

## Coaches:

- Kelly Palider, Head Coach
- Kendra Pierrot, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 18, 2021	Thu	Practice	N/A	3:30 PM	5:30 PM	FMHS Cafeteria		
Nov 20, 2021	Sat	Practice	N/A	11:00 AM	1:00 PM	FMHS Cafeteria		
Nov 22, 2021	Mon	Practice	N/A	6:30 PM	8:00 PM	FMHS Cafeteria		
Nov 27, 2021	Sat	Practice	N/A	11:00 AM	1:00 PM	FMHS Cafeteria		
Nov 29, 2021	Mon	Practice	N/A	6:30 PM	8:00 PM	FMHS Cafeteria		
Nov 30, 2021	Tue	Regular Season (Boys Basketball- Home)	TBD	6:15 PM		FM HS House 1 Gym		L
Dec 1, 2021	Wed	Practice	N/A	3:15 PM	5:15 PM	FMHS Cafeteria		
Dec 2, 2021	Thu	Practice	N/A	3:30 PM	5:30 PM	FMHS Cafeteria		
Dec 4, 2021	Sat	Practice	N/A	11:00 AM	1:30 PM	FMHS Cafeteria		
Dec 6, 2021	Mon	Practice	N/A	6:30 PM	8:00 PM	FMHS Cafeteria		
Dec 8, 2021	Wed	Practice	N/A	3:15 PM	5:15 PM	FMHS Cafeteria		
Dec 10, 2021	Fri	Practice	N/A	3:30 PM	5:30 PM	FMHS Cafeteria		
Dec 11, 2021	Sat	Regular Season (Boys Basketball-Away)	TBD	10:00 AM		TBD		L
Dec 13, 2021	Mon	Practice	N/A	6:30 PM	8:00 PM	FMHS Cafeteria		
Dec 15, 2021	Wed	Practice	N/A	3:15 PM	5:15 PM			
Dec 16, 2021	Thu	Practice	N/A	3:30 PM	5:30 PM	FMHS Cafeteria		
Dec 18, 2021	Sat	Practice	N/A	11:00 AM	1:30 PM	FMHS Cafeteria		
Dec 20, 2021	Mon	Practice	N/A	6:30 PM	8:00 PM	FMHS Cafeteria		
Dec 22, 2021	Wed	Practice	N/A	3:15 PM	5:15 PM	FMHS Cafeteria		
Dec 23, 2021	Thu	Regular Season (Girls Basketball- Home)	TBD	5:15 PM		FM HS House 1 Gym		L
Dec 27, 2021	Mon	Practice	N/A	6:30 PM	8:00 PM	FMHS Cafeteria		
Dec 30, 2021	Thu	Practice	N/A	3:30 PM	5:30 PM	FMHS Cafeteria		
Jan 3, 2022	Mon	Practice	N/A	6:30 PM	8:00 PM	FMHS Cafeteria		
Jan 5, 2022	Wed	Practice	N/A	3:15 PM	5:15 PM	FMHS Cafeteria		

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Jan 6, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	FMHS Cafeteria		
Jan 7, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	FMHS Cafeteria		
Jan 8, 2022	Sat	Practice	N/A	11:00 AM	1:30 PM	FMHS Cafeteria		
Jan 10, 2022	Mon	Practice	N/A	6:30 PM	8:00 PM	FMHS Cafeteria		
Jan 12, 2022	Wed	Practice	N/A	3:15 PM	5:15 PM	FMHS Cafeteria		
Jan 13, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	FMHS Cafeteria		
Jan 14, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	FMHS Cafeteria		
Jan 14, 2022	Fri	Regular Season (Girls Basketball Home)	TBD	6:15 PM		TBD		L
Jan 15, 2022	Sat	Practice	N/A	11:00 AM	1:30 PM	FMHS Cafeteria		
Jan 17, 2022	Mon	Practice	N/A	6:30 PM	8:00 PM	FMHS Cafeteria		
Jan 19, 2022	Wed	Practice	N/A	3:15 PM	5:15 PM	FMHS Cafeteria		
Jan 19, 2022	Wed	Regular Season (SCAC Cheer)	Cicero-North Syracuse (Winter), Baldwinsville (WINTER), West Genesee (Winter), Fulton, Jamesville- Dewitt (Winter), Oswego (Winter Cheer) @ Liverpool (Winter Cheer)	5:00 PM	9:00 PM	LIVERPOOL HS MAIN GYMNASIUM		L
Jan 20, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	FMHS Cafeteria		
Jan 21, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	FMHS Cafeteria		
Jan 22, 2022	Sat	Practice	N/A	11:00 AM	1:30 PM	FMHS Cafeteria		
Jan 24, 2022	Mon	Practice	N/A	6:30 PM	8:30 PM	FMHS Cafeteria		
Jan 26, 2022	Wed	Practice	N/A	3:15 PM	5:15 PM	FMHS Cafeteria		
Jan 26, 2022	Wed	Regular Season (Cheer Competition)	TBD	TBD		TBD		L
Jan 27, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	FMHS Cafeteria		
Jan 28, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	FMHS Cafeteria		
Jan 29, 2022	Sat	Regular Season (Competition)	Fulton	TBD		Fulton HS Turtle Back	Departure Point: House 1 Departure Time: 6:30 AM	L
Jan 31, 2022	Mon	Practice	N/A	6:30 PM	8:00 PM	FMHS Cafeteria		
Feb 2, 2022	Wed	Practice	N/A	3:15 PM	5:15 PM	FMHS Cafeteria		
Feb 3, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	FMHS Cafeteria		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Feb 4, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	FMHS Cafeteria		
Feb 5, 2022	Sat	Practice	N/A	9:00 AM	10:30 AM	FMHS Cafeteria		
Feb 5, 2022	Sat	Regular Season (Cheer Competitiion)	West Genesee (Winter)	TBD		WG-HS Upper Gym	Departure Point: House 1 Departure Time: 10:30 AM	L
Feb 7, 2022	Mon	Practice	N/A	6:30 PM	8:00 PM	FMHS Cafeteria		
Feb 9, 2022	Wed	Practice	N/A	3:15 PM	5:15 PM	FMHS Cafeteria		
Feb 10, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	FMHS Cafeteria		
Feb 11, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	FMHS Cafeteria		
Feb 12, 2022	Sat	Post-Season (Cheer-leading Sectionals)	Chittenango (Winter), Phoenix, West Genesee (Winter), Indian River (Winter), Watertown (Winter), Oswego (Winter Cheer), Sandy Creek, West Canada Valley (Winter), Cazenovia (Competitive), Belleville Henderson, Cicero-North Syracuse (Winter), Hannibal (Winter), Dolgeville (Winter), Mexico (Winter), Fulton, East Syracuse Minoa (Winter), Poland, South Jefferson (Winter), Jamesville- Dewitt (Winter) @ Oriskany (Winter)	7:00 AM	6:00 PM	Davis Gym @ High School	Departure Point: House 1 Departure Time: 11:00 AM	L

Date: 2024-05-04