

## Coaches:

- Bill Houser, Head Coach
- · Lauren Kelly, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 8, 2024	Mon	Practice	N/A	7:00 PM	8:30 PM	FMHS Wellness Center		
Jan 9, 2024	Tue	Practice	N/A	5:45 PM	7:15 PM	LeMoyne College	Departure Point: House 1 Departure Time: 5:15 PM	
Jan 11, 2024	Thu	Practice	N/A	7:00 PM	8:00 PM	FMHS Wellness Center		
Jan 13, 2024	Sat	Practice	N/A	11:45 AM	1:45 PM	Jamesville Dewitt Middle School Pool	Departure Point: House 1 Departure Time: 11:15 AM	
Jan 16, 2024	Tue	Practice	N/A	5:45 PM	7:15 PM	LeMoyne College	Departure Point: House 1 Departure Time: 5:15 PM	
Jan 17, 2024	Wed	Practice	N/A	7:30 PM	8:30 PM	YMCA		
Jan 20, 2024	Sat	Practice	N/A	9:00 AM	10:00 AM	LeMoyne College	Departure Point: House 1 Departure Time: 8:30 AM	
Jan 22, 2024	Mon	Regular Season	@ Jamesville- Dewitt	5:00 PM	7:00 PM	JD MS Pool	Departure Point: House 1 Departure Time: 3:45 PM	L
Jan 26, 2024	Fri	Regular Season	@ Pulaski	5:00 PM		Pulaski MS/HS Pool	Departure Point: House 1 Departure Time: 3:45 PM	L
Jan 31, 2024	Wed	Regular Season	@ Baldwinsville	5:00 PM	7:00 PM	Bville - Baker HS Pool	Departure Point: House 1 Departure Time: 3:45 PM	L
Feb 2, 2024	Fri	Practice	N/A	5:30 PM	6:30 PM	LeMoyne College	Departure Point: House 1 Departure Time: 5:00 PM	
Feb 3, 2024	Sat	Practice	N/A	9:00 AM	10:00 AM	LeMoyne College	Departure Point: House 1 Departure Time: 8:30 AM	
Feb 9, 2024	Fri	Practice	N/A	5:30 PM	6:30 PM	LeMoyne College	Departure Point: House 1 Departure Time: 5:00 PM	
Feb 10, 2024	Sat	Practice	N/A	9:00 AM	10:00 AM	LeMoyne College	Departure Point: House 1 Departure Time: 8:30 AM	

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Feb 16, 2024	Fri	Practice	N/A	5:30 PM	6:30 PM	LeMoyne College	Departure Point: House 1 Departure Time: 5:00 PM	
Feb 17, 2024	Sat	Practice	N/A	9:00 AM	10:00 AM	LeMoyne College	Departure Point: House 1 Departure Time: 8:30 AM	
Mar 2, 2024	Sat	Practice	N/A	9:00 AM	10:00 AM	LeMoyne College	Departure Point: House 1 Departure Time: 8:30 AM	
Mar 4, 2024	Mon	Regular Season	@ Mexico	5:00 PM	6:25 PM	Mexico HS-Pool	Departure Point: House 1 Departure Time: 3:45 PM	L
Mar 6, 2024	Wed	Regular Season	@ Syracuse City (Syracuse City)	5:00 PM		Nottingham High School (Pool)	Departure Point: House 1 Departure Time: 3:45 PM	L
Mar 8, 2024	Fri	Regular Season (Modified Extravaganza @ Nottingham)	TBD	TBD		Nottingham HS Pool	Departure Point: House 1 Departure Time: 3:45 PM	L
CANCELLED Mar 12, 2024	Tue	Regular Season	@ Liverpool	5:00 PM	7:00 PM	LIVERPOOL HS Pool	Departure Point: House 1 Departure Time: 3:45 PM	L

Date: 2024-04-09