

Coaches:

• Eric Wood, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 13, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	FM HS House 2 Gym		
Nov 14, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym		
Nov 15, 2023	Wed	Practice	N/A	3:00 PM	5:30 PM	FM HS House 2 Gym		
Nov 16, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym		
Nov 17, 2023	Fri	Practice	N/A	3:00 PM	5:30 PM	FM HS House 2 Gym		
Nov 18, 2023	Sat	Practice (Weight Certs)	N/A	8:00 AM	2:00 PM	FM HS House 1 Gym		
Nov 20, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym		
Nov 21, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Nov 22, 2023	Wed	Practice	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
Nov 24, 2023	Fri	Practice	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
Nov 25, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
Nov 27, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym		
Nov 28, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym		
Nov 29, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Nov 30, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Dec 1, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Dec 4, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym		
Dec 5, 2023	Tue	Practice	N/A	3:00 PM	5:30 PM	FM HS House 2 Gym		
Dec 6, 2023	Wed	Regular Season	Liverpool	6:00 PM	8:00 PM	FM HS House 2 Gym		L
Dec 7, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym		
Dec 8, 2023	Fri	Practice	N/A	3:00 PM	5:30 PM	FM HS House 2 Gym		
Dec 11, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym		
Dec 12, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym		
Dec 13, 2023	Wed	Regular Season	Jamesville-Dewitt (JD/CBA/Solvay)	6:00 PM	8:00 PM	FM HS House 2 Gym	Departure Point: House 1	NL
Dec 14, 2023	Thu	Practice	N/A	3:00 PM	5:30 PM	FM HS House 2 Gym		
Dec 15, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym		

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Dec 16, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
Dec 18, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym		
Dec 19, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym		
Dec 21, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Dec 22, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Dec 23, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
Dec 26, 2023	Tue	Practice	N/A	8:00 AM	10:00 AM	FM - Wellwood MS - Gym		
Dec 27, 2023	Wed	Practice	N/A	8:00 AM	10:00 AM	FM - Wellwood MS - Gym		
Dec 27, 2023	Wed	Practice	N/A	8:00 AM	10:00 AM	FM - Wellwood MS - Gym		
Dec 28, 2023	Thu	Practice	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
Jan 2, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Jan 3, 2024	Wed	Regular Season	West Genesee	6:00 PM	8:00 PM	FM HS House 2 Gym	Departure Point: House 1	L
Jan 6, 2024	Sat	Regular Season (Hornet Duals)	Phoenix	7:30 AM		FM HS House 2 Gym		L
Jan 6, 2024	Sat	Regular Season (Hornet Duals)	Chittenango, Hannibal	8:00 AM	4:00 PM	FM HS House 2 Gym, FM HS House 1 Gym	Departure Point: House 1	NL
Jan 8, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Jan 9, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Jan 10, 2024	Wed	Regular Season	East Syracuse Minoa	6:00 PM	8:00 PM	FM HS House 2 Gym	Departure Point: House 1	L
Jan 11, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Jan 12, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Jan 15, 2024	Mon	Practice	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
Jan 16, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Jan 18, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
CANCELLED Jan 18, 2024	Thu	Regular Season (Dual Meet)	Adirondack	6:00 PM	8:00 PM	FM HS House 2 Gym		NL
Jan 19, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Jan 22, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Jan 24, 2024	Wed	Regular Season	Jordan-Elbridge (Port Byron/Union Springs/Jordan- Elbridge/Cato- Meridian)	6:00 PM	8:00 PM	FM HS House 2 Gym		L
Jan 25, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		

DATE	WEE! DAY	⁽ TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 29, 2024	Mon	Practice	N/A	3:00 PM	4:15 PM	FM HS House 2 Gym		
Jan 30, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Jan 31, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Feb 1, 2024	Thu	Practice	N/A	3:00 PM	4:15 PM	FM HS House 2 Gym		
Feb 2, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Feb 10, 2024	Sat	Post-Season (Section III Championships)	TBD	8:00 AM		SRC Arena at OCC Campus	Departure Point: House 1 Departure Time: 7:15 AM	NL

Date: 2024-05-03