

Coaches:

- Stephen Palmer, Head Coach
- Grant Gebo
- Jaymie Landon

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 13, 2023	Mon	Practice (First Practice)	N/A	2:30 PM	4:00 PM	TBD		
Nov 18, 2023	Sat	Practice (Weight Certifications @ Shen)	N/A	TBD		TBD	Departure Time: 2:30 PM Return Date: Return Time: 6:00 PM	
Nov 24, 2023	Fri	Practice	N/A	1:00 PM	3:00 PM	TBD		
Dec 2, 2023	Sat	Practice	N/A	10:00 AM	12:00 PM	Wrestling Room		
Dec 3, 2023	Sun	Regular Season (LaSalle Round Robin)	@ TBD	9:00 AM		TBD	Departure Date: Dec 3, 2023 Departure Time: 6:45 AM Return Date: Dec 3, 2023 Return Time: 3:00 PM	NL
Dec 6, 2023	Wed	Regular Season	@ TBD	6:05 PM		Hadley- Luzerne Jr Sr High School Gym	Departure Time: 4:15 PM Return Date: Return Time: 8:30 PM	L
CANCELLED Dec 8, 2023	Fri	Regular Season	@ TBD	6:15 PM		TBD	Departure Time: 4:00 PM Return Date: Return Time: 9:00 PM	NL
Dec 10, 2023	Sun	Regular Season (RCS ROUND ROBIN WRESTLING TOURNAMENT)	@ TBD	9:30 AM	6:00 PM	Ravena- Coeymans HS	Departure Time: 6:00 AM Return Date: Return Time: 6:00 PM	NL
Dec 12, 2023	Tue	Regular Season	@ Salem (Salem- Cambridge)	6:00 PM		HS Gym	Departure Date: Dec 20, 2023 Departure Time: 4:40 PM	L
Dec 15, 2023	Fri	Regular Season (Niskayuna Tournament)	TBD, Colonie High School, Shaker High School, Salem (Salem- Cambridge), Shenendehowa High School, Guilderland High School, Burnt Hills- Ballston Lake HS, Bethlehem High School @ Niskayuna High School (Niskayuna/Schenectady Girls Wrestling)	PM		Niskayuna High School		NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 21, 2023	Thu	Regular Season	@ TBD	TBD		TBD	Departure Date: Dec 21, 2023 Departure Time: 3:30 PM Return Date: Dec 21, 2023 Return Time: 9:30 PM	NL
Dec 26, 2023	Tue	Scrimmage (Shared practice)	@ Salem (Salem- Cambridge)	9:00 AM	10:30 AM	Auditorium	Departure Time: 8:30 AM Return Date: Return Time: 11:00 AM	NL
POSTPONED Jan 3, 2024	Wed	Regular Season	TBD	6:00 PM		Wrestling Room		L
Jan 6, 2024	Sat	Regular Season (The Kristie Stenglein-Davis Girls Wrestling Tournament)	@ TBD	10:00 AM	7:00 PM	TBD	Departure Date: Jan 6, 2024 Departure Time: 7:00 AM Return Date: Jan 6, 2024 Return Time: 7:00 PM	NL
Jan 10, 2024	Wed	Regular Season	TBD	5:30 PM		Granville High School- Junior High Gym		NL
Jan 10, 2024	Wed	Regular Season (Hoosick Falls H)	TBD	6:00 PM		Whitehall Jr/Sr High School		L
Jan 14, 2024	Sun	Regular Season (Section 2 Wrestling Qualifier)	@ TBD	9:30 AM	7:00 PM	HS Gym	Departure Date: Jan 14, 2024 Departure Time: 7:00 AM Return Date: Jan 14, 2024 Return Time: 7:30 AM	L
Jan 17, 2024	Wed	Regular Season	Salem (Salem- Cambridge)	6:00 PM		Whitehall Jr/Sr High School		L
Jan 21, 2024	Sun	Meet (Queen Bison Invitational)	Vs. Multiple	9:00 AM		Shaker High School- H Gym	Departure Date: Jan 21, 2024 Departure Time: 6:00 AM Return Date: Jan 21, 2024 Return Time: 8:00 PM	NL
Jan 23, 2024	Tue	Regular Season	TBD	5:55 PM		Granville High School- Senior High Gym		L
Jan 24, 2024	Wed	Regular Season (Hoosick Falls)	TBD	5:55 PM		Granville High School- Senior High Gym		L
Jan 26, 2024	Fri	Post-Season (Girls NYSPHSAA Invitational)	@ TBD	TBD		TBD		NL

DATE	WEEK	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 28, 2024	Sun	Regular Season (QUEENS QUARREL OF THE NORTHSHIRE 2024)	@ TBD	10:00 AM	4:00 PM	Burr and Burton Academy	Departure Time: 7:30 AM Return Date: Return Time: 5:00 PM	L
Apr 9, 2024	Tue	Regular Season (Coxsackie-Athens Tournament)	a @ TBD	9:00 AM	5:00 PM	TBD	Departure Time: 5:30 AM Return Date: Return Time: 7:00 PM	NL
Apr 9, 2024	Tue	Regular Season (Annual Awards Ceremony)	TBD	7:00 PM		Cafeteria		L

Date: 2025-12-05