



# Shaker High School

## (B) V Winter Track

### Coaches:

- ZaQuan Irby, Head Coach
- Gary Czupil, Asst Coach
- Dylan Hedderman, Asst Coach
- Chris Sawyer, Asst Coach
- Mark Thompson, Asst Coach
- Dan Bruton, Asst Coach
- Tyrone Vignola, Asst Coach

| DATE         | WEEK DAY | TYPE                                      | OPPONENTS | START TIME | END TIME | LOCATION                        | TRANSPORTATION / NON-LEAGUE   | LEAGUE |
|--------------|----------|---|-----------|------------|----------|---------------------------------|---|--------|
| Dec 4, 2021  | Sat      | Regular Season (Meet #1)                  | TBD       | 8:00 AM    |          | Union College                   | <b>Departure Time:</b><br>6:30 AM<br><b>Return Date:</b><br><b>Return Time:</b><br>12:00 PM | L      |
| Dec 5, 2021  | Sun      | Regular Season (Bomber Invitational)      | TBD       | 8:30 AM    |          | Ithaca College                  |   | L      |
| Dec 12, 2021 | Sun      | Regular Season (Meet #2)                  | TBD       | 8:30 AM    |          | Hudson Valley Community College | <b>Departure Time:</b><br>6:30 AM<br><b>Return Date:</b><br><b>Return Time:</b><br>12:00 PM | L      |
| Dec 18, 2021 | Sat      | Regular Season (Meet #3)                  | TBD       | 8:00 AM    |          | Union College                   | <b>Departure Time:</b><br>6:40 AM<br><b>Return Date:</b><br><b>Return Time:</b><br>12:00 PM | L      |
| Dec 29, 2021 | Wed      | Regular Season (Meet #4)                  | TBD       | 8:00 AM    |          | Hudson Valley Community College | <b>Departure Time:</b><br>6:40 AM<br><b>Return Date:</b><br><b>Return Time:</b><br>12:00 PM | L      |
| Dec 29, 2021 | Wed      | Regular Season (Utica College)            | TBD       | 12:00 PM   |          | Utica University                | <b>Departure Time:</b><br>9:30 AM<br><b>Return Date:</b><br><b>Return Time:</b><br>12:00 PM | NL     |
| Jan 8, 2022  | Sat      | Regular Season (Springfield Invitational) | TBD       | 9:45 AM    |          | Springfield College             | <b>Departure Time:</b><br>7:00 AM<br><b>Return Date:</b><br><b>Return Time:</b><br>3:00 PM  | L      |
| Jan 9, 2022  | Sun      | Regular Season (Meet #5)                  | TBD       | 8:00 AM    |          | Hudson Valley Community College | <b>Departure Time:</b><br>6:40 AM<br><b>Return Date:</b><br><b>Return Time:</b><br>12:00 PM | L      |
| Jan 15, 2022 | Sat      | Regular Season (Nazareth)                 | TBD       | 8:30 AM    |          | Nazareth College                |   | L      |
| Jan 16, 2022 | Sun      | Regular Season (Meet #6)                  | TBD       | 8:30 AM    |          | Hudson Valley Community College | <b>Departure Time:</b><br>7:30 AM<br><b>Return Date:</b><br><b>Return Time:</b><br>12:00 PM | L      |
| Jan 22, 2022 | Sat      | Regular Season (Freshman Championships)   | TBD       | 8:00 AM    |          | Union College                   | <b>Departure Time:</b><br>6:40 AM<br><b>Return Date:</b><br><b>Return Time:</b><br>12:00 PM | L      |

| DATE         | WEEK DAY | TYPE  | OPPONENTS | START TIME | END TIME | LOCATION                        | TRANSPORTATION  | LEAGUE / NON-LEAGUE |
|--------------|----------|---|-----------|------------|----------|---------------------------------|---|---------------------|
| Jan 23, 2022 | Sun      | Regular Season (Frank Dimasi Invitational)      | TBD       | 9:45 AM    |          | Utica University                | <b>Departure Time:</b><br>6:30 AM<br><b>Return Date:</b><br><b>Return Time:</b><br>12:00 PM | L                   |
| Jan 29, 2022 | Sat      | Regular Season (League Championships)           | TBD       | TBD        |          | Union College                   | <b>Departure Time:</b><br>6:30 AM<br><b>Return Date:</b><br><b>Return Time:</b> 1:00 PM     | L                   |
| Feb 5, 2022  | Sat      | Post-Season (State Qualifier)                   | TBD       | 8:00 AM    |          | Hudson Valley Community College | <b>Departure Time:</b><br>6:30 AM<br><b>Return Date:</b><br><b>Return Time:</b> 1:00 PM     | L                   |
| Feb 9, 2022  | Wed      | Regular Season (Suburban Council Championships) | TBD       | 2:15 PM    |          | TBD                             |   | L                   |
| Mar 4, 2022  | Fri      | Regular Season                                  | TBD       | TBD        |          | Ocean Breeze Athletic Complex   |   | L                   |

Date: 2024-05-17