

Coaches:

• Nicole Kelly, Head Coach

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|---------------------|----------------------|---------------|-------------|------------------------------|--|----------------------------|
| Nov 18, 2019 | Mon | Practice (Practice) | N/A | 3:15 PM | 5:15 PM | FM HS House 1 Gym | | |
| Nov 19, 2019 | Tue | Practice (Practice) | N/A | 3:15 PM | 5:15 PM | FM HS House 1 Gym | | |
| Nov 20, 2019 | Wed | Practice (Practice) | N/A | 3:15 PM | 5:15 PM | FM HS House 1 Gym | | |
| Nov 21, 2019 | Thu | Practice (Practice) | N/A | 3:15 PM | 5:15 PM | FM HS House 1 Gym | | |
| Nov 22, 2019 | Fri | Practice (Practice) | N/A | 3:15 PM | 5:15 PM | FM HS House 1 Gym | | |
| Nov 23, 2019 | Sat | Practice (Practice) | N/A | 12:00 PM | 2:00 PM | FM HS House 2 Gym | | |
| Nov 25, 2019 | Mon | Scrimmage | @ Westhill | 3:30 PM | | Cherry Road School | Departure Point: FMHS HS 1 Departure Time: 2:30 PM | NL |
| Nov 26, 2019 | Tue | Practice (Practice) | N/A | 3:15 PM | 5:15 PM | FM HS House 1 Gym | | |
| Nov 27, 2019 | Wed | Practice (Practice) | N/A | 8:00 AM | 10:00 AM | FM HS House 1 Gym | | |
| Nov 29, 2019 | Fri | Practice (Practice) | N/A | 2:00 PM | 4:00 PM | FM HS House 2 Gym | | |
| Nov 30, 2019 | Sat | Scrimmage | @ Bishop Grimes | 11:00 AM | 1:00 PM | Bishop Grimes Sheehan Gym | Departure Point: FMHS HS 1 Departure Time: 10:15 AM | L |
| Dec 2, 2019 | Mon | Practice (Practice) | N/A | 3:15 PM | 5:15 PM | FM HS House 1 Gym | | |
| Dec 3, 2019 | Tue | Regular Season | Henninger | 5:30 PM | | FM HS House 1 Gym | | L |
| Dec 4, 2019 | Wed | Practice (Practice) | N/A | 3:15 PM | 5:15 PM | FM HS House 1 Gym | | |
| Dec 5, 2019 | Thu | Regular Season | Rome Free Academy | 5:30 PM | | FM HS House 1 Gym | | L |
| Dec 6, 2019 | Fri | Practice (Practice) | N/A | 3:00 PM | 4:30 PM | FM HS House 1 Gym | | |
| Dec 7, 2019 | Sat | Practice (Practice) | N/A | 10:00 AM | 12:00 PM | FM HS House 1 Gym | | |
| Dec 9, 2019 | Mon | Practice (Practice) | N/A | 3:15 PM | 5:15 PM | FM HS House 1 Gym | | |
| Dec 10, 2019 | Tue | Regular Season | @ Utica Proctor | 5:30 PM | 6:55 PM | PHS Main Gym | Departure Point: FMHS HS 1 Departure Time: 3:30 PM | NL |
| Dec 11, 2019 | Wed | Practice (Practice) | N/A | 3:00 PM | 4:30 PM | FM HS House 1 Gym | | |
| Dec 12, 2019 | Thu | Practice (Practice) | N/A | 3:15 PM | 4:30 PM | FM HS House 1 Gym | | |
| Dec 14, 2019 | Sat | Practice (Practice) | N/A | 10:00 AM | 12:00 PM | FM HS House 1 Gym | | |
| Dec 16, 2019 | Mon | Practice (Practice) | N/A | 3:15 PM | 5:15 PM | FM HS House 1 Gym | | |
| Dec 18, 2019 | Wed | Practice (Practice) | N/A | 3:15 PM | 5:15 PM | FM HS House 1 Gym | | |

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| Dec 19, 2019 | Thu | Regular Season | Liverpool | 5:30 PM | | FM HS House 1 Gym | | L |
| Dec 20, 2019 | Fri | Practice (Practice) | N/A | 3:15 PM | 5:15 PM | FM HS House 1 Gym | | |
| Dec 23, 2019 | Mon | Practice (Practice) | N/A | 8:00 AM | 10:00 AM | FM HS House 1 Gym | | |
| Dec 26, 2019 | Thu | Practice (Practice) | N/A | 4:00 PM | 6:00 PM | FM HS House 1 Gym | | |
| Dec 27, 2019 | Fri | Practice (Practice) | N/A | 8:00 AM | 10:00 AM | FM HS House 1 Gym | | |
| Dec 28, 2019 | Sat | Regular Season (More than a Game Foundation Tournament) 29-26 W | Ithaca | 11:00 AM | | FM HS House 2 Gym | | NL |
| Dec 29, 2019 | Sun | Regular Season (More than a Game Foundation Tournament) | TBD | 6:00 PM | | SRC Arena at OCC Campus | Departure Point: FMHS HS 1 Departure Time: 4:30 PM | NL |
| Dec 30, 2019 | Mon | Practice (Practice) | N/A | 8:00 AM | AM | FM HS House 1 Gym | | |
| Dec 31, 2019 | Tue | Practice (Practice) | N/A | 8:00 AM | 10:00 AM | FM HS House 1 Gym | | |
| Jan 2, 2020 | Thu | Regular Season | @ Baldwinsville | 12:00 PM | 1:30 PM | Bville - Baker Gym 1&2 | Departure Point: FMHS HS 1 Departure Time: 3:30 PM | L |
| Jan 2, 2020 | Thu | Practice (Practice) | N/A | 4:00 PM | 6:00 PM | FM HS House 1 Gym | | |
| Jan 3, 2020 | Fri | Practice (Practice) | N/A | 8:00 AM | 10:00 AM | FM HS House 1 Gym | | |
| Jan 4, 2020 | Sat | Practice (Practice) | N/A | 8:00 AM | 10:00 AM | FM HS House 1 Gym | | |
| Jan 6, 2020 | Mon | Practice (Practice) | N/A | 5:15 PM | 7:15 PM | FM HS House 1 Gym | | |
| Jan 7, 2020 | Tue | Regular Season | Cicero-North Syracuse | 5:30 PM | | FM HS House 1 Gym | | L |
| Jan 8, 2020 | Wed | Practice (Practice) | N/A | 5:15 PM | 7:15 PM | FM HS House 1 Gym | | |
| Jan 9, 2020 | Thu | Practice (Practice) | N/A | 5:15 PM | 7:15 PM | FM HS House 1 Gym | | |
| Jan 10, 2020 | Fri | Practice (Practice) | N/A | 3:15 PM | 5:15 PM | FM HS House 2 Gym | | |
| Jan 11, 2020 | Sat | Regular Season | @ West Genesee | 11:00 AM | 12:30 PM | WG-HS Lower Gym | Departure Point: FMHS HS 1 Departure Time: 9:45 AM | L |
| Jan 13, 2020 | Mon | Practice (Practice) | N/A | 5:15 PM | 7:15 PM | FM HS House 1 Gym | | |
| Jan 14, 2020 | Tue | Regular Season | @ Nottingham | 5:30 PM | 7:50 PM | Nottingham High School (Gym) | Departure Point: FMHS HS 1 Departure Time: 4:15 PM | L |
| Jan 15, 2020 | Wed | Practice (Practice) | N/A | 3:15 PM | 5:15 PM | FM HS House 1 Gym | | |
| Jan 16, 2020 | Thu | Practice (Practice) | N/A | 3:15 PM | 5:15 PM | FM HS House 1 Gym | | |
| Jan 17, 2020 | Fri | Regular Season | @ Henninger | 5:00 PM | | Henninger H S | Departure Point: FMHS HS 1 Departure Time: 3:30 PM | L |

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| Jan 20, 2020 | Mon | Practice (Practice) | N/A | 10:00 AM | 12:00 PM | FM HS House 1 Gym | | |
| Jan 21, 2020 | Tue | Regular Season | @ TBD | 5:30 PM | | Corcoran HS Reinman Rd. Entrance | Departure Point: FMHS HS 1 Departure Time: 3:45 PM | L |
| Jan 22, 2020 | Wed | Practice (Practice) | N/A | 3:15 PM | 5:15 PM | FM HS House 1 Gym | | |
| Jan 23, 2020 | Thu | Practice (Practice) | N/A | 3:15 PM | 5:15 PM | FM HS House 1 Gym | | |
| Jan 24, 2020 | Fri | Regular Season | Baldwinsville | 5:30 PM | | FM HS House 1 Gym | | L |
| Jan 25, 2020 | Sat | Practice (Practice) | N/A | 8:00 AM | 10:00 AM | FM HS House 1 Gym | | |
| Jan 25, 2020 | Sat | Practice (Practice) | N/A | 8:00 AM | 10:00 AM | FM HS House 1 Gym | | |
| Jan 27, 2020 | Mon | Practice (Practice) | N/A | 5:15 PM | 7:15 PM | FM HS House 1 Gym | | |
| Jan 28, 2020 | Tue | Regular Season | @ Liverpool | 4:30 PM | | LIVERPOOL MS GYM | Departure Point: FMHS HS 1, EH Departure Time: 2:45 PM | L |
| Jan 29, 2020 | Wed | Practice (Practice) | N/A | 3:15 PM | 5:15 PM | FM HS House 2 Gym | | |
| Jan 30, 2020 | Thu | Practice (Practice) | N/A | 3:15 PM | 5:15 PM | FM HS House 1 Gym | | |
| Jan 31, 2020 | Fri | Regular Season | TBD | 5:30 PM | | FM HS House 1 Gym | | L |
| Feb 1, 2020 | Sat | Practice (Practice) | N/A | 8:00 AM | 9:30 AM | FM HS House 1 Gym | | |
| Feb 3, 2020 | Mon | Practice (Practice) | N/A | 5:15 PM | 7:15 PM | FM HS House 1 Gym | | |
| Feb 4, 2020 | Tue | Regular Season | @ Cicero- North Syracuse | 5:00 PM | 6:20 PM | CNS HS-Main Gym | Departure Point: FMHS HS 1 Departure Time: 3:30 PM | L |
| Feb 5, 2020 | Wed | Practice (Practice) | N/A | 5:15 PM | 7:15 PM | FM HS House 1 Gym | | |
| Feb 6, 2020 | Thu | Regular Season | West Genesee | 5:30 PM | | FM HS House 1 Gym | | L |
| Feb 10, 2020 | Mon | Practice (Practice) | N/A | 5:15 PM | 7:15 PM | FM HS House 1 Gym | | |
| Feb 11, 2020 | Tue | Regular Season | Nottingham | 5:30 PM | | FM HS House 1 Gym | | L |
| Feb 12, 2020 | Wed | Practice (Practice) | N/A | 7:15 PM | 9:15 PM | FM HS House 1 Gym | | |
| Feb 13, 2020 | Thu | Regular Season | @ Chittenango | 5:00 PM | 6:15 PM | Chittenango HS- Large Gym | Departure Point: FMHS HS 1 Departure Time: 3:45 PM | NL |

Date: 2024-04-29