

## Coaches:

- Claudia Flayter, Head Coach
- Arnel Joyner, Asst Coach
- Dave Schroeder, Asst Coach
- Jennifer Moran, Asst Coach
- Anthony Majeran, Volunteer

| DATE                      | WEEK<br>DAY | ТҮРЕ   | OPPONENTS | START END<br>TIME TIME | LOCATION                              | TRANSPORTATION   | LEAGU<br>/ NON-<br>LEAGU |
|---------------------------|-------------|--|-----------|------------------------|---------------------------------------|--|--------------------------|
| Dec 3, 2023               | Sun         | Regular Season (Ithaca<br>Bomber Invitational)   | @ TBD     | 8:00<br>AM             | Ithaca College                        |  | L                        |
| Dec 9, 2023               | Sat         | Regular Season (League<br>Meet #1)               | @ TBD     | 8:00<br>PM             | Hudson Valley<br>Community<br>College | Departure Time:<br>6:45 AM<br>Return Date:<br>Return Time: 1:30<br>PM  | L                        |
| Dec 16, 2023              | Sat         | Regular Season (League<br>Meet #2)               | @ TBD     | 3:00<br>PM             | Union College                         | Departure Time:<br>1:45 PM<br>Return Date:<br>Return Time: 7:00<br>PM  | L                        |
| Dec 17, 2023              | Sun         | Regular Season (Bishop<br>Laughlin Invitational) | @ TBD     | TBD                    | Ocean Breeze<br>Athletic Complex      |  | L                        |
| Dec 23, 2023              | Sat         | Regular Season (League<br>Meet #3)               | @ TBD     | 8:00<br>AM             | Hudson Valley<br>Community<br>College | Departure Time:<br>6:45 AM<br>Return Date:<br>Return Time: 1:00<br>PM  | L                        |
| Dec 27, 2023              | Wed         | Regular Season (Boston<br>Holiday Challenge)     | @ TBD     | TBD                    | The track at New Balance              |  | L                        |
| Dec 28, 2023              | Thu         | Regular Season (League<br>Meet #4)               | @ TBD     | 3:00<br>PM             | Hudson Valley<br>Community<br>College | Departure Time:<br>1:45 PM<br>Return Date:<br>Return Time: 7:15<br>PM  | L                        |
| Jan 12, 2024              | Fri         | Regular Season (Steve<br>Borbet Invitational)    | @ TBD     | TBD                    | NYC Armory                            |  | NL                       |
| CANCELLED Jan<br>14, 2024 | Sun         | Regular Season (League<br>Meet #5)               | @ TBD     | 8:00<br>AM             | Union College                         | Departure Time:<br>6:45 AM<br>Return Date:<br>Return Time: 1:30<br>PM  | L                        |
| Jan 20, 2024              | Sat         | Regular Season (All<br>Comers Meet)              | @ TBD     | 8:00<br>AM             | Union College                         | Departure Time:<br>6:45 AM<br>Return Date:<br>Return Time: 1:15<br>PM  | L                        |
| Jan 21, 2024              | Sun         | Regular Season<br>(Freshman<br>Championships)    | @ TBD     | 1:30<br>PM             | Hudson Valley<br>Community<br>College | Departure Time:<br>12:15 PM<br>Return Date:<br>Return Time: 7:30<br>PM | L                        |
| Jan 27, 2024              | Sat         | Regular Season<br>(Sectionals)                   | @ TBD     | 5:30<br>PM             | Hudson Valley<br>Community<br>College | Departure Time:<br>4:15 PM<br>Return Date:<br>Return Time: 8:00<br>PM  | L                        |
| Feb 3, 2024               | Sat         | Regular Season<br>(Sectionals)                   | @ TBD     | 8:00<br>AM             | Shenendehowa<br>High School           |  | L                        |
| Feb 4, 2024               | Sun         | Regular Season<br>(Springfield Invitational)     | @ TBD     | 9:45<br>AM             | Springfield<br>College                | Departure Time:<br>6:00 AM<br>Return Date:<br>Return Time: 1:00<br>PM  | L                        |

| DATE         | WEE<br>DAY | K TYPE                              | OPPONENT | S START    | END<br>TIME LOCATION                  | LEAGUE<br>TRANSPORTATION / NON-<br>LEAGUE |
|--------------|------------|-------------------------------------|----------|------------|---------------------------------------|---|
| Feb 10, 2024 | Sat        | Post-Season (State<br>Qualifier)    | @ TBD    | 9:00<br>AM | Hudson Valley<br>Community<br>College | L   |
| Feb 18, 2024 | Sun        | Regular Season (State<br>Qualifier) | @ TBD    | 8:30<br>AM | Shenendehowa<br>High School           | L   |

Date: 2024-05-17