



# Shaker High School

## (B) V Winter Track

### Coaches:

- Dylan Hedderman, Head Coach
- ZaQuan Irby, Asst Coach
- Chris Sawyer, Asst Coach
- Mark Thompson, Asst Coach
- Dan Bruton, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 25, 2018	Sun	Regular Season (All Comers Meet)	TBD	8:00 AM	1:30 PM	Union College	<b>Departure Time:</b> 6:30 AM <b>Return Date:</b> L <b>Return Time:</b> 1:00 PM	
Dec 8, 2018	Sat	Meet (Ithaca College Invitational)	Vs. Multiple	9:00 AM	5:00 PM	TBD		NL
Dec 9, 2018	Sun	Regular Season (League meet #1)	TBD	12:00 PM	7:00 PM	Hudson Valley Community College	<b>Departure Time:</b> 10:30 AM <b>Return Date:</b> L <b>Return Time:</b> 3:30 PM	
Dec 15, 2018	Sat	Meet (AT&T Coaches Invitational)	Vs. Multiple	2:00 PM	8:00 PM	NYC Armory		NL
Dec 16, 2018	Sun	Regular Season (League meet #2)	TBD	8:00 AM	1:30 PM	Hudson Valley Community College	<b>Departure Time:</b> 6:30 AM <b>Return Date:</b> L <b>Return Time:</b> 1:00 PM	
Dec 23, 2018	Sun	Regular Season (League meet #3)	TBD	8:00 AM	1:30 PM	Hudson Valley Community College	<b>Departure Time:</b> 6:30 AM <b>Return Date:</b> L <b>Return Time:</b> 11:30 AM	
Dec 28, 2018	Fri	Meet (Boston Holiday Challenge)	Vs. Multiple	10:00 AM	6:00 PM	TBD		NL
Dec 30, 2018	Sun	Regular Season (League meet #4)	TBD	8:00 AM	1:30 PM	Union College	<b>Departure Time:</b> 6:30 AM <b>Return Date:</b> L <b>Return Time:</b> 11:30 AM	
Jan 5, 2019	Sat	Regular Season (League meet #5)	TBD	8:00 AM	1:30 PM	Union College	<b>Departure Time:</b> 6:30 AM <b>Return Date:</b> L <b>Return Time:</b> 11:30 AM	
Jan 6, 2019	Sun	Meet (Springfield Invitational)	Vs. Multiple	9:00 AM	6:00 PM	Springfield College	<b>Departure Time:</b> 6:00 AM <b>Return Date:</b> NL <b>Return Time:</b> 2:00 PM	
Jan 19, 2019	Sat	Meet (Utica Invitational)	Vs. Multiple	9:00 AM	6:00 PM	Utica University		NL
Jan 20, 2019	Sun	Regular Season (League meet #6)	TBD	8:00 AM	1:30 PM	Union College	<b>Departure Time:</b> 6:30 AM <b>Return Date:</b> L <b>Return Time:</b> 11:30 AM	
Jan 26, 2019	Sat	Meet (SSC Frosh Championships)	Vs. Multiple	8:00 AM		Union College	<b>Departure Time:</b> 6:30 AM <b>Return Date:</b> NL <b>Return Time:</b> 11:00 AM	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 3, 2019	Sun	Meet (SSC Championships)	Vs. Multiple	2:30 PM		SUNY Albany	<b>Departure Time:</b> 1:00 PM <b>Return Date:</b> NL <b>Return Time:</b> 6:00 PM	
Feb 17, 2019	Sun	Meet (Sectionals)	Vs. Multiple	2:30 PM		SEFCU Arena		NL
Feb 18, 2019	Mon	Post-Season (Sectionals)	TBD	8:00 AM	2:00 PM	SEFCU Arena	<b>Departure Time:</b> 6:30 AM <b>Return Date:</b> L <b>Return Time:</b> 2:00 PM	
Feb 24, 2019	Sun	Post-Season (State Qualifier)	TBD	TBD		SEFCU Arena		L
Mar 2, 2019	Sat	Post-Season (State Championship)	TBD	8:00 AM		Ocean Breeze Athletic Complex		L

Date: 2026-02-09