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Feb 3, 2023	Fri	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym			
POSTPONED Feb 3, 2023	Fri	Regular Season	Lisbon	7:00 PM	8:30 PM	Indian River High School Main Gym			L
Feb 4, 2023	Sat	Practice	N/A	9:45 AM	11:30 AM	Indian River High School Main Gym			
Feb 6, 2023	Mon	Practice	N/A	2:30 PM	5:00 PM	Indian River High School Main Gym			
CANCELLED Feb 7, 2023	Tue	Regular Season (FL Play-off @ Higher Seed)	TBD	6:00 PM	8:00 PM	Indian River High School Main Gym			L
Feb 7, 2023	Tue	Regular Season (Frontier League Tournament)	@ Carthage	6:30 PM		Carthage HS Gym	Bus/Driver: Coach Callahan/Kenyon/16 Athletes	Departure Point: High School Athletic Doors Departure Time: 4:45 PM Return Date: Return Time: 9:30 PM	NL
Feb 8, 2023	Wed	Practice	N/A	4:00 PM	6:00 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			
Feb 9, 2023	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym		Departure Point: High School Athletic Doors Departure Time: 4:30 PM Return Date: Return Time: 8:45 PM	
CANCELLED Feb 9, 2023	Thu	Regular Season (FL Play-off Champnioship)	TBD	6:00 PM	8:00 PM	Jefferson Community College	Bus/Driver: Coach Callahan/Kenyon/16 Athletes		L
Feb 10, 2023	Fri	Regular Season	@ Massena	6:00 PM	6:00 PM	Massena HS	Bus/Driver: Coach Callahan/Kenyon/Rowley/16 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 10:15 PM	L
Feb 13, 2023	Mon	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym			
Feb 14, 2023	Tue	Regular Season	Immaculate Heart Central, Watertown	6:00 PM	8:00 PM	Indian River High School Main Gym			NL

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Feb 15, 2023	Wed	Practice	N/A	4:00 PM	6:00 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)		
Feb 16, 2023	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym		
Feb 18, 2023	Sat	Practice	N/A	10:30 AM	12:30 PM	Indian River High School Main Gym		
Feb 19, 2023	Sun	Post-Season (Class A Sectionals Round 1)	@ East Syracuse Minoa	12:00 PM		ESM High School - Gym 1	Bus/Driver: Coach Callahan/Kenyon/Rowley/17 Athletes	Departure Point: High School Athletic Doors Departure Time: NL 9:00 AM Return Date: Return Time: 4:00 PM

Date: 2026-01-24