

Coaches:

• Kevin Emblidge, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 3, 2022	Sat	Regular Season (Ekiden)	Schenectady High School, Shaker High School, Queensbury, Rome Free Academy @ Niskayuna High School	9:30 AM	1:00 PM	Iroquois Middle School	Bus/Driver: Schuylerville School	Departure Time: 7:30 AM	L
Sep 14, 2022	Wed	Regular Season	Hudson Falls, South Glens Falls, Glens Falls	4:15 PM		Hudson Crossing Park			L
CANCELLED Sep 17, 2022	Sat	Regular Season (18th Annual Queensbury- Adirondack Cross Country Classic Invitational)	@ Queensbury	9:00 AM		Queensbury HS, Trails @ Elem. School	Bus/Driver: Schuylerville School	Departure Time: 7:15 AM	L
Sep 17, 2022	Sat	Regular Season (Queensbury Invitational)	Monroe- Woodbury, Ballston Spa High School, Niskayuna High School, Schenectady High School, South Glens Falls, Saratoga Springs High School, Coxsackie- Athens, Glens Falls, Granville (Granville- Whitehall- Hartford), Shaker High School, Roy C Ketcham/ Wappingers JHS, Remsen, Amsterdam, John Jay HS/ Van Wyck JHS, Colonie High School, Our Lady of Lourdes, Albany High School, Maple Hill, Chatham @ Queensbury	9:00 AM		Queensbury HS, Trails @ Elem. School	Bus/Driver: Schuylerville School	Departure Time: 7:15 AM	NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START END TIME TIME		DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 24, 2022	Sat	Regular Season (9th Annual South Glens Falls John Killian "K- DAWG" Memorial XC Invitational)	@ South Glens Falls	9:00 AM	Moreau Recreational Park	Bus/Driver: Schuylerville School	Departure Time: 7:15 AM	L
Sep 27, 2022	Tue	Regular Season	Hudson Falls, Glens Falls, TBD @ Queensbury	4:15 PM	Queensbury HS, Trails @ Elem. School	Bus/Driver: Schuylerville School	Departure Time: 3:10 PM	L
Oct 1, 2022	Sat	Regular Season (Grout Run Invitational)	Shaker High School @ Schenectady High School	9:00 AM	Central Park	Bus/Driver: Schuylerville School	Departure Time: 7:00 AM	NL
Oct 4, 2022	Tue	Regular Season	South Glens Falls, Queensbury @ Glens Falls	4:30 PM	Coles Woods	Bus/Driver: Schuylerville School	Departure Time: 3:00 PM	L
Oct 11, 2022	Tue	Regular Season	Queensbury, South Glens Falls @ Hudson Falls	4:30 PM	Hudson Falls HS	Bus/Driver: Schuylerville School	Departure Time: 3:00 PM	L
Oct 15, 2022	Sat	Regular Season (Burnt Hills Invy)	Niskayuna High School, Schenectady High School, South Glens Falls, Oneonta, Saratoga Springs High School, Granville (Granville- Whitehall- Hartford), Shaker High School, Guilderland High School, Ballston Spa High School, Queensbury, Colonie High School, Albany High School, Shenendehowa High School @ Burnt Hills- Ballston Lake HS	9:00 AM	Saratoga Spa State Park	Bus/Driver: Schuylerville School	Departure Time: 7:15 AM	L
Oct 24, 2022	Mon	Regular Season (Foothills XC Championship)	Amsterdam, Broadalbin- Perth, Glens Falls, Gloversville, Hudson Falls, South Glens Falls, Scotia- Glenville @ Queensbury	3:00 PM	Queensbury HS, Trails @ Elem. School	Bus/Driver: Schuylerville School	Departure Time: 1:00 PM	L
Nov 5, 2022	Sat	Post-Season (Sectionals)	@ Queensbury	1:00 PM	Queensbury MS	Bus/Driver: Schuylerville School	Departure Time: 8:30 AM	L

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Nov 12, 2022	Sat	Post-Season (State Championships)	@ Vernon- Verona-Sherrill	12:30 PM	Cross Country Course		L

Date: 2025-12-19