



# Shaker High School

## (G) MOD9 Cross Country

### Coaches:

- Jason Stone, Head Coach

| DATE         | WEEK DAY | TYPE  | OPPONENTS   | START TIME | END TIME | LOCATION                             | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|---|------------|----------|--------------------------------------|----------------|---------------------|
| Sep 10, 2021 | Fri      | Regular Season (Springstead Invitational)   | TBD   | 4:00 PM    |          | The Crossings                        |                | L                   |
| Sep 18, 2021 | Sat      | Regular Season (17th Annual Queensbury-Adirondack Cross Country Classic Invitational) | South Glens Falls, Ballston Spa High School, Glens Falls, Burnt Hills-Ballston Lake HS, Saratoga Springs High School @ Queensbury                             | 9:00 AM    |          | Queensbury HS, Trails @ Elem. School |                | NL                  |
| Sep 22, 2021 | Wed      | Regular Season  | Ballston Spa High School @ Niskayuna High School (Modified)   | 5:00 PM    | 5:55 PM  | Iroquois Middle School               |                | L                   |
| Sep 29, 2021 | Wed      | Regular Season  | Albany High School, Burnt Hills-Ballston Lake HS, Saratoga Springs High School  | 5:00 PM    |          | Shaker Middle School                 |                | L                   |
| Oct 2, 2021  | Sat      | Regular Season (Grout Run Invitational)   | @ Schenectady High School (Modified)  | 9:00 AM    |          | Central Park                         |                | L                   |
| Oct 6, 2021  | Wed      | Regular Season  | Guilderland High School, Averill Park High School   | 5:00 PM    |          | Shaker Middle School                 |                | L                   |
| Oct 13, 2021 | Wed      | Regular Season  | Schenectady High School (Modified), Colonie High School @ Bethlehem High School   | 5:00 PM    | 5:55 PM  | Elm Avenue Park                      |                | L                   |
| Oct 16, 2021 | Sat      | Regular Season (Burnt Hills Inv)  | Schenectady High School (Modified), South Glens Falls, Queensbury, Ballston Spa High School, Saratoga Springs High School, TBD @ Burnt Hills-Ballston Lake HS | 9:00 AM    |          | Saratoga Spa State Park              |                | L                   |
| Oct 20, 2021 | Wed      | Regular Season  | @ Shenendehowa High School  | 5:00 PM    | 7:00 PM  | CBA, Albany                          |                | L                   |
| Oct 30, 2021 | Sat      | Meet (SSC Championships)  | Vs. Multiple  | 12:00 PM   | 2:55 PM  | Saratoga Spa State Park              |                | NL                  |

Date: 2026-01-06