



Indian River (G) V Basketball

Coaches:

- Jim Whitley, Head Coach
- Fred LaVancha, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	LEAGUE / NON-LEAGUE
Nov 14, 2022	Mon	Practice ((G) V Basketball)	N/A	2:30 PM	4:30 PM	Indian River Middle School Gym#1 (Main Office)		
Nov 15, 2022	Tue	Practice ((G) V Basketball)	N/A	4:30 PM	6:30 PM	Indian River High School Main Gym		
Nov 16, 2022	Wed	Practice ((G) V Basketball)	N/A	4:00 PM	6:00 PM	Indian River Middle School Gym #1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)		
Nov 17, 2022	Thu	Practice ((G) Varsity Basketball)	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym		
Nov 18, 2022	Fri	Practice ((G) V Basketball)	N/A	4:30 PM	6:30 PM	Indian River High School Main Gym		
Nov 19, 2022	Sat	Practice ((G) V Basketball)	N/A	8:00 AM	10:00 AM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)		
POSTPONED Nov 21, 2022	Mon	Scrimmage	Gouverneur	6:15 PM	7:30 PM	Indian River High School Main Gym		NL
Nov 22, 2022	Tue	Practice (Practice)	N/A	4:30 PM	6:30 PM	TBD		

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Nov 23, 2022	Wed	Practice	N/A	10:00 AM	12:00 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			
Nov 25, 2022	Fri	Practice	N/A	12:00 PM	2:00 PM	Indian River High School Main Gym			
CANCELLED Nov 25, 2022	Fri	Scrimmage	Oswego	12:00 PM	1:30 PM	Indian River High School Main Gym			NL
Nov 26, 2022	Sat	Regular Season	Hammond	8:00 AM	10:00 AM	Indian River High School Main Gym			L
Nov 28, 2022	Mon	Practice (V (G) Basketball)	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym			
Nov 29, 2022	Tue	Regular Season 75-6 W	@ Carthage	7:00 PM		Carthage HS Gym	Bus/Driver: Coach Whitley/LaVancha/Connolly/30 Athletes	Departure Point: High School Athletic Doors Departure Time: 4:30 PM Return Date: Return Time: 9:00 PM	L
Nov 30, 2022	Wed	Practice (V (G) Basketball)	N/A	4:00 PM	6:00 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym #2 (Center)			
Dec 1, 2022	Thu	Regular Season 57-25 W	@ South Jefferson	7:15 PM		SJ HS/MS Gym 1 (MS)	Bus/Driver: Coach Whitley/LaVancha/Connolly/30 Athletes	Departure Point: High School Athletic Doors Departure Time: 4:00 PM Return Date: Return Time: 9:30 PM	L
Dec 2, 2022	Fri	Practice (V (G) Basketball)	N/A	4:30 PM	6:30 PM	Indian River High School Main Gym			

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Dec 5, 2022	Mon	Practice	N/A	4:00 PM	6:00 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			
Dec 6, 2022	Tue	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym			
Dec 7, 2022	Wed	Practice	N/A	2:30 PM	4:45 PM	Indian River High School Main Gym			
Dec 8, 2022	Thu	Practice	N/A	4:30 PM	6:30 PM	Indian River High School Main Gym			
Dec 9, 2022	Fri	Regular Season 63-32 W	Watertown	7:15 PM		Indian River High School Main Gym			L
Dec 10, 2022	Sat	Regular Season 68-37 W	Bishop Grimes	2:45 PM		Indian River High School Main Gym			L
CANCELLED Dec 12, 2022	Mon	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym			
Dec 13, 2022	Tue	Practice	N/A	4:30 PM	6:30 PM	Indian River High School Main Gym			
Dec 14, 2022	Wed	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym			
Dec 15, 2022	Thu	Regular Season 57-23 W	@ Lowville	7:30 PM		Lowville High School	Bus/Driver: Coach Whitley/LaVancha/Connolly/30 Athletes	Departure Point: High School Athletic Doors Departure Time: 4:30 PM Return Date: Return Time: 9:45 PM	L
Dec 16, 2022	Fri	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym			
Dec 17, 2022	Sat	Regular Season (Non-League) 42-47 L	@ Westhill	1:30 PM		Westhill HS Gymnasium	Bus/Driver: Coach Whitley/LaVancha/Connolly/30 Athletes	Departure Point: High School Athletic Doors Departure Time: 9:15 AM Return Date: Return Time: 3:30 PM	NL

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Dec 19, 2022	Mon	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym			
Dec 20, 2022	Tue	Regular Season 60-17 W	Carthage	7:00 PM		Indian River High School Main Gym			L
Dec 21, 2022	Wed	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym			
Dec 22, 2022	Thu	Regular Season 58-38 W	Immaculate Heart Central, Watertown	7:15 PM		Indian River High School Main Gym			L
Dec 23, 2022	Fri	Practice	N/A	9:00 AM	11:00 AM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			
CANCELLED Dec 24, 2022	Sat	Practice (Testing practice)	N/A	4:00 PM	6:00 PM	Indian River High School Main Gym			
CANCELLED Dec 27, 2022	Tue	Practice	N/A	9:00 AM	11:00 AM	Indian River High School Main Gym			
Dec 28, 2022	Wed	Practice	N/A	9:00 AM	11:00 AM	Indian River High School Main Gym			
Dec 29, 2022	Thu	Regular Season (More Than a Game Holiday Basketball Tournament) 50-25 W	@ Fayetteville-Manlius	3:30 PM		Bishop Grimes High School	Bus/Driver: Coach Whitley/LaVancha/Connolly/30 Athletes	Departure Point: High School Athletic Doors Departure Time: 11:00 AM Return Date: Return Time: 7:00 PM	L
Dec 30, 2022	Fri	Regular Season (Holiday Tournament at Bishop Grimes) 48-36 W	@ TBD	TBD		Bishop Grimes High School	Bus/Driver: Coach Whitley/LaVancha/Connolly/30 Athletes	Departure Point: High School Athletic Doors Departure Time: 11:00 AM Return Date: Return Time: 10:00 AM	L
Jan 2, 2023	Mon	Practice	N/A	9:00 AM	11:00 AM	Indian River High School Main Gym			
Jan 3, 2023	Tue	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym			

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Jan 4, 2023	Wed	Regular Season 62-46 W	@ Canton	7:15 PM	9:00 PM	Williams HS	Bus/Driver: Coach Whitley/LaVancha/Connolly/30 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:15 PM Return Date: Return Time: 9:00 PM	L
Jan 5, 2023	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym			
Jan 6, 2023	Fri	Practice	N/A	2:30 PM	4:30 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center)			
Jan 9, 2023	Mon	Practice	N/A	4:00 PM	6:00 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym#1 (Main Office)			
Jan 10, 2023	Tue	Regular Season 49-23 W	South Jefferson	7:15 PM		Indian River High School Main Gym			L
Jan 11, 2023	Wed	Practice	N/A	4:00 PM	6:00 PM	Indian River High School Main Gym			
Jan 12, 2023	Thu	Regular Season 64-39 W	Lowville	7:15 PM		Indian River High School Main Gym			L
Jan 13, 2023	Fri	Practice	N/A	4:00 PM	6:00 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)			
Jan 14, 2023	Sat	Regular Season 47-34 W	Christian Brothers Academy, Dewitt	1:45 PM		Indian River High School Main Gym			L

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Jan 16, 2023	Mon	Practice	N/A	9:00 AM	11:00 AM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym #2 (Center)			
Jan 18, 2023	Wed	Practice	N/A	4:00 PM	6:00 PM	Indian River High School Main Gym			
Jan 20, 2023	Fri	Practice	N/A	4:00 PM	6:00 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)			
Jan 20, 2023	Fri	Regular Season 41-36 W	General Brown	7:00 PM	9:00 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)	Bus/Driver: Coach Whitley/LaVancha/Connolly/30 Athletes	Departure Point: High School Athletic Doors Departure Time: 4:15 PM Return Date: Return Time: 9:45 PM	L
Jan 23, 2023	Mon	Regular Season 45-35 W	@ Immaculate Heart Central, Watertown	7:30 PM		Immaculate Heart Central H S	Bus/Driver: Coach Whitley/LaVancha/Connolly/30 Athletes	Departure Point: High School Athletic Doors Departure Time: 4:45 PM Return Date: Return Time: 9:00 PM	L
Jan 24, 2023	Tue	Regular Season 51-22 W	@ Watertown	7:00 PM		Watertown Case M S	Bus/Driver: Coach Whitley/LaVancha/Connolly/30 Athletes	Departure Point: High School Athletic Doors Departure Time: 4:15 PM Return Date: Return Time: 9:15 PM	L

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POSTPONED Jan 25, 2023	Wed	Practice	N/A	4:00 PM	6:00 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)			
Jan 26, 2023	Thu	Practice	N/A	4:00 PM	6:00 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			
Jan 27, 2023	Fri	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym			
Jan 27, 2023	Fri	Practice	N/A	4:00 PM	6:00 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)			
Jan 28, 2023	Sat	Practice	N/A	9:00 AM	10:30 AM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			

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Jan 30, 2023	Mon	Practice	N/A	2:30 PM	4:30 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)			
Jan 31, 2023	Tue	Regular Season 31-44 L	@ General Brown	5:30 PM		GBHS Main Gym	Bus/Driver: 4 Coaches & 30 Athletes	Departure Point: High School Athletic Doors Departure Time: 4:00 PM Return Date: Return Time: 9:30 PM	L
Feb 1, 2023	Wed	Practice	N/A	4:00 PM	6:00 PM	Indian River High School Main Gym			
Feb 2, 2023	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River Middle School Gym#1 (Main Office)			
Feb 5, 2023	Sun	Practice	N/A	12:00 PM	1:30 PM	TBD			
Feb 6, 2023	Mon	Practice	N/A	12:00 PM	1:30 PM	Indian River Middle School Gym#1 (Main Office)			
Feb 6, 2023	Mon	Practice	N/A	2:30 PM	4:30 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)			
Feb 7, 2023	Tue	Practice	N/A	4:00 PM	6:00 PM	Indian River High School Main Gym			
Feb 8, 2023	Wed	Regular Season (Frontier League Tournament) 66-15 W	Carthage	6:00 PM		Indian River High School Main Gym			L

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Feb 9, 2023	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)			
Feb 10, 2023	Fri	Practice	N/A	2:30 PM	4:15 PM	Indian River High School Main Gym			
Feb 11, 2023	Sat	Regular Season (Play-off v) 53-30 W	Watertown	2:00 PM	3:30 PM	Jefferson Community College	Bus/Driver: Coach Whitley/LaVancha/Connolly/30 Athletes	Departure Point: High School Athletic Doors Departure Time: 12:00 PM Return Date: Return Time: 4:30 PM	L
Feb 13, 2023	Mon	Practice	N/A	2:30 PM	4:30 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)			
Feb 14, 2023	Tue	Practice	N/A	10:30 AM	12:30 PM	Indian River High School Main Gym			
Feb 16, 2023	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River Middle School Gym#1 (Main Office)			
POSTPONED Feb 17, 2023	Fri	Scrimmage	@ Cicero-North Syracuse	3:00 PM	5:00 PM	CNS HS- Main Gym	Bus/Driver: Coaches Whitley/LaVancha/ 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 1:15 PM Return Date: Return Time: 8:00 PM	L
Feb 18, 2023	Sat	Practice	N/A	9:00 AM	10:30 AM	Indian River High School Main Gym			
Feb 19, 2023	Sun	Practice	N/A	4:30 PM	6:00 PM	Indian River High School Main Gym			

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Feb 20, 2023	Mon	Practice	N/A	9:00 AM	11:00 AM	Indian River High School Main Gym			
Feb 21, 2023	Tue	Practice	N/A	9:00 AM	11:00 AM	Indian River High School Main Gym			
Feb 21, 2023	Tue	Post-Season (Sectional Quarter Final)	Watertown	6:00 PM	8:00 PM	Indian River High School Main Gym	Bus/Driver: Coach Whitley/LaVancha/16 Athletes	Departure Point: High School Athletic Doors	NL
Feb 22, 2023	Wed	Practice	N/A	9:00 AM	11:00 AM	Indian River High School Main Gym			
Feb 23, 2023	Thu	Practice	N/A	9:00 AM	11:00 AM	Indian River High School Main Gym			
Feb 24, 2023	Fri	Practice	N/A	9:00 AM	11:00 AM	Indian River High School Main Gym			
Feb 24, 2023	Fri	Post-Season (Sectional Semi-Final at OCC Allyn Hall (must have prepaid sectional electronic tickets))	Jamesville-Dewitt	7:00 PM		Allyn Hall Gymnasium - OCC	Bus/Driver: Coach Whitley/LaVancha/16 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:00 PM Return Date: Return Time: 10:00 PM	NL
Feb 27, 2023	Mon	Practice	N/A	4:00 PM	5:30 PM	Indian River High School Main Gym			
Feb 28, 2023	Tue	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym			
Mar 1, 2023	Wed	Practice	N/A	4:00 PM	5:30 PM	Indian River High School Main Gym			
Mar 2, 2023	Thu	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym			
Mar 3, 2023	Fri	Practice	N/A	2:30 PM	4:30 PM	Indian River High School Main Gym			
Mar 4, 2023	Sat	Post-Season (Sectional Finals at SRC Arena)	@ TBD	5:00 PM		Onondaga Community College	Bus/Driver: Coach Whitley/LaVancha/16 Athletes	Departure Point: High School Athletic Doors Departure Time: 1:00 PM Return Date: Return Time: 10:00 PM	NL

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Mar 6, 2023	Mon	Practice	N/A	2:00 PM	4:30 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center)			
Mar 7, 2023	Tue	Practice	N/A	2:00 PM	4:00 PM	Indian River High School Main Gym			
Mar 8, 2023	Wed	Post-Season (Regional Semi Final)	@ TBD	6:00 PM		Jefferson Community College	Bus/Driver: Coach Whitley/LaVancha/17 Athletes	Departure Point: High School Athletic Doors Departure Time: 4:30 PM Return Date: Return Time: 10:00 PM	NL
Mar 9, 2023	Thu	Practice	N/A	2:00 PM	4:30 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			
Mar 10, 2023	Fri	Practice	N/A	10:30 AM	12:00 PM	Indian River High School Main Gym			
Mar 11, 2023	Sat	Post-Season (NYSPHSAA Class A Regional Final) 38-64 L	@ Averill Park High School	1:45 PM	3:10 PM	Hudson Valley Community College	Bus/Driver: Coaches Whitley/LaVancha/Connolly-16 Athletes - Recommended Driver Austin Carr	Departure Point: High School Athletic Doors Departure Date: Mar 10, 2023 Departure Time: 12:30 PM Return Date: Mar 11, 2023 Return Time: 7:30 PM	NL
Mar 11, 2023	Sat	Post-Season (Regional State Finals)	@ TBD	TBD		Onondaga Community College	Bus/Driver: Coach Whitley/LaVancha/17 Athletes	Departure Point: High School Athletic Doors	NL

Date: 2024-05-07