

Coaches:

• Nicole Kelly, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 14, 2022	Mon	Practice	N/A	5:15 PM	7:00 PM	FM HS House 2 Gym		
Nov 15, 2022	Tue	Practice	N/A	3:15 PM	4:30 PM	FM HS House 2 Gym		
Nov 16, 2022	Wed	Practice	N/A	5:15 PM	7:00 PM	FM HS House 2 Gym		
Nov 17, 2022	Thu	Practice	N/A	3:15 PM	5:15 PM	FM HS House 2 Gym		
Nov 18, 2022	Fri	Practice	N/A	3:15 PM	5:15 PM	FM HS House 1 Gym		
Nov 19, 2022	Sat	Practice	N/A	12:45 PM	2:30 PM	FM HS House 2 Gym		
Nov 21, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	FM HS House 1 Gym		
Nov 22, 2022	Tue	Scrimmage	Westhill	3:30 PM		FM HS House 2 Gym		NL
Nov 23, 2022	Wed	Practice	N/A	8:00 AM	10:00 AM	FM HS House 1 Gym		
Nov 25, 2022	Fri	Practice	N/A	4:00 PM	6:00 PM	FM HS House 2 Gym		
Nov 26, 2022	Sat	Regular Season	@ Bishop Grimes	11:00 AM		Bishop Grimes Main Gym	Departure Point: House 1 Departure Time: 10:15 AM	L
Nov 28, 2022	Mon	Practice	N/A	5:00 PM	6:45 PM	FM HS House 2 Gym		
Nov 29, 2022	Tue	Regular Season	Nottingham	5:30 PM	7:15 PM	FM HS House 1 Gym		L
Nov 30, 2022	Wed	Scrimmage	Cortland	5:00 PM	6:30 PM	FM HS House 1 Gym		NL
Dec 1, 2022	Thu	Practice	N/A	3:15 PM	5:15 PM	FM HS House 1 Gym		
Dec 2, 2022	Fri	Practice	N/A	3:15 PM	5:00 PM	FM HS House 1 Gym		
Dec 3, 2022	Sat	Practice	N/A	8:00 AM	10:00 AM	FM HS House 1 Gym		
Dec 5, 2022	Mon	Practice	N/A	3:15 PM	4:30 PM	FM HS House 2 Gym		
Dec 6, 2022	Tue	Regular Season	@ Jamesville- Dewitt	5:00 PM		JD HS Main Gym	Departure Point: House 1 Departure Time: 4:15 PM	NL
Dec 7, 2022	Wed	Practice	N/A	3:15 PM	5:15 PM	FM HS House 2 Gym		
Dec 8, 2022	Thu	Practice	N/A	3:15 PM	4:45 PM	FM HS House 2 Gym		
Dec 9, 2022	Fri	Practice	N/A	3:15 PM	5:00 PM	FM HS House 1 Gym		
Dec 10, 2022	Sat	Practice	N/A	10:00 AM	12:00 PM	FM HS House 2 Gym		
Dec 12, 2022	Mon	Practice (Half Gym)	N/A	3:15 PM	5:00 PM	FM HS House 1 Gym		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 13, 2022	Tue	Regular Season	Chittenango	5:30 PM	7:00 PM	FM HS House 1 Gym		L
Dec 14, 2022	Wed	Practice (Half Gym)	N/A	3:15 PM	5:00 PM	FM HS House 1 Gym		
Dec 15, 2022	Thu	Practice (Half Gym)	N/A	3:15 PM	5:00 PM	FM HS House 1 Gym		
POSTPONED Dec 16, 2022	Fri	Practice	N/A	5:00 PM	6:30 PM	FM HS House 2 Gym		
Dec 17, 2022	Sat	Regular Season	@ East Syracuse Minoa	9:00 AM		ESM High School - Gym 1	Departure Point: House 1 Departure Time: 7:45 AM	L
Dec 19, 2022	Mon	Practice	N/A	3:15 PM	5:15 PM	FM HS House 1 Gym		
Dec 20, 2022	Tue	Regular Season	Liverpool	5:30 PM	6:30 PM	FM HS House 1 Gym	Departure Point: House 1 Departure Time: 3:45 PM	L
Dec 21, 2022	Wed	Practice	N/A	3:15 PM	5:15 PM	FM HS House 1 Gym		
Dec 22, 2022	Thu	Regular Season	Henninger	5:30 PM	6:30 PM	FM HS House 1 Gym		L
POSTPONED Dec 23, 2022	Fri	Practice	N/A	4:45 PM	6:00 PM	FM HS House 2 Gym		
Dec 26, 2022	Mon	Practice	N/A	12:00 PM	2:00 PM	FM HS House 2 Gym		
Dec 27, 2022	Tue	Practice	N/A	12:00 PM	2:00 PM	FM HS House 2 Gym		
Dec 28, 2022	Wed	Practice	N/A	12:00 PM	2:00 PM	FM HS House 2 Gym		
Dec 29, 2022	Thu	Regular Season (More Than a Game Holiday Basketball Tournament) 45-29 W	Indian River	1:45 PM		Bishop Grimes High School	Departure Point: House 1 Departure Time: 12:45 PM	L
Dec 30, 2022	Fri	Regular Season (Bishop Grimes Tournament)	@ TBD	TBD		Bishop Grimes Main Gym	Departure Point: House 1 Departure Time: 2:30 PM	L
Jan 3, 2023	Tue	Regular Season	@ Nottingham	5:30 PM	6:45 PM	Nottingham High School (Gym)	Departure Point: House 1 Departure Time: 4:20 PM	L
Jan 4, 2023	Wed	Practice	N/A	3:15 PM	5:15 PM	FM HS House 1 Gym		
Jan 5, 2023	Thu	Regular Season (PINK OUT)	Cicero-North Syracuse	5:30 PM	7:00 PM	FM HS House 1 Gym		L
Jan 6, 2023	Fri	Practice	N/A	3:15 PM	4:30 PM	FM HS House 1 Gym		
Jan 7, 2023	Sat	Practice	N/A	8:00 AM	9:30 AM	FM - Wellwood MS - Gym		
Jan 10, 2023	Tue	Regular Season	@ West Genesee	5:00 PM	6:30 PM	WG-HS Upper Gym	Departure Point: House 1 Departure Time: 3:30 PM	L
Jan 13, 2023	Fri	Practice	N/A	4:45 PM	6:15 PM	FM HS House 2 Gym		
Jan 14, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	FM HS House 1 Gym		
Jan 17, 2023	Tue	Regular Season	Baldwinsville	5:30 PM	7:00 PM	FM HS House 1 Gym		L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 18, 2023	Wed	Regular Season	@ Oneida	5:00 PM		Fariel Gym	Departure Point: House 1 Departure Time: 3:45 PM	L
Jan 19, 2023	Thu	Practice	N/A	5:00 PM	6:30 PM	FM HS House 1 Gym		
Jan 20, 2023	Fri	Regular Season	@ Liverpool	5:00 PM	6:30 PM	LIVERPOOL HS MAIN GYMNASIUM	Departure Point: House 1 Departure Time: 3:30 PM	L
Jan 21, 2023	Sat	Practice	N/A	10:00 AM	12:00 PM	FM HS House 1 Gym		
Jan 23, 2023	Mon	Practice	N/A	4:45 PM	6:15 PM	FM HS House 1 Gym		
Jan 24, 2023	Tue	Regular Season	Utica Proctor	5:30 PM		FM HS House 2 Gym		L
POSTPONED Jan 25, 2023	Wed	Practice	N/A	4:45 PM	6:15 PM	FM HS House 1 Gym		
Jan 26, 2023	Thu	Practice	N/A	3:00 PM	4:45 PM	FM HS House 1 Gym		
Jan 27, 2023	Fri	Regular Season	@ Henninger	5:00 PM	6:30 PM	Henninger H S	Departure Point: House 1 Departure Time: 3:45 PM	L
Jan 30, 2023	Mon	Practice	N/A	5:00 PM	6:30 PM	FM HS House 1 Gym		
Jan 31, 2023	Tue	Regular Season	@ ChristianBrothersAcademy,Dewitt	5:30 PM		John F. Lynch Gym	Departure Point: House 1 Departure Time: 4:15 PM	NL
Feb 1, 2023	Wed	Practice	N/A	3:15 PM	4:30 PM	FM HS House 2 Gym		
Feb 2, 2023	Thu	Regular Season	@ Cicero-North Syracuse	5:00 PM	6:15 PM	CNS HS-Main Gym	Departure Point: House 1 Departure Time: 3:30 PM	L
Feb 4, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	FM HS House 1 Gym		
Feb 6, 2023	Mon	Practice	N/A	4:45 PM	6:15 PM	FM HS House 1 Gym		
Feb 7, 2023	Tue	Practice	N/A	4:45 PM	6:15 PM	FM HS House 2 Gym		
Feb 8, 2023	Wed	Regular Season	West Genesee	5:30 PM	6:45 PM	FM HS House 1 Gym		L
Feb 9, 2023	Thu	Practice	N/A	3:15 PM	4:45 PM	FM HS House 1 Gym		
Feb 10, 2023	Fri	Practice	N/A	5:00 PM	6:30 PM	FM HS House 2 Gym		
Feb 11, 2023	Sat	Regular Season	@ Baldwinsville	10:00 AM	11:30 AM	Bville - Baker Gym 1&2	Departure Point: House 1 Departure Time: 8:45 AM	L

Date: 2024-04-19