

Coaches:

- Will Salvi, Head Coach
- Shawna Simpson, Asst Coach
- Sara Sherwin, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
POSTPONED Dec 6, 2019	Fri	Regular Season	Saratoga Springs High School	4:15 PM	5:40 PM	Shaker High School Pool		L
Dec 13, 2019	Fri	Regular Season	@ Shenendehowa High School	4:30 PM	6:00 PM	Shen Aquatic Center	Departure Point: SJHS Departure Time: 3:00 PM Return Date: Return Time: 6:00 PM	L
Dec 19, 2019	Thu	Regular Season	@ Ballston Spa High School	4:30 PM	6:00 PM	Ballston Spa High School Gym	Departure Point: SJHS Departure Time: 3:00 PM Return Date: Return Time: 6:00 PM	L
Jan 10, 2020	Fri	Regular Season	Schenectady High School ((Schenectady-Colonie Modified Swimming))	4:30 PM		Shaker High School Pool		L
Jan 13, 2020	Mon	Regular Season	Albany High School	4:15 PM	5:40 PM	Shaker High School Pool		L
Jan 17, 2020	Fri	Regular Season	@ Bethlehem High School	4:15 PM	5:40 PM	High School	Departure Point: SJHS Departure Time: 3:00 PM Return Date: Return Time: 6:00 PM	L
Jan 24, 2020	Fri	Regular Season	Troy (Troy/CBA)	4:15 PM	5:40 PM	Shaker High School Pool		L
POSTPONED Feb 7, 2020	Fri	Regular Season	Niskayuna High School	4:15 PM	5:40 PM	Shaker High School Pool		L

Date: 2026-01-02