

Tamarac

(G) V Winter Track

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Nov 25, 2019	Mon	Practice (to Averill Park)	N/A	TBD	TBD		Departure Time: 6:00 PM Return Date: Return Time: 8:30 PM
Dec 3, 2019	Tue	Practice (to Averill Park)	N/A	TBD	TBD		Departure Time: 6:00 PM Return Date: Return Time: 8:30 PM
Dec 8, 2019	Sun	Regular Season (League Meet 1F)	Albany Leadership Charter, Ballston Spa High School, TBD, Cohoes, Hoosic Valley, Maple Hill, Watervliet	1:45 PM	7:15 PM	Hudson Valley CC	Departure Time: 12:45 PM L
Dec 9, 2019	Mon	Practice	N/A	TBD		Averill Park	Departure Time: 6:00 PM
Dec 14, 2019	Sat	Regular Season (League Meet 2B)	Albany Academies, Catholic Central, Troy, Cobleskill-Richmondville, TBD, Greenwich, Ichabod Crane, Niskayuna High School, Saratoga Springs High School, Schuylerville, South Glens Falls	1:45 PM	7:15 PM	Union College	Departure Time: 12:15 PM L
Dec 16, 2019	Mon	Practice	N/A	TBD		Averill Park	Departure Time: 6:00 PM
Dec 23, 2019	Mon	Practice	N/A	TBD		Averill Park	Departure Time: 7:30 AM
CANCELLED Dec 27, 2019	Fri	Regular Season (League Meet 4C/D)	Albany High School, Hoosic Valley, Ballston Spa High School, TBD, Ichabod Crane, Guilderland High School, Saratoga Springs High School, Scotia-Glenville, Voorheesville, Watervliet	1:45 PM	6:00 PM	Union College	Departure Time: 12:15 PM L
Dec 29, 2019	Sun	Regular Season (Frank Dimasi Invitational)	@ TBD	9:45 AM	6:00 PM	Utica College	Departure Time: 6:00 AM NL
POSTPONED Jan 3, 2020	Fri	Regular Season (League Meet 5A)	Cohoes, Colonie High School, Academy of Holy Names, LaSalle Institute, Mohonasen, Schenectady High School (Winter Track), Schuylerville, Scotia-Glenville, Shenendehowa High School, Stillwater	8:00 AM	1:30 PM	Union College	Departure Time: 6:30 AM L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 5, 2020	Sun	Regular Season (Springfield Invitational)	@ TBD	9:45 AM	6:00 PM	Springfield College	Departure Time: 6:00 AM	NL
CANCELLED Jan 11, 2020	Sat	Regular Season (League Meet 5F)	Albany Academies, Berne-Knox-Westerlo, Cairo-Durham, Emma Willard, Greenwich, Hoosic Valley, Ichabod Crane, LaSalle Institute, Schenectady High School (Winter Track), South Glens Falls, Troy, Voorheesville, TBD	1:45 PM	7:15 PM	TBD		L
Jan 13, 2020	Mon	Practice	N/A	6:30 PM		Averill Park	Departure Time: 6:00 PM	
Jan 19, 2020	Sun	Regular Season (League Meet 6E)	Cairo-Durham, TBD, Guilderland High School, LaSalle Institute, Maple Hill, Saratoga Springs High School, Shaker High School, Stillwater	8:00 AM	1:30 PM	Hudson Valley Community College	Departure Time: 7:00 AM	L
Jan 27, 2020	Mon	Practice	N/A	6:30 PM	8:30 PM	Averill Park	Departure Time: 6:00 PM	
Feb 2, 2020	Sun	Regular Season (Wasaren League Championship)	@ TBD	8:00 AM	2:00 PM	University at Albany	Departure Time: 6:45 AM	L
Feb 3, 2020	Mon	Practice	N/A	6:30 PM	8:30 PM	Averill Park	Departure Time: 6:00 PM	
Feb 9, 2020	Sun	Regular Season (Frosh Championships)	@ TBD	8:00 AM		HVCC	Departure Time: 6:45 AM	L
Feb 10, 2020	Mon	Practice	N/A	6:30 PM	8:30 PM	Averill Park	Departure Time: 6:00 PM	
Feb 16, 2020	Sun	Regular Season (Sectional Championship)	@ TBD	2:30 PM	8:00 PM	University at Albany	Departure Time: 1:00 PM	L
Feb 23, 2020	Sun	Regular Season (State Qualifier Meet)	@ TBD	9:15 AM	2:30 PM	University at Albany	Departure Time: 7:15 AM	L
Mar 7, 2020	Sat	Regular Season (NYS Championship Meet (only for athletes that qualified at state qualifiers))	@ TBD	TBD		Ocean Breeze, Staten Island		L

Date: 2026-01-23