

## Coaches:

• Kelly Palider, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 22, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	FM HS Cafeteria		
Aug 23, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	FM HS Cafeteria		
Aug 25, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	FM HS Cafeteria		
Aug 27, 2022	Sat	Practice	N/A	11:00 AM	1:00 PM	FM HS Cafeteria		
Aug 29, 2022	Mon	Practice	N/A	4:00 PM	6:00 PM	FM HS Cafeteria		
Sep 1, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	FM HS Cafeteria		
Sep 3, 2022	Sat	Practice	N/A	11:00 AM	1:00 PM	FM HS Cafeteria		
Sep 7, 2022	Wed	Practice	N/A	3:15 PM	5:15 PM	FM HS Cafeteria		
Sep 8, 2022	Thu	Practice	N/A	3:15 PM	5:15 PM	FM HS Cafeteria		
Sep 9, 2022	Fri	Regular Season (Watertown Football Game)	TBD	TBD		TBD	Departure Point: House 1 Departure Time: 4:30 PM	L
Sep 10, 2022	Sat	Practice	N/A	11:00 AM	1:00 PM	FM HS Cafeteria		
Sep 12, 2022	Mon	Practice	N/A	3:15 PM	5:15 PM	FM HS Cafeteria		
Sep 14, 2022	Wed	Practice	N/A	3:15 PM	5:15 PM	FM HS Cafeteria		
Sep 16, 2022	Fri	Practice	N/A	3:15 PM		FM HS Cafeteria		
Sep 17, 2022	Sat	Practice	N/A	11:00 AM		FM HS Cafeteria		
Sep 19, 2022	Mon	Practice	N/A	3:15 PM	5:15 PM	FM HS Cafeteria		
Sep 21, 2022	Wed	Practice	N/A	3:15 PM	5:15 PM	FM HS Cafeteria		
Sep 22, 2022	Thu	Practice	N/A	3:15 PM	5:15 PM	FM HS Cafeteria		
Sep 23, 2022	Fri	Regular Season (Homecoming)	@ East Syracuse Minoa (Fall)	6:30 PM		ESM High School - Stadium	Departure Point: House 1 Departure Time: 5:15 PM	L
Sep 23, 2022	Fri	Regular Season (Football Game at ESM)	TBD	TBD		TBD	Departure Point: House 1 Departure Time: 5:15 PM	L
Sep 24, 2022	Sat	Practice	N/A	11:00 AM	1:00 PM	FM HS Cafeteria		
Sep 27, 2022	Tue	Practice	N/A	3:15 PM	4:15 PM	Hornet Stadium		
Sep 27, 2022	Tue	Practice	N/A	3:15 PM	4:15 PM	Hornet Stadium		
Sep 27, 2022	Tue	Practice	N/A	4:15 PM		FM HS Cafeteria		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 28, 2022	Wed	Practice	N/A	3:15 PM	5:15 PM	FM HS Cafeteria		
Sep 29, 2022	Thu	Practice	N/A	3:15 PM	5:15 PM	FM HS Cafeteria		
Sep 30, 2022	Fri	Regular Season	Corcoran	7:00 PM		Hornet Stadium		L
Oct 3, 2022	Mon	Practice	N/A	3:15 PM	5:15 PM	FM HS Cafeteria		
Oct 6, 2022	Thu	Practice	N/A	3:15 PM	5:15 PM	FM HS Cafeteria		
Oct 7, 2022	Fri	Regular Season (Football Game)	TBD	6:30 PM		TBD	Departure Point: House 1 Departure Time: 4:30 PM	L
Oct 12, 2022	Wed	Practice	N/A	3:15 PM	5:15 PM	FM HS Cafeteria		
Oct 13, 2022	Thu	Practice	N/A	3:15 PM	5:15 PM	FM HS Cafeteria		
Oct 14, 2022	Fri	Regular Season	Carthage	7:00 PM		Hornet Stadium	Departure Point: House 1	L
CANCELLED Oct 17, 2022	Mon	Practice	N/A	3:15 PM	5:15 PM	FM HS Cafeteria		
Oct 19, 2022	Wed	Practice	N/A	3:15 PM	5:15 PM	FM HS Cafeteria		
Oct 20, 2022	Thu	Practice	N/A	3:15 PM	5:15 PM	FM HS Cafeteria		
Oct 21, 2022	Fri	Regular Season	@ Elmira (Fall)	7:00 PM	9:00 PM	EHS Stadium	Departure Point: House 1 Departure Time: 4:15 PM	L
Oct 24, 2022	Mon	Practice	N/A	3:15 PM	5:15 PM	FM HS Cafeteria		
Oct 26, 2022	Wed	Practice	N/A	3:15 PM	5:15 PM	FM HS Cafeteria		
Oct 27, 2022	Thu	Practice	N/A	3:15 PM	5:15 PM	FM HS Cafeteria		
Nov 3, 2022	Thu	Practice	N/A	3:15 PM	5:15 PM	FM HS Cafeteria		
Nov 10, 2022	Thu	Practice	N/A	3:15 PM	5:15 PM	FM HS Cafeteria		

Date: 2025-12-06