

Coaches:

- William Aris, Head Coach
- Kyle Brazeil, Asst Coach
- Sean Mulvihill, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar 17, 2025	Mon	Practice	N/A	3:15 PM	5:30 PM	FM HS Track			
Mar 18, 2025	Tue	Practice	N/A	3:15 PM	5:30 PM	FM HS Track			
Mar 19, 2025	Wed	Practice	N/A	3:15 PM	5:30 PM	FM HS Track			
Mar 20, 2025	Thu	Practice	N/A	3:15 PM	5:30 PM	FM HS Track			
Mar 21, 2025	Fri	Practice	N/A	3:15 PM	5:30 PM	FM HS Track			
Mar 22, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	FM HS Track			
Mar 24, 2025	Mon	Practice (Track)	N/A	3:15 PM	5:30 PM	FM HS Track			
Mar 25, 2025	Tue	Practice (Track)	N/A	3:15 PM	5:30 PM	FM HS Track			
Mar 26, 2025	Wed	Practice (Track)	N/A	3:15 PM	5:30 PM	FM HS Track			
Mar 27, 2025	Thu	Practice (Track)	N/A	3:15 PM	5:30 PM	FM HS Track			
Mar 28, 2025	Fri	Practice (Track)	N/A	3:15 PM	5:30 PM	FM HS Track			
Mar 29, 2025	Sat	Practice (Track)	N/A	8:00 AM	10:00 AM	FM HS Track			
Apr 1, 2025	Tue	Practice	N/A	3:15 PM	5:30 PM	FM HS Track			
Apr 2, 2025	Wed	Practice	N/A	3:15 PM	5:30 PM	FM HS Track			
Apr 3, 2025	Thu	Practice	N/A	3:15 PM	5:30 PM	FM HS Track			
Apr 4, 2025	Fri	Practice	N/A	3:15 PM	5:30 PM	FM HS Track			
Apr 5, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	FM HS Track			
Apr 7, 2025	Mon	Practice	N/A	3:15 PM	5:30 PM	FM HS Track			
Apr 8, 2025	Tue	Practice	N/A	3:15 PM	5:30 PM	FM HS Track			
Apr 10, 2025	Thu	Practice	N/A	3:15 PM	5:30 PM	FM HS Track			
Apr 11, 2025	Fri	Practice	N/A	3:15 PM	5:30 PM	FM HS Track			
Apr 12, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	FM HS Track			
Apr 14, 2025	Mon	Regular Season	@ Cicero- North Syracuse	11:00 AM	1:00 PM	CNS HS- Bragman Stadium	Bus/Driver: FMCSD	Departure Point: House 1 Departure Time: 9:00 AM	L
Apr 15, 2025	Tue	Practice	N/A	8:00 AM	10:00 AM	FM HS Track			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
POSTPONED Apr 16, 2025	Wed	Regular Season	Liverpool, Fowler, Auburn @ Jamesville- Dewitt	4:30 PM		JD HS Stadium		L
Apr 17, 2025	Thu	Practice	N/A	8:00 AM	10:00 AM	FM HS Track		
Apr 21, 2025	Mon	Practice	N/A	3:15 PM	5:00 PM	FM HS Track		
Apr 21, 2025	Mon	Practice	N/A	3:15 PM	5:00 PM	FM HS Track		
Apr 22, 2025	Tue	Practice	N/A	3:15 PM	5:00 PM	FM HS Track		
Apr 22, 2025	Tue	Practice	N/A	3:15 PM	5:00 PM	FM HS Track		
Apr 23, 2025	Wed	Regular Season (Senior Night)	@ Oswego	4:30 PM	8:45 PM	Oswego Middle School Stadium		L
Apr 24, 2025	Thu	Practice	N/A	3:15 PM	5:00 PM	FM HS Track		
Apr 24, 2025	Thu	Practice	N/A	3:15 PM	5:00 PM	FM HS Track		
Apr 26, 2025	Sat	Meet (Chittenango Invitational)	Vs. Multiple	11:00 AM	4:00 PM	Chittenango HS- Stadium, Chittenango HS-Multi Turf		NL
Apr 28, 2025	Mon	Practice	N/A	3:30 PM	5:30 PM	FM HS Track		
Apr 29, 2025	Tue	Practice	N/A	3:30 PM	4:30 PM	FM HS Track		
Apr 30, 2025	Wed	Regular Season	Corcoran, Fulton, West Genesee @ Central Square	4:30 PM		Central Square Turf/Stadium		L
May 1, 2025	Thu	Practice	N/A	3:30 PM	5:30 PM	FM HS Track		
May 2, 2025	Fri	Practice	N/A	3:30 PM	5:30 PM	FM HS Track		
May 7, 2025	Wed	Regular Season	Auburn, West Genesee, Henninger @ Baldwinsville	5:00 PM	8:00 PM	Bville - Baker P/A Stadium TRACK		L
May 9, 2025	Fri	Regular Season	@ TBD	4:00 PM	10:00 PM	Bville - Baker P/A Stadium TRACK	Departure Point: House 1	L

DATE	WEEK	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
May 15, 2025	Thu	Post-Season (SCAC Empire & Metro Championships)	East Syracuse Minoa, Fowler, Nottingham, Central Square, Fulton, Jamesville- Dewitt, Cicero-North Syracuse, Liverpool, Baldwinsville, Henninger, West Genesee, Auburn, Corcoran @ Oswego		8:45 PM	Oswego Middle School Stadium		NL

Date: 2025-12-24