

Coaches:

• Taylor Calacone, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START END TIME TIME		TRANSPORTATION	LEAGUE / NON- LEAGUE
CANCELLED Dec 21, 2022	Wed	Practice	N/A	TBD	Hearthstone Village	Departure Time: 3:45 PM Return Date: Return Time: 5:00 PM	
Jan 21, 2023	Sat	Meet (Scottie Showdown)	Vs. Multiple	9:00 AM	Ballston Spa High School Gym		NL
Feb 1, 2023	Wed	Practice	N/A	4:15 PM	Hearthstone Village	Departure Time: 3:55 PM Return Date: Return Time: 5:00 PM	
Feb 8, 2023	Wed	Meet (Sweetheart Classic)	Vs. Multiple	4:00 PM	Shaker High School- H Gym		NL
Feb 11, 2023	Sat	Regular Season (Raider Rumble)	Shenendehowa High School (Competitive), Saratoga Springs High School (Competitive), Ballston Spa High School (Competitive), Burnt Hills-Ballston Lake HS (Competitive), Guilderland High School @ Colonie High School (Competitive)		Colonie High School MUG (Main Gymnasium)	Departure Time: 10:30 AM	L

Date: 2025-12-18