



# Shaker High School

## (B) V Swimming/Diving

### Coaches:

- Shawna Simpson, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 3, 2024	Tue	Regular Season 69-99 L	Guilderland High School (Guilderville)	4:30 PM	5:55 PM	Shaker High School Pool		L
Dec 10, 2024	Tue	Regular Season 86-61 W	@ Albany High School	4:30 PM	5:55 PM	Albany High School Pool	<b>Departure Time:</b> 3:15 PM <b>Return Date:</b> <b>Return Time:</b> 5:15 PM	L
Dec 14, 2024	Sat	Regular Season (Shen Invy)	Schenectady High School (Schenectady/Colonie Boys Varsity Swimming), Albany High School, Burnt Hills-Ballston Lake HS, Niskayuna High School, Ballston Spa High School, Colonie High School (Schenectady-Colonie), Bethlehem High School @ Shenendehowa High School	9:00 AM		Shen Aquatic Center	<b>Departure Time:</b> 10:15 AM <b>Return Date:</b> <b>Return Time:</b> 5:00 PM	L
Dec 17, 2024	Tue	Regular Season 71-87 L	Saratoga Springs High School	4:30 PM	5:55 PM	Shaker High School Pool		L
Dec 19, 2024	Thu	Regular Season	@ Burnt Hills-Ballston Lake HS	4:30 PM	5:55 PM	BH-BL HS Pool	<b>Departure Time:</b> 3:15 PM <b>Return Date:</b> <b>Return Time:</b> 5:15 PM	L
Jan 4, 2025	Sat	Regular Season (Schenectady Invitational)	Albany High School, Colonie High School (Schenectady-Colonie), Ballston Spa High School, Burnt Hills-Ballston Lake HS @ Schenectady High School (Schenectady/Colonie Boys Varsity Swimming)	9:00 AM	4:00 PM	Pat Riley Sports Center- Pool	<b>Departure Time:</b> 8:15 AM <b>Return Date:</b> <b>Return Time:</b> 2:00 PM	L
Jan 7, 2025	Tue	Regular Season	Bethlehem High School	4:30 PM	5:55 PM	Shaker High School Pool		L
Jan 16, 2025	Thu	Regular Season	Albany Academies	4:30 PM		Shaker High School Pool		NL
Jan 21, 2025	Tue	Regular Season	@ Shenendehowa High School	4:30 PM	5:55 PM	Shen Aquatic Center	<b>Departure Time:</b> 3:15 PM <b>Return Date:</b> <b>Return Time:</b> 5:15 PM	L
Jan 28, 2025	Tue	Regular Season	@ Niskayuna High School	4:30 PM	5:55 PM	Niskayuna High School	<b>Departure Time:</b> 3:15 PM <b>Return Date:</b> <b>Return Time:</b> 5:15 PM	L
Jan 30, 2025	Thu	Regular Season	Troy (Troy/CBA)	4:30 PM	5:55 PM	Shaker High School Pool		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 7, 2025	Fri	Regular Season	Colonie High School (Schenectady-Colonie) @ Schenectady High School (Schenectady-Colonie Boys Varsity Swimming)	4:30 PM		Pat Riley Sports Center- Pool	<b>Departure Time:</b> 3:15 PM <b>Return Date:</b> <b>Return Time:</b> 5:15 PM	L
Feb 14, 2025	Fri	Post-Season (SECTIONALS)	Niskayuna High School, Bethlehem High School @ Shenendehowa High School	10:00 AM		Shen Aquatic Center	<b>Departure Time:</b> 11:00 AM <b>Return Date:</b> <b>Return Time:</b> 3:30 PM	L
Feb 15, 2025	Sat	Post-Season (SECTIONALS)	Niskayuna High School, Bethlehem High School @ Shenendehowa High School	9:00 AM		Shen Aquatic Center	<b>Departure Time:</b> 11:00 AM	L

Date: 2025-12-06