

Coaches:

- Amanda Burnard, Head Coach
- Amy Heath, Head CoachCortney Evans-Eppolito, Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 13, 2025	Mon	Practice	N/A	2:30 PM	4:30 PM	Indian River Middle School Gym #2 (Center)		
Jan 14, 2025	Tue	Practice	N/A	2:30 PM	4:30 PM	Indian River Middle School Gym #2 (Center)		
Jan 15, 2025	Wed	Practice	N/A	2:30 PM	4:30 PM	Indian River Middle School Gym #2 (Center)		
Jan 16, 2025	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River Middle School Gym #2 (Center)		
Jan 17, 2025	Fri	Practice	N/A	2:30 PM	4:30 PM	Indian River Middle School Gym #2 (Center)		
Jan 21, 2025	Tue	Practice	N/A	2:30 PM	4:30 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)		
Jan 22, 2025	Wed	Practice	N/A	2:30 PM		Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)		
Jan 23, 2025	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)		
Jan 24, 2025	Fri	Regular Season 31-20 W	Carthage	6:30 PM		Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)		L
CANCELLED Jan 27, 2025	Mon	Practice	N/A	2:30 PM		Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 28, 2025	Tue	Regular Season	@ Watertown	6:00 PM		Watertown High School Gym	Bus/Driver: 2 Coaches/30 Athletes	Departure Point: High School Athletic Doors - due to pictures 1/28/25 Departure Time: 3:30 PM Return Date: Return Time: 8:00 PM	L
Jan 30, 2025	Thu	Practice	• N/A	2:30 PM	4:30 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)			
Jan 31, 2025	Fri	Practice	• N/A	2:30 PM	4:30 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)			
Feb 3, 2025	Mon	Regular Season		6:00 PM		Lowville High School	Bus/Driver: 2 Coaches/30 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 3:15 PM Return Date: Return Time: 8:00 PM	L
Feb 4, 2025	Tue	Practice	· N/A	3:00 PM	4:30 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)			
Feb 5, 2025	Wed	Practice	· N/A	2:30 PM	4:30 PM	Indian River Middle School Gym #2 (Center)			
Feb 10, 2025	Mon	Regular Season	General Brown	6:30 PM	8:00 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			L
CANCELLED Feb 11, 2025	Tue	Practice	· N/A	3:00 PM	4:30 PM	Indian River Middle School Gym#1 (Main Office)			
Feb 12, 2025	Wed	Practice	N/A	2:30 PM	4:30 PM	Indian River Middle School Gym#1 (Main Office)			
Feb 24, 2025	Mon	Practice	· N/A	2:30 PM	4:30 PM	Indian River Middle School Gym #3 (Pool Side)			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Feb 25, 2025	Tue	Regular Season	@ South Lewis	5:00 PM		South Lewis Elem Gymnasium	Bus/Driver: 2 Coaches/30 Athletes	Departure Time:	L
Feb 27, 2025	Thu	Regular Season	Watertown	6:00 PM	7:30 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			L
Mar 4, 2025	Tue	Practice	N/A	2:30 PM	4:30 PM	Indian River Middle School Gym #3 (Pool Side)			
Mar 5, 2025	Wed	Practice	N/A	2:30 PM	4:30 PM	Indian River Middle School Gym #3 (Pool Side)			
Mar 6, 2025	Thu	Regular Season	South Lewis	6:00 PM	8:00 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)		Departure Point: Middle School Pool Entrance	L
CANCELLED Mar 7, 2025	Fri	Practice	N/A	2:30 PM	4:30 PM	Indian River Middle School Gym #3 (Pool Side)			
Mar 10, 2025	Mon	Regular Season	South Jefferson	6:00 PM	8:00 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			L
Mar 11, 2025	Tue	Regular Season	@ General Brown	6:00 PM		GBHS Auxiliary Gym	Bus/Driver: 2 Coaches/30 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 3:30 PM Return Date: Return Time: 7:45 PM	L
Mar 12, 2025	Wed	Practice	N/A	3:00 PM	4:30 PM	Indian River Middle School Gym #2 (Center)			
Mar 13, 2025	Thu	Regular Season	@ Watertown	4:30 PM		Watertown Case M S	Bus/Driver: 2 Coaches/30 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 3:30 PM Return Date: Return Time: 7:45 PM	L

Date: 2025-12-05