

Coaches:

• William Aris, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 23, 2021	Mon	Practice	N/A	8:00 AM	10:00 AM	Hornet Stadium		
Aug 23, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	FM - Green Lakes XC Trails		
Aug 24, 2021	Tue	Practice	N/A	8:00 AM	10:00 AM	Hornet Stadium		
Aug 24, 2021	Tue	Practice	N/A	3:00 PM	5:00 PM	FM HS Wellness Center		
Aug 25, 2021	Wed	Practice	N/A	8:00 AM	10:00 AM	Hornet Stadium		
POSTPONED Aug 25, 2021	Wed	Practice	N/A	3:00 PM	5:00 PM	FM - Green Lakes XC Trails		
Aug 26, 2021	Thu	Practice	N/A	8:00 AM	10:00 AM	Hornet Stadium		
CANCELLED Aug 26, 2021	Thu	Practice	N/A	3:00 PM	5:00 PM	FM - Green Lakes XC Trails		
Aug 27, 2021	Fri	Practice	N/A	8:00 AM	10:00 AM	Hornet Stadium		
Aug 27, 2021	Fri	Practice	N/A	3:00 PM	5:00 PM	FM HS Wellness Center		
Aug 28, 2021	Sat	Practice	N/A	8:00 AM	10:00 AM	FM - Green Lakes XC Trails		
Aug 30, 2021	Mon	Practice	N/A	8:00 AM	10:00 AM	Hornet Stadium		
Aug 30, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	FM - Green Lakes XC Trails		
Aug 31, 2021	Tue	Practice	N/A	8:00 AM	10:00 AM	Hornet Stadium		
Aug 31, 2021	Tue	Practice	N/A	3:00 PM	5:00 PM	FM HS Wellness Center		
Sep 1, 2021	Wed	Practice	N/A	3:00 AM	5:00 PM	FM - Green Lakes XC Trails		
Sep 1, 2021	Wed	Practice	N/A	8:00 AM	10:00 AM	Hornet Stadium		
Sep 2, 2021	Thu	Practice	N/A	3:00 AM	5:00 PM	FM - Green Lakes XC Trails		
Sep 2, 2021	Thu	Practice	N/A	8:00 AM	10:00 AM	Hornet Stadium		
Sep 3, 2021	Fri	Practice	N/A	8:00 AM	10:00 AM	Hornet Stadium		
Sep 3, 2021	Fri	Practice	N/A	3:00 PM	5:00 PM	FM HS Wellness Center		
Sep 4, 2021	Sat	Practice	N/A	8:00 AM	10:00 AM	FM - Green Lakes XC Trails		
Sep 6, 2021	Mon	Practice	N/A	8:00 AM	10:00 AM	FM - Green Lakes XC Trails		
Sep 7, 2021	Tue	Practice	N/A	7:00 PM	9:00 PM	Hornet Stadium		
Sep 8, 2021	Wed	Practice	N/A	3:15 PM	5:15 PM	FM Cross Country		
Sep 9, 2021	Thu	Practice	N/A	3:15 PM	5:15 PM	FM Cross Country		

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Sep 10, 2021	Fri	Regular Season (VVS Invitational)	Vernon-Verona- Sherrill	4:30 PM	5:30 PM	Cross Country Course	Departure Point: House 1 Departure Time: 3:00 PM	L
Sep 13, 2021	Mon	Practice	N/A	3:15 PM	5:15 PM	FM Cross Country		
Sep 14, 2021	Tue	Practice	N/A	3:15 PM	5:15 PM	FM Cross Country		
Sep 15, 2021	Wed	Regular Season	Central Square @ East Syracuse Minoa	5:00 PM		ESM Kirkville Rd. Field	Departure Point: House 1 Departure Time: 3:15 PM	NL
Sep 16, 2021	Thu	Practice	N/A	7:00 PM	9:00 PM	Hornet Stadium		
Sep 17, 2021	Fri	Practice	N/A	3:15 PM	5:15 PM	Hornet Stadium		
Sep 18, 2021	Sat	Regular Season (Chenango Invitational)	TBD	9:00 AM		FM Cross Country	Departure Point: House 1 Departure Time: 5:45 AM	L
Sep 20, 2021	Mon	Practice	N/A	3:15 PM	5:15 PM	FM - Green Lakes XC Trails	Departure Point: House 1 Departure Time: 2:30 PM	
Sep 21, 2021	Tue	Practice	N/A	3:15 PM	5:15 PM	Hornet Stadium		
Sep 22, 2021	Wed	Regular Season	Henninger (Henninger), Baldwinsville	5:00 PM	5:30 PM	FM Cross Country		L
Sep 23, 2021	Thu	Practice	N/A	3:15 PM	5:15 PM	Hornet Stadium		
Sep 24, 2021	Fri	Practice	N/A	3:15 PM	5:15 PM	Hornet Stadium		
Sep 27, 2021	Mon	Practice	N/A	3:15 PM	5:15 PM	FM - Green Lakes XC Trails	Departure Point: House 1 Departure Time: 2:30 PM	
Sep 28, 2021	Tue	Regular Season	West Genesee @ Cicero-North Syracuse	4:30 PM	4:50 PM	CNS-Oneida Shores- Arrowhead Lodge	Departure Point: House 1 Departure Time: 2:45 PM	L
Sep 29, 2021	Wed	Practice	N/A	3:15 PM	5:15 PM	Hornet Stadium		
Sep 30, 2021	Thu	Practice	N/A	3:15 PM	5:15 PM	Hornet Stadium		
Oct 1, 2021	Fri	Practice	N/A	3:15 PM	5:15 PM	Hornet Stadium		
Oct 4, 2021	Mon	Practice	N/A	3:15 PM	5:15 PM	FM - Green Lakes XC Trails	Departure Point: House 1 Departure Time: 2:30 PM	
Oct 5, 2021	Tue	Practice	N/A	3:15 PM	5:15 PM	Hornet Stadium		
Oct 6, 2021	Wed	Regular Season	Nottingham (Nottingham) @ Liverpool	5:00 PM		Liverpool Long Branch Park	Departure Point: House 1 Departure Time: 2:45 PM	L
Oct 7, 2021	Thu	Practice	N/A	3:15 PM	5:15 PM	Hornet Stadium		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 8, 2021	Fri	Meet (Chittenango Bears Twilight Invitational)	Vs. Multiple	4:00 PM	7:00 PM	Chittenango HS- XC Course, Chittenango HS- Stadium		NL
Oct 11, 2021	Mon	Practice	N/A	3:15 PM	5:15 PM	FM - Green Lakes XC Trails	Departure Point: House 1 Departure Time: 2:30 PM	
Oct 12, 2021	Tue	Practice	N/A	3:15 PM	5:15 PM	Hornet Stadium		
Oct 13, 2021	Wed	Practice	N/A	3:15 PM	5:15 PM	Hornet Stadium		
Oct 14, 2021	Thu	Practice	N/A	3:15 PM	5:15 PM	Hornet Stadium		
Oct 15, 2021	Fri	Practice	N/A	3:15 PM	5:15 PM	Hornet Stadium		
Oct 18, 2021	Mon	Practice	N/A	3:15 PM	5:15 PM	FM - Green Lakes XC Trails	Departure Point: House 1 Departure Time: 2:30 PM	
Oct 19, 2021	Tue	Practice	N/A	3:15 PM	5:15 PM	Hornet Stadium		
Oct 20, 2021	Wed	Regular Season (SCAC METRO LEAGUE CHAMPIONSHIPS)	Liverpool, Cicero- North Syracuse, Corcoran (Syracuse West), Nottingham (Nottingham), Henninger (Henninger), West Genesee @ Baldwinsville	4:00 PM	4:30 PM	Bville - Durgee Cross Country Trail	Departure Point: House 1 Departure Time: 2:15 PM	L
Oct 21, 2021	Thu	Practice	N/A	3:15 PM	5:15 PM	Hornet Stadium		
Oct 22, 2021	Fri	Practice	N/A	3:15 PM	5:15 PM	Hornet Stadium		
Oct 25, 2021	Mon	Practice	N/A	3:15 PM	5:15 PM	Hornet Stadium		
Oct 26, 2021	Tue	Practice	N/A	3:15 PM	5:15 PM	Hornet Stadium		
Oct 27, 2021	Wed	Practice	N/A	3:15 PM	5:15 PM	Hornet Stadium		
Oct 28, 2021	Thu	Practice	N/A	3:15 PM	5:15 PM	Hornet Stadium		
Oct 29, 2021	Fri	Practice	N/A	3:15 PM	5:15 PM	Hornet Stadium		
Nov 6, 2021	Sat	Post-Season	TBD	12:00 PM		TBD	Departure Point: House 1 Departure Time: 11:00 AM	L
Nov 13, 2021	Sat	Post-Season (NYSPHSAA State Champs)	TBD	9:00 AM		TBD	Departure Point: House 1 Departure Time: 6:00 AM	L
Nov 15, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	FM - Green Lakes XC Trails	Departure Point: House 1 Departure Time: 2:30 PM	
Nov 16, 2021	Tue	Practice	N/A	3:00 PM	5:00 PM	Hornet Stadium		

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Nov 17, 2021	Wed	Practice	N/A	3:00 PM	5:00 PM	Hornet Stadium		
Nov 18, 2021	Thu	Practice	N/A	3:00 PM	5:00 PM	Hornet Stadium		
Nov 19, 2021	Fri	Practice	N/A	3:00 PM	5:00 PM	Hornet Stadium		
Nov 20, 2021	Sat	Post-Season (NY Federation Championship)	TBD	12:15 PM		FM Cross Country	Departure Point: House 1 Departure Time: 6:00 AM	L

Date: 2025-12-13