



Fayetteville-Manlius

(G) V Winter Track

Coaches:

- William Aris, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 15, 2021	Mon	Practice	N/A	3:30 PM	5:30 PM	TBD		
Nov 16, 2021	Tue	Practice	N/A	3:30 PM	5:30 PM	TBD		
Nov 17, 2021	Wed	Practice	N/A	3:30 PM	4:30 PM	TBD		
Nov 18, 2021	Thu	Practice	N/A	3:30 PM	5:30 PM	TBD		
Nov 19, 2021	Fri	Practice	N/A	3:30 PM	5:30 PM	TBD		
Nov 22, 2021	Mon	Practice	N/A	3:30 PM	5:30 PM	FM Cross Country		
Nov 23, 2021	Tue	Practice	N/A	3:30 PM	5:30 PM	FM Cross Country		
Nov 24, 2021	Wed	Practice	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
CANCELLED Nov 26, 2021	Fri	Practice	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
Nov 27, 2021	Sat	Practice	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
Nov 29, 2021	Mon	Practice	N/A	3:30 PM	5:30 PM	FM HS House 2 Gym		
Nov 30, 2021	Tue	Practice	N/A	3:30 PM	5:30 PM	FM Cross Country		
Dec 1, 2021	Wed	Practice	N/A	3:30 PM	4:30 PM	FM HS House 2 Gym		
Dec 3, 2021	Fri	Regular Season (Mohawk Valley Team Relays)	TBD	4:30 PM	10:00 PM	Utica College	Departure Point: House 1 Departure Time: 2:15 PM	L
Dec 6, 2021	Mon	Practice	N/A	3:15 PM	5:15 PM	FM HS House 2 Gym		
Dec 7, 2021	Tue	Practice	N/A	3:30 PM	5:30 PM	TBD		
Dec 8, 2021	Wed	Regular Season (Oscar B Jensen Relays)	TBD	4:00 PM	9:00 PM	SRC Arena at OCC Campus	Departure Point: House 1 Departure Time: 2:15 PM	L
Dec 9, 2021	Thu	Practice	N/A	3:30 PM	5:30 PM	TBD		
Dec 10, 2021	Fri	Practice	N/A	3:30 PM	5:30 PM	TBD		
Dec 11, 2021	Sat	Practice	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
Dec 13, 2021	Mon	Practice	N/A	3:30 PM	5:30 PM	TBD		
Dec 14, 2021	Tue	Practice	N/A	3:30 PM	5:30 PM	TBD		
Dec 15, 2021	Wed	Practice	N/A	3:30 PM	4:30 PM	TBD		
Dec 16, 2021	Thu	Practice	N/A	3:30 PM	5:30 PM	TBD		

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Dec 17, 2021	Fri	Practice	N/A	3:15 PM	5:15 PM	FM HS House 2 Gym		
Dec 18, 2021	Sat	Regular Season (George Constantino Memorial)	TBD	9:00 AM	2:00 PM	SRC Arena at OCC Campus	Departure Point: House 1 Departure Time: 7:15 AM	L
Dec 20, 2021	Mon	Practice	N/A	3:30 PM	5:30 PM	TBD		
Dec 21, 2021	Tue	Practice	N/A	3:30 PM	5:30 PM	TBD		
Dec 22, 2021	Wed	Practice	N/A	3:30 PM	5:30 PM	TBD		
Dec 23, 2021	Thu	Practice	N/A	3:30 PM	5:30 PM	TBD		
Dec 27, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Dec 28, 2021	Tue	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Dec 29, 2021	Wed	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Dec 30, 2021	Thu	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Dec 31, 2021	Fri	Practice	N/A	3:00 PM	5:00 PM	FM HS House 2 Gym		
Jan 7, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym		
Jan 8, 2022	Sat	Regular Season (John Arcaro Memorial)	TBD	9:00 AM	2:00 PM	SRC Arena at OCC Campus	Departure Point: House 1 Departure Time: 7:15 AM	L
Jan 12, 2022	Wed	Practice	N/A	4:30 PM	6:00 PM	FM HS House 2 Gym		
Jan 13, 2022	Thu	Practice	N/A	4:30 PM	6:00 PM	FM HS House 2 Gym		
Jan 14, 2022	Fri	Practice	N/A	4:30 PM	6:00 PM	FM HS House 2 Gym		
Jan 15, 2022	Sat	Regular Season (Fred Kirschenheiter Memorial)	TBD	3:00 PM	7:00 PM	SRC Arena at OCC Campus	Departure Point: House 1 Departure Time: 1:00 PM	L
Jan 17, 2022	Mon	Practice	N/A	7:00 AM	9:00 AM	FM HS House 2 Gym		
Jan 21, 2022	Fri	Practice	N/A	5:15 PM	7:15 PM	FM HS House 2 Gym		
Jan 22, 2022	Sat	Regular Season (Bob Grieve Memorial)	TBD	9:00 AM	2:00 PM	SRC Arena at OCC Campus	Departure Point: House 1 Departure Time: 7:15 AM	L
Jan 24, 2022	Mon	Practice	N/A	3:15 PM	4:30 PM	FM HS House 2 Gym		
Jan 25, 2022	Tue	Practice	N/A	3:15 PM	4:45 PM	FM HS House 2 Gym		
Jan 27, 2022	Thu	Post-Season (League Championship)	TBD	4:00 PM	9:30 PM	SRC Arena at OCC Campus	Departure Point: House 1 Departure Time: 2:15 PM	L
Jan 28, 2022	Fri	Practice	N/A	3:15 PM	4:45 PM	FM HS House 2 Gym		
Feb 2, 2022	Wed	Practice	N/A	3:15 PM	5:15 PM	FM HS House 2 Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 2, 2022	Wed	Regular Season (Sectional Championships)	TBD	4:00 PM	8:30 PM	SRC Arena at OCC Campus	Departure Point: House 1 Departure Time: 2:15 PM	L
Feb 8, 2022	Tue	Practice	N/A	4:30 PM	6:30 PM	FM HS House 2 Gym		
Feb 11, 2022	Fri	Practice	N/A	3:15 PM	5:15 PM	FM HS House 2 Gym		
Feb 16, 2022	Wed	Regular Season	TBD	4:00 PM	8:30 PM	SRC Arena at OCC Campus	Departure Point: House 1 Departure Time: 2:15 PM	L

Date: 2024-05-08