



Fayetteville-Manlius

(G) V Winter Track

Coaches:

- William Aris, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 19, 2019	Tue	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS House 2 Gym		
Nov 21, 2019	Thu	Practice (Practice)	N/A	3:15 PM	4:30 PM	FM HS House 2 Gym		
Nov 23, 2019	Sat	Practice (Practice)	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
Nov 25, 2019	Mon	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS House 2 Gym		
Nov 27, 2019	Wed	Practice (Practice)	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
Nov 29, 2019	Fri	Practice (Practice)	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
Nov 30, 2019	Sat	Practice (Practice)	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
Dec 5, 2019	Thu	Regular Season (Jack Morse Kickoff Meet)	TBD	4:30 PM	10:00 PM	SRC Arena at OCC Campus	Departure Point: FMHS 1 Departure Time: 2:30 PM	L
Dec 10, 2019	Tue	Practice (Practice)	N/A	3:15 PM	4:30 PM	FM HS House 2 Gym		
Dec 12, 2019	Thu	Practice (Practice)	N/A	3:15 PM	4:30 PM	FM HS House 2 Gym		
Dec 14, 2019	Sat	Practice (Practice)	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
Dec 14, 2019	Sat	Regular Season (Oscar B. Jensen Relays)	TBD	9:00 AM	2:00 PM	SRC Arena at OCC Campus	Departure Point: FMHS 1 Departure Time: 7:00 AM	L
Dec 17, 2019	Tue	Practice (Practice)	N/A	3:00 PM	4:30 PM	FM HS House 2 Gym		
Dec 20, 2019	Fri	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS House 2 Gym		
Dec 21, 2019	Sat	Practice (Practice)	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
Dec 21, 2019	Sat	Regular Season (George Constantino Memorial Meet)	TBD	9:00 AM	2:00 PM	SRC Arena at OCC Campus	Departure Point: FMHS 1 Departure Time: 7:00 AM	L
Dec 23, 2019	Mon	Practice (Practice)	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
Dec 24, 2019	Tue	Practice (Practice)	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
Dec 26, 2019	Thu	Practice (Practice)	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
Dec 27, 2019	Fri	Practice (Practice)	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
Dec 28, 2019	Sat	Practice (Practice)	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
Dec 30, 2019	Mon	Practice (Practice)	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
Dec 31, 2019	Tue	Practice (Practice)	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
Jan 2, 2020	Thu	Practice (Practice)	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		

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Jan 3, 2020	Fri	Practice (Practice)	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
Jan 4, 2020	Sat	Regular Season (John Arcaro Memorial Meet)	TBD	3:00 PM	7:00 PM	SRC Arena at OCC Campus	Departure Point: FMHS 1 Departure Time: 1:00 PM	L
Jan 6, 2020	Mon	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS House 2 Gym		
Jan 7, 2020	Tue	Practice (Practice)	N/A	3:15 PM	4:30 PM	FM HS House 2 Gym		
Jan 8, 2020	Wed	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS House 2 Gym		
Jan 9, 2020	Thu	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS House 2 Gym		
Jan 10, 2020	Fri	Regular Season (Mohawk Valley Meet)	TBD	4:30 PM	10:00 PM	Utica College	Departure Point: FMHS 1 Departure Time: 2:30 PM	L
Jan 13, 2020	Mon	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS House 2 Gym		
Jan 14, 2020	Tue	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS House 2 Gym		
Jan 15, 2020	Wed	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS House 2 Gym		
Jan 18, 2020	Sat	Regular Season (Bob Grieve Memorial Meet)	TBD	9:00 AM	2:00 PM	SRC Arena at OCC Campus	Departure Point: FMHS 1 Departure Time: 7:00 AM	L
Jan 20, 2020	Mon	Practice (Practice)	N/A	8:00 AM	10:00 AM	FM HS House 2 Gym		
Jan 22, 2020	Wed	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS House 2 Gym		
Jan 24, 2020	Fri	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS House 2 Gym		
Jan 27, 2020	Mon	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS House 2 Gym		
Jan 28, 2020	Tue	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS House 2 Gym		
Jan 30, 2020	Thu	Regular Season (SCAC League Championships)	TBD	4:30 PM	9:30 PM	SRC Arena at OCC Campus	Departure Point: FMHS 1 Departure Time: 2:30 PM	L
Jan 31, 2020	Fri	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS House 2 Gym		
Feb 3, 2020	Mon	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS House 2 Gym		
Feb 4, 2020	Tue	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS House 2 Gym		
Feb 5, 2020	Wed	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS House 2 Gym		
Feb 6, 2020	Thu	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS House 2 Gym		
Feb 7, 2020	Fri	Regular Season (Sectional Championships)	TBD	4:00 PM	8:30 PM	SRC Arena at OCC Campus	Departure Point: FMHS 1 Departure Time: 2:30 PM	NL
Feb 11, 2020	Tue	Practice (Practice)	N/A	3:15 PM	4:30 PM	FM HS House 2 Gym		
Feb 12, 2020	Wed	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS House 2 Gym		

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Feb 14, 2020	Fri	Practice (Practice)	N/A	3:15 PM	5:15 PM	FM HS House 2 Gym		
Feb 25, 2020	Tue	Regular Season (Section III State Qualifier)	TBD	4:30 PM	8:30 PM	SRC Arena at OCC Campus	Departure Point: FMHS 1 Departure Time: 2:30 PM	L
Mar 7, 2020	Sat	Regular Season (NYSPHSAA State Championships)	TBD	9:00 AM	5:00 PM	Ocean Breeze - Staten Island, NY		L

Date: 2025-12-24