



# Granville

## (B) V Winter Track (Indoor Track and Field)

### Coaches:

- Bri DiPresso
- Cooper Tewksbury

| DATE                   | WEEK DAY | TYPE                            | OPPONENTS | START TIME | END TIME | LOCATION      | TRANSPORTATION          | LEAGUE / NON-LEAGUE |
|------------------------|----------|---------------------------------|-----------|------------|----------|---------------|-------------------------|---------------------|
| Nov 13, 2019           | Wed      | Practice (Practice)             | N/A       | 3:00 PM    | 5:00 PM  | Weight Room   |                         |                     |
| Nov 14, 2019           | Thu      | Practice (Practice)             | N/A       | 3:00 PM    | 5:00 PM  | Weight Room   |                         |                     |
| Nov 18, 2019           | Mon      | Practice (Practice)             | N/A       | 3:00 PM    | 5:00 PM  | Weight Room   |                         |                     |
| Nov 19, 2019           | Tue      | Practice (Practice)             | N/A       | 3:00 PM    | 5:00 PM  | Weight Room   |                         |                     |
| Nov 20, 2019           | Wed      | Practice (Practice)             | N/A       | 3:00 PM    | 5:00 PM  | Weight Room   |                         |                     |
| Nov 21, 2019           | Thu      | Practice (Practice)             | N/A       | 3:00 PM    | 5:00 PM  | Weight Room   |                         |                     |
| Nov 25, 2019           | Mon      | Practice                        | N/A       | 3:00 PM    | 5:00 PM  | Weight Room   |                         |                     |
| Nov 26, 2019           | Tue      | Practice                        | N/A       | 3:00 PM    | 5:00 PM  | Weight Room   |                         |                     |
| Dec 2, 2019            | Mon      | Practice                        | N/A       | 3:00 PM    |          | Weight Room   |                         |                     |
| Dec 3, 2019            | Tue      | Practice                        | N/A       | 3:00 PM    |          | Weight Room   |                         |                     |
| Dec 4, 2019            | Wed      | Practice                        | N/A       | 3:00 PM    |          | Weight Room   |                         |                     |
| Dec 5, 2019            | Thu      | Practice                        | N/A       | 3:00 PM    |          | Weight Room   |                         |                     |
| Dec 6, 2019            | Fri      | Practice                        | N/A       | 3:00 PM    | 5:00 PM  | Weight Room   |                         |                     |
| Dec 7, 2019            | Sat      | Regular Season (Indoor Meet #1) | @ TBD     | 8:00 AM    |          | Union College | Departure Time: 6:00 AM | L                   |
| Dec 9, 2019            | Mon      | Practice                        | N/A       | 3:00 PM    |          | Weight Room   |                         |                     |
| Dec 10, 2019           | Tue      | Practice                        | N/A       | 3:00 PM    |          | Weight Room   |                         |                     |
| Dec 11, 2019           | Wed      | Practice                        | N/A       | 3:00 PM    |          | Weight Room   |                         |                     |
| Dec 12, 2019           | Thu      | Practice                        | N/A       | 3:00 PM    |          | Weight Room   |                         |                     |
| Dec 13, 2019           | Fri      | Practice                        | N/A       | 3:00 PM    | 5:00 PM  | Weight Room   |                         |                     |
| Dec 14, 2019           | Sat      | Regular Season (League Meet #2) | @ TBD     | 8:00 AM    |          | Union College | Departure Time: 6:00 AM | L                   |
| Dec 16, 2019           | Mon      | Practice                        | N/A       | 3:00 PM    |          | Weight Room   |                         |                     |
| POSTPONED Dec 17, 2019 | Tue      | Practice                        | N/A       | 3:00 PM    |          | Weight Room   |                         |                     |
| Dec 18, 2019           | Wed      | Practice                        | N/A       | 3:00 PM    |          | Weight Room   |                         |                     |
| Dec 19, 2019           | Thu      | Practice                        | N/A       | 3:00 PM    |          | Weight Room   |                         |                     |
| Dec 20, 2019           | Fri      | Practice                        | N/A       | 3:00 PM    | 5:00 PM  | Weight Room   |                         |                     |
| Dec 21, 2019           | Sat      | Regular Season (League Meet #3) | @ TBD     | 8:00 AM    |          | Union College | Departure Time: 6:00 AM | L                   |

| DATE                   | WEEK DAY | TYPE                                   | OPPONENTS | START TIME | END TIME | LOCATION                        | TRANSPORTATION          | LEAGUE / NON-LEAGUE |
|------------------------|----------|--|-----------|------------|----------|---------------------------------|-------------------------|---------------------|
| Jan 6, 2020            | Mon      | Practice                               | N/A       | 3:00 PM    | 5:00 PM  | Weight Room                     |                         |                     |
| Jan 7, 2020            | Tue      | Practice                               | N/A       | 3:00 PM    | 5:00 PM  | Weight Room                     |                         |                     |
| Jan 8, 2020            | Wed      | Practice                               | N/A       | 3:00 PM    | 5:00 PM  | Weight Room                     |                         |                     |
| Jan 9, 2020            | Thu      | Practice                               | N/A       | 3:00 PM    | 5:00 PM  | Weight Room                     |                         |                     |
| Jan 10, 2020           | Fri      | Practice                               | N/A       | 3:00 PM    | 5:00 PM  | Weight Room                     |                         |                     |
| POSTPONED Jan 11, 2020 | Sat      | Regular Season (League Meet #4)        | @ TBD     | 8:00 AM    |          | Union College                   | Departure Time: 6:00 AM | L                   |
| Jan 13, 2020           | Mon      | Practice                               | N/A       | 3:00 PM    | 5:00 PM  | Weight Room                     |                         |                     |
| Jan 14, 2020           | Tue      | Practice                               | N/A       | 3:00 PM    | 5:00 PM  | Weight Room                     |                         |                     |
| Jan 15, 2020           | Wed      | Practice                               | N/A       | 3:00 PM    | 5:00 PM  | Weight Room                     |                         |                     |
| Jan 16, 2020           | Thu      | Practice                               | N/A       | 3:00 PM    | 5:00 PM  | Weight Room                     |                         |                     |
| Jan 17, 2020           | Fri      | Practice                               | N/A       | 3:00 PM    | 5:00 PM  | Weight Room                     |                         |                     |
| Jan 18, 2020           | Sat      | Regular Season (League Meet #5)        | @ TBD     | 8:00 AM    |          | Hudson Valley Community College | Departure Time: 6:00 AM | L                   |
| Jan 21, 2020           | Tue      | Practice                               | N/A       | 3:00 PM    | 5:00 PM  | Weight Room                     |                         |                     |
| Jan 22, 2020           | Wed      | Practice                               | N/A       | 3:00 PM    | 5:00 PM  | Weight Room                     |                         |                     |
| Jan 23, 2020           | Thu      | Practice                               | N/A       | 3:00 PM    | 5:00 PM  | Weight Room                     |                         |                     |
| Jan 27, 2020           | Mon      | Practice                               | N/A       | 3:00 PM    | 5:00 PM  | Weight Room                     |                         |                     |
| Jan 28, 2020           | Tue      | Practice                               | N/A       | 3:00 PM    | 5:00 PM  | Weight Room                     |                         |                     |
| Jan 29, 2020           | Wed      | Practice                               | N/A       | 3:00 PM    | 5:00 PM  | Weight Room                     |                         |                     |
| Jan 30, 2020           | Thu      | Practice                               | N/A       | 3:00 PM    | 5:00 PM  | Weight Room                     |                         |                     |
| Jan 31, 2020           | Fri      | Practice                               | N/A       | 3:00 PM    | 5:00 PM  | Weight Room                     |                         |                     |
| Feb 2, 2020            | Sun      | Post-Season (League Championship Meet) | @ TBD     | 8:00 AM    |          | University of Albany            | Departure Time: 6:00 AM | L                   |
| Feb 4, 2020            | Tue      | Practice                               | N/A       | 3:00 PM    | 5:00 PM  | Weight Room                     |                         |                     |
| Feb 5, 2020            | Wed      | Practice                               | N/A       | 3:00 PM    | 5:00 PM  | Weight Room                     |                         |                     |
| POSTPONED Feb 6, 2020  | Thu      | Practice                               | N/A       | 3:00 PM    | 5:00 PM  | Weight Room                     |                         |                     |
| Feb 10, 2020           | Mon      | Practice                               | N/A       | 3:00 PM    | 5:00 PM  | Weight Room                     |                         |                     |
| Feb 11, 2020           | Tue      | Practice                               | N/A       | 3:00 PM    | 5:00 PM  | Weight Room                     |                         |                     |
| Feb 12, 2020           | Wed      | Practice                               | N/A       | 3:00 PM    | 5:00 PM  | Weight Room                     |                         |                     |
| Feb 13, 2020           | Thu      | Practice                               | N/A       | 3:00 PM    | 5:00 PM  | Weight Room                     |                         |                     |
| Feb 14, 2020           | Fri      | Practice                               | N/A       | 3:00 PM    | 5:00 PM  | Weight Room                     |                         |                     |

| DATE         | WEEK DAY | TYPE                     | OPPONENTS | START TIME | END TIME | LOCATION             | TRANSPORTATION                  | LEAGUE / NON-LEAGUE |
|--------------|----------|--------------------------|-----------|------------|----------|----------------------|---------------------------------|---------------------|
| Feb 16, 2020 | Sun      | Post-Season (Sectionals) | @ TBD     | 2:30 PM    |          | University of Albany | <b>Departure Time:</b> 12:00 PM | NL                  |
| Feb 16, 2020 | Sun      | Regular Season (Meet #1) | @ TBD     | 8:00 PM    |          | Union College        | <b>Departure Time:</b> 6:15 AM  | L                   |

Date: 2026-01-09