

Coaches:

• Eric Wood, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 13, 2023	Mon	Practice	N/A	3:30 PM	5:30 PM	FM HS House 2 Gym		
Nov 14, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym		
Nov 15, 2023	Wed	Practice	N/A	3:00 PM	5:30 PM	FM HS House 2 Gym		
Nov 16, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym		
Nov 17, 2023	Fri	Practice	N/A	3:00 PM	5:30 PM	FM HS House 2 Gym		
Nov 18, 2023	Sat	Practice (Weight Certs)	N/A	8:00 AM	2:00 PM	FM HS House 1 Gym		
Nov 20, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym		
Nov 21, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Nov 22, 2023	Wed	Practice	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
Nov 24, 2023	Fri	Practice	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
Nov 25, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
Nov 27, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym		
Nov 28, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym		
Nov 29, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Nov 30, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Dec 1, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Dec 4, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym		
Dec 5, 2023	Tue	Practice	N/A	3:00 PM	5:30 PM	FM HS House 2 Gym		
Dec 6, 2023	Wed	Regular Season	Liverpool	6:00 PM	8:00 PM	FM HS House 2 Gym		L
Dec 7, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym		
Dec 8, 2023	Fri	Practice	N/A	3:00 PM	5:30 PM	FM HS House 2 Gym		
Dec 9, 2023	Sat	Regular Season (Dixon Duals)	TBD, South Lewis, Canastota, Cortland, Hannibal, Fabius- Pompey (Southern Hills) @ Central Square	9:00 AM		CS: Paul V. Moore Gymnasium	Departure Point: House 1 Departure Time: 6:30 AM	L

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Dec 9, 2023	Sat	Regular Season	Altmar-Parish- Williamstown (APW/Pulaski), Auburn, Baldwinsville, Cazenovia, Grand Island, Holland Patent, Mexico, New Hartford, Palmyra- Macedon, Oswego, Rush Henrietta, Whitesboro, Vernon- Verona-Sherrill, Union-Endicott, Syracuse City (Syracuse City) @ Phoenix	9:00 AM	5:00 PM	JCB Gym	Departure Point: House 1 Departure Time: 6:30 AM	NL
Dec 11, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym		
Dec 12, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym		
Dec 13, 2023	Wed	Regular Season	Jamesville-Dewitt (JD/CBA/Solvay)	6:00 PM	8:00 PM	FM HS House 2 Gym	Departure Point: House 1	NL
Dec 14, 2023	Thu	Practice	N/A	3:00 PM	5:30 PM	FM HS House 2 Gym		
Dec 15, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym		
Dec 16, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
Dec 18, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym		
Dec 19, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym		
Dec 20, 2023	Wed	Regular Season	@ Baldwinsville	7:00 PM	9:00 PM	Bville - Baker Gym 1&2	Departure Point: House 1 Departure Time: 4:30 PM	L
Dec 21, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Dec 22, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Dec 23, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
Dec 26, 2023	Tue	Practice	N/A	8:00 AM	10:00 AM	FM - Wellwood MS - Gym		
Dec 27, 2023	Wed	Practice	N/A	8:00 AM	10:00 AM	FM - Wellwood MS - Gym		
Dec 27, 2023	Wed	Practice	N/A	8:00 AM	10:00 AM	FM - Wellwood MS - Gym		
Dec 28, 2023	Thu	Practice	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
Jan 2, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Jan 3, 2024	Wed	Regular Season	West Genesee	6:00 PM	8:00 PM	FM HS House 2 Gym	Departure Point: House 1	L
Jan 6, 2024	Sat	Regular Season (Hornet Duals)	Phoenix	7:30 AM		FM HS House 2 Gym		L

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Jan 6, 2024	Sat	Regular Season (Hornet Duals)	Chittenango, Hannibal	8:00 AM	4:00 PM	FM HS House 2 Gym, FM HS House 1 Gym	Departure Point: House 1	NL
Jan 8, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Jan 9, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Jan 10, 2024	Wed	Regular Season	East Syracuse Minoa	6:00 PM	8:00 PM	FM HS House 2 Gym	Departure Point: House 1	L
Jan 11, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Jan 12, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Jan 13, 2024	Sat	Meet (Cazenovia Wrestling Invitational)	Vs. Multiple	9:30 AM	7:00 PM	Cazenovia HS Buckley Gym	Departure Point: House 1 Departure Time: 6:45 AM	NL
Jan 15, 2024	Mon	Practice	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
Jan 16, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Jan 17, 2024	Wed	Regular Season	@ Cicero-North Syracuse	6:00 PM	9:00 PM	NSJHS Main Gym	Departure Point: House 1 Departure Time: 3:15 PM	L
Jan 18, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
CANCELLED Jan 18, 2024	Thu	Regular Season (Dual Meet)	Adirondack	6:00 PM	8:00 PM	FM HS House 2 Gym		NL
Jan 19, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Jan 20, 2024	Sat	Regular Season (Dames and Devils Wrestling Tournament)	Niskayuna High School, Hadley- Luzerne (Coed), Maple Hill, Holland Patent, Hoosick Falls, TBD, Christian Brothers Academy, Albany, Pawling, Cairo-Durham, Liberty, Tamarac, Watervliet @ Columbia High School	AM	6:00 PM	Columbia H.S.	Departure Point: House 1 Departure Time: 5:15 AM	NL
Jan 22, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Jan 24, 2024	Wed	Regular Season	Jordan-Elbridge (Port Byron/Union Springs/Jordan- Elbridge/Cato- Meridian)	6:00 PM	8:00 PM	FM HS House 2 Gym		L
Jan 25, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Jan 29, 2024	Mon	Practice	N/A	3:00 PM	4:15 PM	FM HS House 2 Gym		
Jan 30, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Jan 31, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Feb 1, 2024	Thu	Practice	N/A	3:00 PM	4:15 PM	FM HS House 2 Gym		

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Feb 2, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Feb 10, 2024	Sat	Post-Season (Section III Championships)	TBD	8:00 AM		SRC Arena at OCC Campus	Departure Point: House 1 Departure Time: 7:15 AM	NL

Date: 2024-05-08