

## Coaches:

- Stephen Palmer, Head Coach
- Grant Gebo
- Jaymie Landon

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 21, 2024	Thu	Practice (Weight Certifications @ Shen)	N/A	6:00 PM		Auditorium		Departure Time: 4:30 PM Return Date: Return Time: 8:00 PM	
Nov 25, 2024	Mon	Practice	N/A	3:00 PM	3:55 PM	TBD			
Nov 29, 2024	Fri	Practice	N/A	2:00 PM	4:00 PM	TBD			
Dec 4, 2024	Wed	Regular Season (Hoosick Falls)	@ TBD	5:30 PM		HS Gym		Departure Time: 3:30 PM	L
Dec 8, 2024	Sun	Regular Season (Salem- Cambridge Round-Robin Invitational)	TBD	9:30 AM		Cambridge HS		<b>Departure Time:</b> 7:15 AM	NL
Dec 11, 2024	Wed	Regular Season (Tri- meet with Berlin)	@ Hadley-Luzerne	5:00 PM		Hadley- Luzerne Jr Sr High School Gym		<b>Departure Time:</b> 3:10 PM	L
Dec 18, 2024	Wed	Regular Season (Mech- Stillwater)	TBD	6:00 PM		Granville High School- Senior High Gym			NL
Dec 26, 2024	Thu	Practice	N/A	8:30 AM	10:00 PM	Wrestling Room			
Dec 27, 2024	Fri	Practice	N/A	8:30 AM	10:00 PM	Wrestling Room			
Dec 30, 2024	Mon	Regular Season (Coxsackie- Athens Tournament)	@ Coxsackie-Athens	9:00 AM		High School Gym		Departure Time: 5:30 AM Return Date: Return Time: 7:00 PM	NL
Jan 2, 2025	Thu	Practice	N/A	8:30 AM	10:00 PM	Wrestling Room			
Jan 3, 2025	Fri	Practice	N/A	9:00 AM	10:00 PM	Wrestling Room			
Jan 4, 2025	Sat	Regular Season (Kristie Stenglein- Davis Girls tournament)	Niskayuna High School (Niskayuna/Schenectady Girls Wrestling), Amsterdam, Schenectady High School (Niskayuna/Schenectady), Shaker High School Colonie High School	AM		Colonie High School PIT (Secondary Gymnasium)		<b>Departure Time:</b> 7:00 AM	NL
Jan 8, 2025	Wed	Regular Season	Salem (Salem- Cambridge)	5:55 PM		Whitehall Jr/Sr High School			L
Jan 13, 2025	Mon	Regular Season	Glens Falls, Burr and Burton Academy	6:00 PM		Granville High School- Senior High Gym			NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 16, 2025	Thu	Regular Season (Lansingburgh)	TBD	6:00 PM		Granville High School- Senior High Gym			NL
Jan 22, 2025	Wed	Regular Season	@ Guilderland High School	6:00 PM	7:00 PM	Guilderland High School East Gym	Bus/Driver: Whitehall	Departure Time: 2:30 PM	NL
Jan 23, 2025	Thu	Practice	N/A	3:00 PM	4:00 PM	Wrestling Room			
Jan 24, 2025	Fri	Practice	N/A	2:30 PM	3:45 PM	Wrestling Room			
Jan 26, 2025	Sun	Meet (Queen Bison Invitational)	Vs. Multiple	9:30 AM		Shaker High School- H Gym	Bus/Driver: Whitehall	<b>Departure Time:</b> 5:45 AM	NL
CANCELLED Jan 27, 2025	Mon	Practice	N/A	3:00 PM	4:00 PM	Wrestling Room			
Jan 28, 2025	Tue	Practice	N/A	3:00 PM	4:00 PM	Wrestling Room			
Jan 29, 2025	Wed	Practice	N/A	8:00 AM	10:00 AM	Wrestling Room			
Jan 30, 2025	Thu	Practice	N/A	3:00 PM	4:00 PM	Wrestling Room			
Feb 7, 2025	Fri	Regular Season (Division 2 Girls Championship)	@ TBD	4:30 PM		Mechanicville HS Gym		<b>Departure Time:</b> 2:00 PM	L
Feb 13, 2025	Thu	Post-Season	@ Burr and Burton Academy	6:00 PM	7:00 PM	Burr and Burton Academy		<b>Departure Time:</b> 4:00 PM	NL
Feb 17, 2025	Mon	Post-Season (Section 2 State Qualifier @ Guilderland HS)	Shenendehowa High School @ Guilderland High School	4:00 PM	9:00 PM	Guilderland High School West (Big) Gym		<b>Departure Time:</b> 12:30 PM	NL
Feb 18, 2025	Tue	Post-Season (Section 2 State Qualifier @ Guilderland HS)	Shenendehowa High School @ Guilderland High School	9:00 AM	5:00 PM	Guilderland High School East Gym		<b>Departure Time:</b> 6:00 AM	NL
Feb 27, 2025	Thu	Post-Season (NYS Finals)	@ TBD	TBD		MVP Arena			NL

Date: 2025-12-05