Coaches:



Fayetteville-Manlius (B) 7/8TH Cross Country

• Ellen Keeney, Coach

• Marcus Pitts, Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 3, 2019	Tue	Practice (Practice)	N/A	3:45 PM	5:30 PM	TBD		
Sep 4, 2019	Wed	Practice (Practice)	N/A	3:45 PM	5:30 PM	TBD		
Sep 5, 2019	Thu	Practice (Practice)	N/A	3:45 PM	5:30 PM	TBD		
Sep 6, 2019	Fri	Practice (Practice)	N/A	3:45 PM	5:30 PM	TBD		
Sep 9, 2019	Mon	Practice (Practice)	N/A	3:45 PM	5:30 PM	FM - Green Lakes XC Trails	Departure Point: EH, WW Departure Time: 3:00 PM	
Sep 16, 2019	Mon	Practice (Practice)	N/A	3:45 PM	5:30 PM	FM - Green Lakes XC Trails	Departure Point: EH, WW Departure Time: 3:00 PM	
Sep 18, 2019	Wed	Regular Season	Nottingham @ Cicero- North Syracuse	5:00 PM		CNS-Oneida Shores	Departure Point: EH, WW Departure Time: 3:00 PM	L
Sep 21, 2019	Sat	Regular Season (Bville Invitational)	TBD	10:00 AM		TBD	Departure Point: FMHS HS 1 Departure Time: 8:00 AM	L
Sep 23, 2019	Mon	Practice (Practice)	N/A	3:45 PM	5:30 PM	FM - Green Lakes XC Trails	Departure Point: EH, WW Departure Time: 3:00 PM	
Sep 25, 2019	Wed	Regular Season	Liverpool @ Baldwinsville	5:30 PM	6:30 PM	Bville - Durgee Cross Country Trail	Departure Point: EH, WW Departure Time: 3:15 PM	L
Oct 2, 2019	Wed	Regular Season	West Genesee	4:30 PM		FM Cross Country		L
Oct 5, 2019	Sat	Regular Season (Cross Country Invitational)	Jamesville-Dewitt, Oneida, Altmar-Parish- Williamstown (APW Rebels), Corcoran (Syracuse West), Canastota, Utica Proctor (JFK/DMS), Cooperstown (Modified), Central Valley Academy, New Hartford, Westmoreland, Holland Patent, Vernon-Verona- Sherrill, Notre Dame, Utica @ Whitesboro	8:30 AM		Deerfield Town Wilderness Park	Departure Point: FMHS HS 1 Departure Time: 6:30 AM	NL
Oct 7, 2019	Mon	Practice (Practice)		3:45 PM	5:30 PM	FM - Green Lakes XC Trails	Departure Point: EH, WW Departure Time: 3:00 PM	
Oct 8, 2019	Tue	Regular Season	Henninger, Auburn, Fulton	4:30 PM		FM Cross Country		NL

DATE	WEEI DAY	^{<} түре	OPPONENTS	START TIME	END TIME		TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 17, 2019	Thu	Regular Season (SCAC mod meet	Cicero-North Syracuse, Baldwinsville, Henninger, Nottingham, West Genesee @ Liverpool	4:30 PM		Liverpool Long Branch Park	Departure Point: EH, WW Departure Time: 3:00 PM	L
Oct 21, 2019	Mon	Practice (Practice) N/A	3:45 PM	5:30 PM	FM - Green Lakes XC Trails	Departure Point: EH, WW Departure Time: 3:00 PM	
Oct 28, 2019	Mon	Practice (Practice) N/A	3:45 PM	5:30 PM	FM - Green Lakes XC Trails	Departure Point: EH, WW Departure Time: 3:00 PM	

Date: 2024-06-01