

## Coaches:

• Brent Ostrander, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 5, 2018	Mon	Practice (Practice)	N/A	3:30 PM	5:30 PM	FM HS Aux Gym		
Nov 6, 2018	Tue	Practice (Practice)	N/A	3:30 PM	5:30 PM	FM HS Aux Gym		
Nov 7, 2018	Wed	Practice (Practice)	N/A	3:30 PM	5:30 PM	FM HS Aux Gym		
Nov 8, 2018	Thu	Practice (Practice)	N/A	3:30 PM	5:30 PM	FM HS Aux Gym		
Nov 9, 2018	Fri	Practice (Practice)	N/A	3:30 PM	5:30 PM	FM HS Aux Gym		
Nov 10, 2018	Sat	Practice (Practice)	N/A	8:00 AM	11:00 AM	FM HS Aux Gym		
Nov 12, 2018	Mon	Practice (Practice)	N/A	3:30 PM	5:30 PM	FM HS Aux Gym		
Nov 13, 2018	Tue	Practice (Practice)	N/A	3:30 PM	5:30 PM	FM HS Aux Gym		
Nov 14, 2018	Wed	Practice (Practice)	N/A	3:30 PM	5:30 PM	FM HS Aux Gym		
Nov 15, 2018	Thu	Practice (Practice)	N/A	3:30 PM	5:30 PM	FM HS Aux Gym		
Nov 16, 2018	Fri	Practice (Practice)	N/A	3:30 PM	5:30 PM	FM HS Aux Gym		
Nov 20, 2018	Tue	Practice (Practice)	N/A	3:30 PM	5:30 PM	FM HS Aux Gym		
Nov 21, 2018	Wed	Practice (Practice)	N/A	8:00 AM	10:00 AM	FM HS Aux Gym		
Nov 28, 2018	Wed	Regular Season	@ East Syracuse Minoa	6:00 PM	9:00 PM	ESM High School - Gym 2	Departure Point: FMHS HS 1 Departure Time: 4:30 PM	NL
Dec 3, 2018	Mon	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS Aux Gym		
Dec 3, 2018	Mon	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS Aux Gym		
Dec 4, 2018	Tue	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS Aux Gym		
Dec 5, 2018	Wed	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS Aux Gym		
Dec 6, 2018	Thu	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS Aux Gym		
Dec 8, 2018	Sat	Regular Season (Blindmen's JV Wrestling Tournament)	@ Cicero- North Syracuse	7:00 AM		CNS HS-Main Gym	Departure Point: FMHS 1 Departure Time: 6:30 AM	NL
Dec 10, 2018	Mon	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS Aux Gym		
Dec 11, 2018	Tue	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS Aux Gym		
Dec 13, 2018	Thu	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS Aux Gym		
Dec 14, 2018	Fri	Regular Season (Phoenix JV Tournament)	@ Phoenix	3:00 PM		JCB Gym	Departure Point: FMHS 1 Departure Time: 2:30 PM	NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 17, 2018	Mon	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS Aux Gym		
Dec 18, 2018	Tue	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS Aux Gym		
Dec 19, 2018	Wed	Regular Season	@ Henninger (Syracuse City)	6:00 PM		Henninger H S	Departure Point: FMHS HS 1 Departure Time: 4:30 PM	L
Dec 20, 2018	Thu	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS Aux Gym		
Dec 21, 2018	Fri	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS Aux Gym		
Jan 2, 2019	Wed	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS Aux Gym		
Jan 3, 2019	Thu	Regular Season	@ Baldwinsville	6:00 PM	7:00 PM	Bville - Baker Gym 1&2	Departure Point: FMHS HS 1 Departure Time: 3:45 PM	L
Jan 4, 2019	Fri	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS Aux Gym		
Jan 7, 2019	Mon	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS Aux Gym		
Jan 8, 2019	Tue	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS Aux Gym		
Jan 9, 2019	Wed	Regular Season	@ Cicero- North Syracuse	6:00 PM	6:40 PM	CNS HS-Main Gym	Departure Point: FMHS HS 1 Return Date: Return Time: 4:30 PM	L
Jan 10, 2019	Thu	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS Aux Gym		
Jan 11, 2019	Fri	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS Aux Gym		
Jan 12, 2019	Sat	Regular Season (Cazenovia Invitational Wrestling Tournament)	@ Cazenovia	7:00 AM		Cazenovia Middle School Gym	<b>Departure Point:</b> FMHS 1 <b>Departure Time:</b> 6:45 AM	NL
Jan 14, 2019	Mon	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS Aux Gym		
Jan 15, 2019	Tue	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS Aux Gym		
Jan 16, 2019	Wed	Regular Season	West Genesee	6:00 PM		FM HS House 1 Gym		L
Jan 17, 2019	Thu	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS Aux Gym		
Jan 18, 2019	Fri	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS Aux Gym		
Jan 21, 2019	Mon	Practice (Practice)	N/A	8:00 AM	10:00 AM	FM HS Aux Gym		
Jan 22, 2019	Tue	Regular Season	Mexico	6:00 PM		FM HS House 1 Gym		NL
Jan 24, 2019	Thu	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS Aux Gym		
Jan 25, 2019	Fri	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS Aux Gym		
Jan 30, 2019	Wed	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS Aux Gym		
POSTPONED Jan 31, 2019	Thu	Regular Season	Jamesville- Dewitt (JD/CBA)	7:00 PM		FM HS House 1 Gym		L

DATE	WEE! DAY	<sup>К</sup> ТҮРЕ	OPPONENTS	START TIME	TEND TIME	LOCATION	LEAGUE TRANSPORTATION / NON- LEAGUE
Feb 1, 2019	Fri	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS Aux Gvm	

Date: 2024-05-21