



# Fayetteville-Manlius

## (G) V Cross Country

### Coaches:

- William Aris, Head Coach
- Marissa Patrick, Asst Coach

| DATE         | WEEK DAY | TYPE                                      | OPPONENTS | START TIME | END TIME | LOCATION                   | TRANSPORTATION   | LEAGUE / NON-LEAGUE |
|--------------|----------|---|-----------|------------|----------|----------------------------|--|---------------------|
| Aug 21, 2023 | Mon      | Practice                                  | N/A       | 8:00 AM    | 10:00 AM | Hornet Stadium             |  |                     |
| Aug 21, 2023 | Mon      | Practice                                  | N/A       | 3:00 PM    | 5:00 PM  | FM - Green Lakes XC Trails |  |                     |
| Aug 22, 2023 | Tue      | Practice                                  | N/A       | 8:00 AM    | 10:00 AM | Hornet Stadium             |  |                     |
| Aug 22, 2023 | Tue      | Practice                                  | N/A       | 3:00 PM    | 5:00 PM  | FM - Green Lakes XC Trails |  |                     |
| Aug 23, 2023 | Wed      | Practice                                  | N/A       | 8:00 AM    | 10:00 AM | Hornet Stadium             |  |                     |
| Aug 23, 2023 | Wed      | Practice                                  | N/A       | 3:00 PM    | 5:00 PM  | FM - Green Lakes XC Trails |  |                     |
| Aug 24, 2023 | Thu      | Practice                                  | N/A       | 8:00 AM    | 10:00 AM | Hornet Stadium             |  |                     |
| Aug 24, 2023 | Thu      | Practice                                  | N/A       | 3:00 PM    | 5:00 PM  | FM - Green Lakes XC Trails |  |                     |
| Aug 25, 2023 | Fri      | Practice                                  | N/A       | 8:00 AM    | 10:00 AM | Hornet Stadium             |  |                     |
| Aug 25, 2023 | Fri      | Practice                                  | N/A       | 3:00 PM    | 5:00 PM  | FM - Green Lakes XC Trails |  |                     |
| Aug 26, 2023 | Sat      | Practice                                  | N/A       | 8:00 AM    | 10:00 AM | FM - Green Lakes XC Trails |  |                     |
| Sep 11, 2023 | Mon      | Practice                                  | N/A       | 3:00 PM    |          | FM - Green Lakes XC Trails | <b>Departure Point:</b><br>House 1<br><b>Departure Time:</b><br>2:15 PM  |                     |
| Sep 15, 2023 | Fri      | Regular Season (VVS Invite)               | TBD       | 4:15 PM    |          | TBD                        | <b>Departure Point:</b><br>House 1<br><b>Departure Time:</b><br>2:15 PM  | L                   |
| Sep 25, 2023 | Mon      | Practice                                  | N/A       | 7:00 PM    | 9:00 PM  | Hornet Stadium             |  |                     |
| Sep 27, 2023 | Wed      | Regular Season                            | Auburn    | 4:30 PM    |          | FM Cross Country           |  | L                   |
| Sep 30, 2023 | Sat      | Regular Season (McQuaid Invite)           | TBD       | 2:20 PM    |          | TBD                        | <b>Departure Point:</b><br>House 1<br><b>Departure Time:</b><br>10:00 AM | L                   |
| Oct 7, 2023  | Sat      | Practice                                  | N/A       | 8:00 AM    |          | FM - Green Lakes XC Trails |  |                     |
| Oct 13, 2023 | Fri      | Regular Season (Chittenango Invitational) | TBD       | 4:00 PM    |          | TBD                        | <b>Departure Point:</b><br>House 1<br><b>Departure Time:</b><br>2:15 PM  | L                   |
| Oct 14, 2023 | Sat      | Practice                                  | N/A       | 8:00 AM    |          | FM - Green Lakes XC Trails |  |                     |

| DATE         | WEEK DAY | TYPE     | OPPONENTS | START TIME | END TIME | LOCATION                   | TRANSPORTATION  | LEAGUE / NON-LEAGUE |
|--------------|----------|----------|-----------|------------|----------|----------------------------|---|---------------------|
| Oct 16, 2023 | Mon      | Practice | N/A       | 3:00 PM    |          | FM - Green Lakes XC Trails | <b>Departure Point:</b><br>House 1<br><b>Departure Time:</b><br>2:15 PM |                     |
| Oct 23, 2023 | Mon      | Practice | N/A       | 3:00 PM    |          | FM - Green Lakes XC Trails | <b>Departure Point:</b><br>House 1<br><b>Departure Time:</b><br>2:15 PM |                     |
| Oct 30, 2023 | Mon      | Practice | N/A       | 3:00 PM    |          | FM - Green Lakes XC Trails | <b>Departure Point:</b><br>House 1<br><b>Departure Time:</b><br>2:15 PM |                     |

Date: 2024-05-18