

## Coaches:

• Jay Hays, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 9, 2023	Mon	Practice	N/A	5:00 PM		FM HS House 1 Gym		
Jan 10, 2023	Tue	Practice	N/A	3:15 PM	_	FM HS House 1 Gym		
Jan 11, 2023	Wed	Practice	N/A	3:15 PM		FM HS House 1 Gym		
Jan 12, 2023	Thu	Practice	N/A	3:15 PM		FM HS House 1 Gym		
Jan 13, 2023	Fri	Practice	N/A	3:15 PM		FM HS House 1 Gym		
Jan 17, 2023	Tue	Practice	N/A	3:15 PM		FM HS House 1 Gym		
Jan 18, 2023	Wed	Practice	N/A	3:15 PM		FM HS House 1 Gym		
Jan 19, 2023	Thu	Practice	N/A	3:15 PM		FM HS House 1 Gym		
Jan 20, 2023	Fri	Practice	N/A	3:15 PM		FM HS House 1 Gym		
Jan 23, 2023	Mon	Practice	N/A	3:15 PM		FM HS House 1 Gym		
Jan 24, 2023	Tue	Practice	N/A	3:45 PM		FM - Wellwood MS - Gym		
POSTPONED Jan 25, 2023	Wed	Practice	N/A	3:15 PM		FM HS House 1 Gym		
POSTPONED Jan 26, 2023	Thu	Regular Season	@ Fowler (Frazer/STEM)	4:30 PM	6:30 PM	STEM @ Blodgett	Departure Point: House 1 Departure Time: 3:30 PM	L
Jan 27, 2023	Fri	Practice	N/A	3:15 PM		FM HS House 1 Gym		
Jan 30, 2023	Mon	Practice	N/A	3:15 PM		FM HS House 1 Gym		
Jan 31, 2023	Tue	Regular Season	Liverpool (Orange)	5:00 PM		FM HS House 2 Gym		L
Feb 1, 2023	Wed	Practice	N/A	3:15 PM		FM HS House 1 Gym		
Feb 2, 2023	Thu		@ East Syracuse Minoa (Orange)	4:30 PM		Pine Grove Middle School Main Gym		L
Feb 3, 2023	Fri	Practice	N/A	3:45 PM		FM HS House 1 Gym		
Feb 6, 2023	Mon	Practice	N/A	3:15 PM		FM HS House 1 Gym		
Feb 7, 2023	Tue	Practice	N/A	3:15 PM		FM HS House 1 Gym		
POSTPONED Feb 7, 2023	Tue	Regular Season	Fayetteville-Manlius (Modified Boys Volleyball- (GREEN)	5:00 PM		FM HS House 1 Gym		L
Feb 8, 2023	Wed	Practice	N/A	3:15 PM		FM HS House 1 Gym		

	WEEK	TYPE		START	END			LEAGUE
DATE	DAY	TYPE	OPPONENTS	TIME	TIME	LOCATION	TRANSPORTATION	/ NON- LEAGUE
Feb 9, 2023	Thu		@ Cicero-North Syracuse (CNS 7/8 Blue)	4:30 PM	6:30 PM	Roxboro Middle School Gym	Departure Point: House 1 Departure Time: 3:30 PM	L
Feb 10, 2023	Fri	Practice	N/A	3:45 PM		FM - Wellwood MS - Gym		
Feb 13, 2023	Mon	Practice	N/A	3:15 PM		FM HS House 1 Gym		
Feb 14, 2023	Tue	Practice	N/A	3:15 PM		FM HS House 1 Gym		
Feb 15, 2023	Wed		@ Cicero-North Syracuse (CNS 7/8 White)	4:30 PM	6:30 PM	Roxboro Middle School Gym	Departure Point: House 1 Departure Time: 3:30 PM	L
Feb 16, 2023	Thu	Regular Season	Liverpool (BLUE)	5:00 PM		FM-Eagle Hill MS - Gym		L
Feb 27, 2023	Mon	Practice	N/A	4:00 PM		FM HS House 2 Gym		
Feb 28, 2023	Tue	Practice	N/A	4:00 PM		FM HS House 1 Gym		
Mar 1, 2023	Wed	Regular Season	@ Jamesville-Dewitt (RED)	5:00 PM	7:00 PM	JD MS Main Gym	Departure Point: House 1 Departure Time: 3:45 PM	L
Mar 2, 2023	Thu	Practice	N/A	4:00 PM		FM - Wellwood MS - Gym		
Mar 3, 2023	Fri	Regular Season	@ Jamesville-Dewitt (WHITE)	5:00 PM	7:00 PM	JD HS Main Gym		L
Mar 6, 2023	Mon	Practice	N/A	4:00 PM		FM HS House 2 Gym		
Mar 7, 2023	Tue	Regular Season	Baldwinsville	5:00 PM		FM-Eagle Hill MS - Gym		L
Mar 8, 2023	Wed	Practice	N/A	4:00 PM		FM HS House 2 Gym		
Mar 9, 2023	Thu	Practice	N/A	4:00 PM		FM HS House 2 Gym		
Mar 10, 2023	Fri	Regular Season	@ Chittenango	4:30 PM		Bolivar Rd Elem- Gym	Departure Point: House 1 Departure Time: 3:30 PM	L
Mar 13, 2023	Mon	Practice	N/A	3:30 PM		FM - Wellwood MS - Gym		
POSTPONED Mar 14, 2023	Tue	Regular Season	Henninger (Huntington)	5:00 PM		FM-Eagle Hill MS - Gym		L
Mar 15, 2023	Wed	Regular Season	Fayetteville-Manlius (Modified Boys Volleyball- (GREEN)	4:30 PM		FM HS House 1 Gym		L

Date: 2024-04-26