Coaches:



• Brent Ostrander, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LEAGUE LOCATION TRANSPORTATION / NON- LEAGUE
Nov 13, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	FM HS House 2 Gym
Nov 14, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym
Nov 15, 2023	Wed	Practice	N/A	3:00 PM	5:30 PM	FM HS House 2 Gym
Nov 16, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym
Nov 17, 2023	Fri	Practice	N/A	3:00 PM	5:30 PM	FM HS House 2 Gym
Nov 20, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym
Nov 21, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym
Nov 22, 2023	Wed	Practice	N/A	8:00 AM	10:00 AM	Gym
Nov 24, 2023	Fri	Practice	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym
Nov 25, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	Gym
Nov 27, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym
Nov 28, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym
Nov 29, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym
Nov 30, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym
Dec 1, 2023	Fri	Practice	N/A	3:30 PM	5:00 PM	FM HS House 2 Gym
Dec 4, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym
Dec 5, 2023	Tue	Practice	N/A	3:00 PM	5:30 PM	FM HS House 2 Gym
Dec 7, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 8, 2023	Fri	Regular Season (Phoenix JV Scramble Tournament)	@ TBD	TBD		TBD	Departure Point: House 1 Departure Time: 2:15 PM	L
Dec 11, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym		
Dec 12, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym		
Dec 14, 2023	Thu	Practice	N/A	3:00 PM	5:30 PM	FM HS House 2 Gym		
Dec 15, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym		
Dec 18, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym		
Dec 19, 2023	Tue	Practice	N/A	8:00 AM	10:00 AM	FM - Wellwood MS - Gym		
Dec 19, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Dec 20, 2023	Wed	Regular Season	@ Baldwinsville	6:00 PM	7:00 PM	Bville - Baker Gym 1&2	Departure Point: House 1 Departure Time: 4:30 PM	L
Dec 21, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Dec 22, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Dec 28, 2023	Thu	Practice	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
Jan 2, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Jan 3, 2024	Wed	Regular Season	West Genesee	6:00 PM		FM HS House 2 Gym		L
Jan 8, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Jan 9, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Jan 11, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Jan 12, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Jan 17, 2024	Wed	Regular Season	@ Cicero-North Syracuse	5:00 PM	5:45 PM	NSJHS Main Gym	Departure Point: House 1 Departure Time: 3:15 PM	L

DATE	WEEH DAY	^{<} түре	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 20, 2024	Sat	Regular Season (Tim Moore Dual Invitational)	Cicero-North Syracuse, Phoenix, Carthage @ Fulton	9:00 AM	6:30 PM	Bodley H S	Departure Point: House 1 Departure Time: 6:30 AM	NL
Jan 20, 2024	Sat	Regular Season (Fulton Match)	TBD	TBD		TBD	Departure Point: House 1 Departure Time: 6:30 AM	L

Date: 2024-05-03