

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUI / NON- LEAGUI
Nov 30, 2022	Wed	Regular Season	Schenectady High School (JV Wrestling)	6:00 AM	8:00 AM	Shaker High School- F gym		NL
Dec 3, 2022	Sat	Regular Season (Invitational)	@ Mohonasen	7:00 AM		Mohonasen HS		L
Dec 7, 2022	Wed	Regular Season	Ballston Spa High School	6:00 PM		Shaker High School- F gym		NL
Dec 14, 2022	Wed	Regular Season	@ Burnt Hills- Ballston Lake HS	6:00 PM		BH-BL HS Gym		NL
Dec 17, 2022	Sat	Regular Season (JV Tournament)	Shenendehowa High School, Ballston Spa High School, Colonie High School, Salem (Salem-Cambridge), Saratoga Springs High School, Guilderland High School, Scotia- Glenville @ Niskayuna High School			Niskayuna High School	Departure Time: 7:00 AM Return Date: Return Time: 3:00 PM	L
Dec 21, 2022	Wed	Regular Season	Shenendehowa High School	5:00 PM		Shaker High School- F gym		L
Dec 29, 2022	Thu	Regular Season (Amsterdam JV Tournament)	Hadley-Luzerne, Hudson Falls, Ballston Spa High School, Saratoga Springs High School @ Amsterdam (Amsterdam)	9:00 AM		Amsterdam High School Gym	Departure Time: 6:30 AM Return Date: Return Time: 3:00 PM	L
Jan 4, 2023	Wed	Regular Season	@ Guilderland High School	6:00 PM	8:55 PM	Guilderland High School East Gym		L
Jan 7, 2023	Sat	Regular Season (JV Tournament and Girls Tournament (Girls Team - Niskayuna- Schenectady, Shaker, Guilderland, Sherburne- Earlville))	Shenendehowa High School, Burnt Hills- Ballston Lake HS, Ballston Spa High School, Niskayuna High School, Schenectady High School (JV Wrestling), Granville (Granville- Whitehall), Guilderland High School, Hadley- Luzerne, Scotia- Glenville, Sherburne-Earlville @ Colonie High School		4:00 PM	Colonie High School MUG (Main Gymnasium)	Departure Time: 6:30 PM Return Date: Return Time: 3:00 PM	NL
Jan 11, 2023	Wed	Regular Season	@ Saratoga Springs High School	6:00 PM	8:55 PM	SSHS WHITE GYM		L
Jan 18, 2023	Wed	Regular Season	@ Niskayuna High School	6:00 PM		Niskayuna High School		L

DATE	WEEK	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 28, 2023	Sat	Regular Season (JV Dual Meet)	Shenendehowa High School, Hudson Falls, Saratoga Springs High School, Schenectady High School (JV Wrestling), Guilderland High School @ Bethlehem High School	8:00 AM		High School Gym B	Departure Time: 7:00 AM Return Date: Return Time: 4:00 PM	L
Feb 1, 2023	Wed	Regular Season	Colonie High School	6:00 PM	8:55 PM	Colonie Center		L

Date: 2025-12-16