

## Coaches:

• William Aris, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 17, 2017	Thu	Practice (Week 1)	N/A	8:30 AM	10:30 AM	Hornet Stadium		
Aug 18, 2017	Fri	Practice (Week 1)	N/A	8:30 AM	10:30 AM	Hornet Stadium		
Aug 18, 2017	Fri	Practice (Week 1)	N/A	3:00 PM	5:00 PM	FM - Green Lakes XC Trails		
Aug 19, 2017	Sat	Practice (Week 1)	N/A	8:30 AM	10:30 AM	Hornet Stadium		
Aug 21, 2017	Mon	Practice (Week 1)	N/A	8:30 AM	10:30 AM	Hornet Stadium		
Aug 22, 2017	Tue	Practice (Week 1)	N/A	8:30 AM	10:30 AM	Hornet Stadium		
Aug 23, 2017	Wed	Practice (Week 1)	N/A	8:30 AM	10:30 AM	Hornet Stadium		
Aug 24, 2017	Thu	Practice (Week 1)	N/A	8:30 AM	10:30 AM	Hornet Stadium		
Aug 25, 2017	Fri	Practice (Week 1)	N/A	8:30 AM	10:30 AM	Hornet Stadium		
Sep 6, 2017	Wed	Regular Season	Corcoran (Syracuse West) @ TBD	4:30 PM		TBD	Departure Point: FMHS HS 1 Departure Time: 2:30 PM	L
Sep 9, 2017	Sat	Regular Season (VVS Cross Country Invitational)	@ Vernon- Verona-Sherrill	9:00 AM		VVS MS Gym	Departure Point: FMHS HS 1 Departure Time: 6:00 AM	NL
Sep 11, 2017	Mon	Practice	N/A	3:00 PM		FM - Green Lakes XC Trails	Departure Point: FMHS HS 1 Departure Time: 2:30 PM	
Sep 13, 2017	Wed	Regular Season	Cicero-North Syracuse	4:30 PM		FM Cross Country		L
Sep 16, 2017	Sat	Regular Season (2017 Wayne Eagles Cross Country Invitational)	@ Wayne	9:00 AM		FM Cross Country		NL
Sep 18, 2017	Mon	Practice	N/A	3:00 PM		FM - Green Lakes XC Trails	Departure Point: FMHS HS 1 Departure Time: 2:30 PM	
Sep 20, 2017	Wed	Regular Season	@ West Genesee	4:30 PM		TBD	Departure Point: FMHS HS 1 Departure Time: 2:30 PM	L
Sep 25, 2017	Mon	Practice	N/A	3:00 PM		FM - Green Lakes XC Trails	Departure Point: FMHS HS 1 Departure Time: 2:30 PM	
Sep 27, 2017	Wed	Regular Season	Liverpool, Baldwinsville	4:30 PM		FM Cross Country		L
Oct 2, 2017	Mon	Practice	N/A	3:00 PM		FM - Green Lakes XC Trails	Departure Point: FMHS HS 1 Departure Time: 2:30 PM	

DATE	WEEK	TYPE	OPPONENTS	START	END	LOCATION	TRANSPORTATION	LEAGUE
DATE	DAY	TIPE	OPPONENTS	TIME	TIME	LOCATION	THANSPORTATION	LEAGUE
Oct 9, 2017	Mon	Practice	N/A	3:00 PM		FM - Green Lakes XC Trails	Departure Point: FMHS HS 1 Departure Time: 2:30 PM	
Oct 14, 2017	Sat	Regular Season (Manhattan Invitational)	@ TBD	8:00 AM		Van Cortland Park	<b>Departure Point:</b> FMHS HS 1	NL
Oct 16, 2017	Mon	Practice	N/A	3:00 PM		FM - Green Lakes XC Trails	Departure Point: FMHS HS 1 Departure Time: 2:30 PM	
Oct 18, 2017	Wed	Meet (SCAC Conference Championship)	Vs. Multiple	4:30 PM	7:30 PM	Bville - Durgee Cross Country Trail	Departure Point: FMHS HS 1 Departure Time: 2:30 PM	NL
Oct 23, 2017	Mon	Practice	N/A	3:00 PM		FM - Green Lakes XC Trails	Departure Point: FMHS HS 1 Departure Time: 2:30 PM	
Oct 30, 2017	Mon	Practice	N/A	3:00 PM		FM - Green Lakes XC Trails	Departure Point: FMHS HS 1 Departure Time: 2:30 PM	
Nov 4, 2017	Sat	Regular Season (Sectional Competition)	@ Vernon- Verona-Sherrill	10:00 AM		VVS Auditorium	Departure Point: FMHS HS 1 Departure Time: 9:00 AM	NL
Nov 11, 2017	Sat	Regular Season (State Competition)	@ Wayne	10:00 AM		Wayne HS	Departure Point: FMHS HS 1 Departure Time: 6:00 AM	NL
TBD		Practice (Week 1)	N/A	3:00 PM	5:00 PM	FM - Green Lakes XC Trails		

Date: 2025-12-25