



Shaker High School

(B) V Swimming/Diving

Coaches:

- Shawna Simpson, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Dec 6, 2022	Tue	Regular Season 66-95 L	Saratoga Springs High School	4:30 PM	5:55 PM	Shaker High School Pool	L
Dec 13, 2022	Tue	Regular Season 72-85 L	Bethlehem High School	4:30 PM	5:55 PM	Shaker High School Pool	L
Dec 17, 2022	Sat	Regular Season (SHEN HOLIDAY INVITATIONAL)	Schenectady High School (Schenectady/Colonie Boys Varsity Swimming), Colonie High School (Schenectady-Colonie), Burnt Hills-Ballston Lake HS, Niskayuna High School, Ballston Spa High School, New Hartford, Saratoga Springs High School @ Shenendehowa High School	9:00 AM		Shen Aquatic Center	Departure Time: 10:30 AM Return Date: L Return Time: 5:00 PM
Dec 20, 2022	Tue	Regular Season 72-101 L	@ Guilderland High School (Guilderline)	4:30 PM	5:55 PM	Voorheesville High School Pool	Departure Time: 3:00 PM Return Date: L Return Time: 5:45 PM
Jan 4, 2023	Wed	Regular Season 70-91 L	Shenendehowa High School	4:30 PM	5:55 PM	Shaker High School Pool	L
Jan 10, 2023	Tue	Regular Season	@ Niskayuna High School	4:30 PM	5:55 PM	Niskayuna High School	Departure Time: 3:00 PM Return Date: L Return Time: 5:45 PM
POSTPONED Jan 19, 2023	Thu	Regular Season	@ Colonie High School (Schenectady-Colonie)	4:30 PM	5:55 PM	Pat Riley Sports Center	Departure Time: 3:00 PM Return Date: L Return Time: 5:45 PM
Jan 24, 2023	Tue	Regular Season 75-93 L	Albany High School	4:30 PM		Shaker High School Pool	NL
Jan 31, 2023	Tue	Regular Season	@ Troy (Troy/CBA)	4:30 PM	6:00 PM	Troy HS Pool	Departure Time: 3:00 PM Return Date: NL Return Time: 5:45 PM
Feb 7, 2023	Tue	Regular Season 82-88 L	@ Ballston Spa High School	4:30 PM		Ballston Spa High School Gym	Departure Time: 3:00 PM Return Date: NL Return Time: 5:45 PM
Feb 9, 2023	Thu	Regular Season	@ Schenectady High School (Schenectady/Colonie Boys Varsity Swimming)	5:00 PM		Pat Riley Sports Center-Pool	Departure Time: 3:00 PM Return Date: NL Return Time: 5:45 PM

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Feb 17, 2023	Fri	Regular Season (Sectionals)	TBD	2:00 PM		Shenendehowa High School	Departure Time: 12:30 PM Return Date: Return Time: 5:30 PM L
Feb 18, 2023	Sat	Regular Season (Sectionals)	TBD	2:00 PM		Shenendehowa High School	Departure Time: 12:30 PM L

Date: 2026-01-24