



# Shaker High School

## (B) 7/8TH Outdoor Track

### Coaches:

- Sean Alvarado, Head Coach
- Robbin Williams, Asst Coach

| DATE         | WEEK DAY | TYPE                        | OPPONENTS   | START TIME | END TIME | LOCATION                                | TRANSPORTATION / NON-LEAGUE  |
|--------------|----------|-----------------------------|---|------------|----------|---|--|
| Apr 20, 2023 | Thu      | Regular Season              | Niskayuna High School (Modified)                              | 4:15 PM    |          | Arthur Walker Field- Shaker High School | NL   |
| Apr 27, 2023 | Thu      | Regular Season              | Troy @ Bethlehem High School                                  | 4:15 PM    |          | High School Track                       | <b>Departure Time:</b><br>3:30 PM<br><b>Return Date:</b> NL<br><b>Return Time:</b> 5:45 PM |
| May 4, 2023  | Thu      | Regular Season              | Christian Brothers Academy, Albany @ Ballston Spa High School | 4:15 PM    |          | Ballston Spa Track                      | <b>Departure Time:</b><br>3:30 PM<br><b>Return Date:</b> NL<br><b>Return Time:</b> 5:45 PM |
| May 11, 2023 | Thu      | Regular Season              | Colonie High School, Christian Brothers Academy, Albany       | 4:15 PM    |          | TBD                                     | NL   |
| May 18, 2023 | Thu      | Meet (SSC Culminating Meet) | Vs. Multiple  | 4:15 PM    |          | Shen High School East Stadium (Track)   | NL   |

Date: 2026-02-13