



Shaker High School

(B) MOD9 Cross Country

Coaches:

- Sean Alvarado, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 26, 2018	Wed	Regular Season	Shenendehowa High School, Averill Park High School, Niskayuna High School (Modified)	4:15 PM		TBD		L
Oct 3, 2018	Wed	Regular Season	Averill Park High School, Christian Brothers Academy, Albany @ Colonie High School	4:15 PM		Sand Creek MS Track		L
Oct 10, 2018	Wed	Regular Season	Saratoga Springs High School, Averill Park High School, Schenectady High School (Modified) @ Burnt Hills-Ballston Lake HS	4:15 PM		Saratoga Spa State Park		L
Oct 17, 2018	Wed	Regular Season	Guilderland High School, Bethlehem High School @ Christian Brothers Academy, Albany	4:15 PM		CBA Track		L
Oct 30, 2018	Tue	Meet (SSC Championships)	Vs. Multiple	4:00 PM		Saratoga Spa State Park		NL

Date: 2026-01-10