

## Coaches:

- Lisa Anson, Head Coach
- Harley Greeley, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 22, 2025	Sat	Practice	N/A	11:00 AM		Shenendehowa High School	Departure Time: 10:30 AM Return Date: Return Time: 11:45 AM	
Dec 4, 2025	Thu	Regular Season	Columbia High School	6:00 PM	7:55 PM	Shaker High School- F gym		L
Dec 9, 2025	Tue	Regular Season	@ Glens Falls	6:30 PM		Glens Falls HS Gym	Departure Time: 4:00 PM Return Date: Return Time: 8:00 PM	NL
Dec 18, 2025	Thu	Regular Season	@ Guilderland High School	6:00 PM	7:55 PM	Guilderland High School East Gym	Departure Time: 4:00 PM Return Date: Return Time: 7:00 PM	L
Dec 19, 2025	Fri	Regular Season (Holiday Headlocks Tournament)	Amsterdam, Salem (Salem-Cambridge), Berlin, Bethlehem High School, Averill Park High School, Guilderland High School, Hoosick Falls, Colonie High School, Dolgeville, Cairo-Durham, Lake George (Warrensburg-Lake George Girls Wrestling), Watervliet (Watervliet), TBD @ Niskayuna High School (Niskayuna/Schenectady Girls Wrestling)	5:30 PM		NHS Blatnick Gym		NL
Dec 21, 2025	Sun	Regular Season (Bash at the Burgh)	@ TBD	9:00 AM		Lansingburgh High School	Departure Time: 6:45 AM Return Date: Return Time: 3:00 PM	NL
Dec 21, 2025	Sun	Meet (Black Bear Brawl (Dual Meet Tournament))	Vs. Multiple	10:30 AM		Glens Falls HS Gym		NL
Dec 22, 2025	Mon	Regular Season (Multi- Team Meet)	@ TBD	9:00 AM		Hoosick Falls High School	Departure Time: 6:45 AM Return Date: Return Time: 4:00 PM	NL
Dec 29, 2025	Mon	Regular Season (C-A Tournament)	@ TBD	9:00 AM		Coxsackie Athens High School	Departure Time: 6:00 AM Return Date: Return Time: 4:00 PM	NL
Jan 7, 2026	Wed	Regular Season	@ Burnt Hills-Ballston Lake HS	6:00 PM	7:55 PM	BH-BL HS Gym	Departure Time: 4:00 PM Return Date: Return Time: 7:00 PM	L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 10, 2026	Sat	Regular Season (Kristie Stenglein-Davis Tournament)	Amsterdam, Niskayuna High School (Niskayuna/Schenectady Girls Wrestling), Coxsackie-Athens, Greenville @ Colonie High School	9:00 AM		Colonie High School MUG (Main Gymnasium)		L
Jan 11, 2026	Sun	Regular Season (Eastern States Tournament)	@ TBD	9:30 AM		Impact Center	Departure Time: 6:15 AM Return Date: Return Time: 4:00 PM	NL
Jan 16, 2026	Fri	Regular Season	@ Colonie High School	5:00 PM	7:55 PM	Colonie Center		L
Jan 18, 2026	Sun	Regular Season (Columbia Devils & Dames Wrestling Tournament)	Amsterdam, Niskayuna High School (Niskayuna/Schenectady Girls Wrestling), Shenendehowa High School, Coxsackie- Athens, Colonie High School @ Columbia High School	9:00 AM	6:00 PM	Columbia H.S.		NL
Jan 21, 2026	Wed	Regular Season	Bethlehem High School	6:00 PM	7:55 PM	Shaker High School- F gym		L
Jan 25, 2026	Sun	Meet (Queen Bison Invitational)	Vs. Multiple	8:00 AM		Shaker High School- H Gym		NL
Jan 29, 2026	Thu	Regular Season	@ Averill Park High School	6:00 PM	7:55 PM	APHS Main Gymnasium	Departure Time: 3:30 PM Return Date: Return Time: 6:30 PM	L
Jan 30, 2026	Fri	Regular Season	Shenendehowa High School	6:00 PM		Shaker High School- F gym		L
Feb 5, 2026	Thu	Regular Season	Niskayuna High School (Niskayuna/Schenectady Girls Wrestling)	6:00 PM		Shaker High School- F gym		L

Date: 2025-12-05