



Shaker High School

(B) V Winter Track

Coaches:

- ZaQuan Irby, Head Coach
- Gary Czupil, Asst Coach
- Dylan Hedderman, Asst Coach
- Chris Sawyer, Asst Coach
- Mark Thompson, Asst Coach
- Dan Bruton, Asst Coach
- Tyrone Vignola, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 26, 2023	Tue	Practice	N/A	12:00 PM		Hudson Valley Community College	Departure Time: 11:30 AM Return Date: Return Time: 2:00 PM	
Jan 20, 2024	Sat	Regular Season (All Comers Meet)	TBD	8:00 AM		Union College	Departure Time: 6:30 AM Return Date: Return Time: 2:00 PM	L
CANCELLED	TBD	Practice	N/A	12:00 PM		Hudson Valley Community College	Departure Time: 11:30 AM Return Date: Return Time: 2:00 PM	

Date: 2024-05-17