

## Coaches:

- William Aris, Head Coach
- Sean Mulvihill, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE 'NON- LEAGUE
Aug 18, 2025	Mon	Practice	N/A	8:30 AM	10:00 AM	Hornet Stadium		
Aug 18, 2025	Mon	Practice	N/A	3:30 PM	5:00 PM	FM - Green Lakes XC Trails		
Aug 19, 2025	Tue	Practice	N/A	8:30 AM	10:00 AM	Hornet Stadium		
Aug 19, 2025	Tue	Practice	N/A	3:30 PM	5:00 PM	FM - Green Lakes XC Trails		
Aug 20, 2025	Wed	Practice	N/A	3:30 PM	5:00 PM	FM - Green Lakes XC Trails		
Aug 21, 2025	Thu	Practice	N/A	8:30 AM	10:00 AM	Hornet Stadium		
Aug 21, 2025	Thu	Practice	N/A	3:30 PM	5:00 PM	FM - Green Lakes XC Trails		
Aug 22, 2025	Fri	Practice	N/A	8:30 AM	10:00 AM	Hornet Stadium		
Aug 22, 2025	Fri	Practice	N/A	3:30 PM	5:00 PM	FM - Green Lakes XC Trails		
Aug 23, 2025	Sat	Practice	N/A	8:30 AM	10:30 AM	FM - Green Lakes XC Trails		
Aug 25, 2025	Mon	Practice	N/A	8:30 AM	10:00 AM	Hornet Stadium		
Aug 25, 2025	Mon	Practice	N/A	3:30 PM	5:30 PM	FM - Green Lakes XC Trails		
Aug 26, 2025	Tue	Practice	N/A	8:30 AM	10:00 AM	Hornet Stadium		
Aug 26, 2025	Tue	Practice	N/A	3:30 PM	5:30 PM	FM - Green Lakes XC Trails		
Aug 27, 2025	Wed	Practice	N/A	8:30 AM	10:00 AM	Hornet Stadium		
Aug 27, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	FM - Green Lakes XC Trails		
Aug 28, 2025	Thu	Practice	N/A	8:30 AM	10:00 AM	Hornet Stadium		
Aug 28, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	FM - Green Lakes XC Trails		
Aug 29, 2025	Fri	Practice	N/A	8:30 AM	10:00 AM	Hornet Stadium		
Aug 30, 2025	Sat	Practice	N/A	8:30 AM	10:00 AM	FM - Green Lakes XC Trails		

Regular   Season   Patent, Waterville, Clinton, Saduer   West, Garden   West, Waterville, Clinton, Fabruer   West, Waterville, Clinton, Carenovo, DeRuyter, Hamilton, Central Square, Waterville, Clinton, Carenovo, DeRuyter, Hamilton, Central Square, Waterville, Clinton, Central Square, Hamilton, Central Square, Waterville, Clinton, Central Square, Hamilton, Central	DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START END TIME TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 17, 2025 Wed Regular Season Syracuse Minoa PM Kirkville Rd. Field FMSCD Departure Time: 3:00 PM  Sep 20, 2025 Sat Regular Season (Baldwinsville Invitational) @ TBD 8:00 AM TBD Bus/Driver: HS I Departure Point: FMCSD Departure Time: 11:00 AM  Sep 24, 2025 Wed Regular Season Fulton 4:30 FM Cross Country  Oct 1, 2025 Wed Regular Season Square, PM Cross Square, PM Cross Country  L	Sep 6, 2025	Sat	Season (Mustang	Utica Proctor, Auburn, Camden, Weedsport, Chittenango, Canastota, South Lewis, Jamesville- Dewitt, Cicero-North Syracuse, Onondaga Central, Jordan- Elbridge, Marcellus, Beaver River, Watertown, Pulaski, Baldwinsville, Indian River, Liverpool, Phoenix, West Genesee, Tully, New Hartford, Notre Dame, Utica, Holland Patent, Waterville, Clinton, Fabius- Pompey, Vernon- Verona- Sherrill, Oneida, Cazenovia, Whitesboro, DeRuyter, Hamilton, Central Square, Guilderland High School, Nottingham (Nottingham), Central Valley Academy @ Mount	8:00 AM	Markham			NL
Sep 20, 2025  Sat  Season (Baldwinsville Invitational)  Sep 24, 2025  Wed  Regular Season  Oct 1, 2025  Wed  Regular Square,  Square,  PM  TBD  Bus/Driver: HS I Departure Time: 11:00 AM  FM Cross Country  L  Central Square,  PM  Country  L	Sep 17, 2025	Wed		Syracuse		Kirkville Rd.		HS I <b>Departure Time:</b>	L
Sep 24, 2025 Wed Season PM Country  Central Square, Sq	Sep 20, 2025	Sat	Season (Baldwinsville	@ TBD		TBD		HS I <b>Departure Time:</b>	L
Oct 1, 2025 Wed Season Square, PM Country L	Sep 24, 2025	Wed		Fulton					L
	Oct 1, 2025	Wed		Square,					L

DATE	WEEK DAY	<sup>(</sup> ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 8, 2025	Wed	Regular Season	Jamesville- Dewitt, Auburn	4:30 PM		FM Cross Country			L
Oct 10, 2025	Fri	Meet (Chittenango Twilight Invitational)	Vs. Multiple	4:00 PM	6:30 PM	Chittenango HS- Stadium, Chittenango HS-Multi Turf	Bus/Driver: FMCSD	Departure Point: HS I Departure Time: 2:15 PM	NL
Oct 22, 2025	Wed	Regular Season (SCAC Championships )		4:30 PM		Bville - Durgee Cross Country Trail			L

Date: 2025-12-13