



Fayetteville-Manlius

(G) V Cross Country

Coaches:

- William Aris, Head Coach
- Sean Mulvihill, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 21, 2023	Mon	Practice	N/A	8:00 AM	10:00 AM	Hornet Stadium		
Aug 21, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	FM - Green Lakes XC Trails		
Aug 22, 2023	Tue	Practice	N/A	8:00 AM	10:00 AM	Hornet Stadium		
Aug 22, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	FM - Green Lakes XC Trails		
Aug 23, 2023	Wed	Practice	N/A	8:00 AM	10:00 AM	Hornet Stadium		
Aug 23, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	FM - Green Lakes XC Trails		
Aug 24, 2023	Thu	Practice	N/A	8:00 AM	10:00 AM	Hornet Stadium		
Aug 24, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	FM - Green Lakes XC Trails		
Aug 25, 2023	Fri	Practice	N/A	8:00 AM	10:00 AM	Hornet Stadium		
Aug 25, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	FM - Green Lakes XC Trails		
Aug 26, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	FM - Green Lakes XC Trails		
Sep 11, 2023	Mon	Practice	N/A	3:00 PM		FM - Green Lakes XC Trails	Departure Point: House 1 Departure Time: 2:15 PM	
Sep 13, 2023	Wed	Regular Season	@ West Genesee	4:30 PM		TBD	Departure Point: House 1 Departure Time: 2:15 PM	L
Sep 15, 2023	Fri	Regular Season (VVS Invite)	TBD	4:15 PM		TBD	Departure Point: House 1 Departure Time: 2:15 PM	L
Sep 20, 2023	Wed	Regular Season	Henninger (Henninger) @ Liverpool	4:30 PM		Liverpool Long Branch Park	Departure Point: House 1 Departure Time: 2:15 PM	L
Sep 25, 2023	Mon	Practice	N/A	7:00 PM	9:00 PM	Hornet Stadium		
Sep 27, 2023	Wed	Regular Season	Auburn	4:30 PM		FM Cross Country		L
Sep 30, 2023	Sat	Regular Season (McQuaid Invite)	TBD	2:20 PM		TBD	Departure Point: House 1 Departure Time: 10:00 AM	L
Oct 4, 2023	Wed	Regular Season	Baldwinsville @ Cicero-North Syracuse	4:30 PM	4:50 PM	CNS-Oneida Shores-Arrowhead Lodge	Departure Point: House 1 Departure Time: 2:15 PM	L
Oct 7, 2023	Sat	Practice	N/A	8:00 AM		FM - Green Lakes XC Trails		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 13, 2023	Fri	Meet (Chittenango Bears Girls Cross Country Twilight Invitational)	Vs. Multiple	4:00 PM	6:30 PM	Chittenango HS- XC Course, Chittenango HS- Stadium	Departure Point: House 1 Departure Time: 2:15 PM	NL
Oct 13, 2023	Fri	Regular Season (Chittenango Invitational)	TBD	4:00 PM		TBD	Departure Point: House 1 Departure Time: 2:15 PM	L
Oct 14, 2023	Sat	Practice	N/A	8:00 AM		FM - Green Lakes XC Trails		
Oct 16, 2023	Mon	Practice	N/A	3:00 PM		FM - Green Lakes XC Trails	Departure Point: House 1 Departure Time: 2:15 PM	
Oct 18, 2023	Wed	Regular Season (SCAC Championships)	Jamesville-Dewitt, Fulton, Oswego, Nottingham (Nottingham), East Syracuse Minoa, Central Square, Auburn, West Genesee, Henninger (Henninger), Fowler (Syracuse West), Liverpool, Cicero-North Syracuse @ Baldwinsville	4:30 PM	5:00 PM	Bville - Durgee Cross Country Trail	Departure Point: House 1 Departure Time: 2:15 PM	L
Oct 23, 2023	Mon	Practice	N/A	3:00 PM		FM - Green Lakes XC Trails	Departure Point: House 1 Departure Time: 2:15 PM	
Oct 30, 2023	Mon	Practice	N/A	3:00 PM		FM - Green Lakes XC Trails	Departure Point: House 1 Departure Time: 2:15 PM	

Date: 2025-12-05